



**SOUTHWEST UNIVERSITY "NEOFIT RILSKI" - BLAGOEVGRAD**

**FACULTY OF ARTS**

**DEPARTMENT OF CHOREOGRAPHY**

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## **INFORMATION PACKAGE**

**On the use of a system for the transfer of academic credits in  
European Community countries ( ECTS)**

## **SPECIAL CONTEMPORARY CHOREOGRAPHY**

### **BACHELOR PROGRAMME**

**Form of study - full-time 8  
semesters (4 years)**

**Direction - Music and Dance Art**

**Professional qualification - Choreographer-director**

### Accreditation

The programme is accredited until 2027.

### Training

The Faculty of Arts provide teaching.

### Annotation

The Contemporary Choreography major is aimed at artists and amateurs who want to engage in unconventional dance solutions and wish to graduate as choreographers-directors in the field of contemporary dance. Provides higher education in the **field of Music and Dance Arts**—professional qualification **as a choreographer-director**. Educational qualification: **Bachelor's** degree.

**The aim** is to train specialists in directing and performing in the fields of modern dance and contemporary choreography, as well as in their preferred dance expression.

The graduate of the speciality "Contemporary Choreography" is formed:

- **Knowledge** of *European and world contemporary dance achievements*: modern dance - jazz and grime techniques, contemporaries, contact improvisation, dance theatre, tap, break, dance, eastern martial dance techniques, eurythmics, to be learned in parallel with the established and fundamental dance techniques - classical dances, character dances, historical dances, along with sports dances and so-called street dances.
- **Skills** for building a symbiosis of the mastered dance techniques and their development into new choreographic production
- **abilities** to lead the learning process in dance art, dance groups and ensembles.
- Professional qualities and **skills** for teaching.

### Graduates will have developed *competencies* related to:

- mastering the achievements in contemporary choreography and their ability to apply them in practice
- opportunities to build the dance techniques they have mastered in new contemporary productions.
- Skills in teaching material related to the development of choreographic abilities of dancers and trainees.

### The specialist graduate of "Contemporary Choreography" can be realised as:

- Choreographer - director, leader and organiser of professional and amateur dance groups, children's dance groups at community centres, houses of culture, private dance formations, youth dance studios, clubs, etc.
- Artistic director at children's and adolescents' homes, animator at holiday stations, hotels, etc.
- Specialist-methodologist in dance art at national, municipal and regional commissions on education and culture.
- Teacher of dance and dance art in the education system.
- Teacher and methodologist of dance art in schools and centres for children's creativity and art.

The training received in the Bachelor's Degree in Contemporary Choreography enables those who have obtained the **Bachelor's Degree in Choreography - Director** to continue their studies in the proposed Master's Degree in Contemporary Choreography, with the professional qualification of **Master Choreographer - Director**.

### **Admission of students**

Candidate-student competition for the speciality "Contemporary Choreography" includes **a practical examination** to be conducted in the following schedule:

1. Performance of **two** pre-prepared dances with a total duration of no more than 7 minutes. The dances are of the candidate's **choice** and may be in the following styles of dance art:
  - **Modern dance**
  - **Contemporaries**
  - **Street dancing**
  - **Hip Hop**
  - **Break**
  - **Jazz Technique**
  - **Graham-Technics**
  - **Rock 'n' roll**
  - **Salsa**
  - **Zumba, Bachata**
  - **Classical dance**
  - **Characteristic dances**
  - **Sport dance**
  - **Bulgarian dances**
  - **Ethnochoreography**
  - **Original choreography**
2. Checking the candidate's physical data - joint flexibility, bending, jumping, rotation
3. Test the candidate's musicality and rhythmic sense by tapping and clapping on melodies with different metrical structures. Improvisation

**CURRICULUM**  
**Speciality "Contemporary Choreography"**

№	NAME OF THE COURSE	Evaluation		CREDITS	Auditorium employment				Outside employment /in hours/
		semester	form		Total	lectures	seminars	exercises	
	I. COMPULSORY COURSES								
1	History of dance 1 part	I	Exam.	2,0	30	30			30
2	Modern dance - Graham technique1 part	I	t.o.	3,0	45	15		30	45
3	Choreographic composition 1 part	I	t.o.	3,0	45			45	45
4	Classical dance 1 part	I	t.o.	3,0	45	15		30	45
5	Character dances 1 part	I	t.o.	3,0	45	15		30	45
6	Sport dance 1 part	I	t.o.	3,0	45	15		30	45
7	Bulgarian folk dances 1 part	I	t.o.	3,0	45	15		30	45
	Elective subjects	I	t.o.	10,0	105	45		60	195
	TOTAL			30,0	405	150	0	255	495
8	History of dance 2 part	II	exam	2,0	30	30			30
9	Modern Dance - Graham Technique Part 2	II	exam	2,5	30			30	45
10	Choreographic composition 2 part	II	exam	5,5	60	15		45	105
11	Classical dance 2 part	II	exam	2,5	30			30	45
12	Character dances 2 part	II	exam	2,5	30			30	45
13	Sport dance 2 part	II	exam	2,5	30			30	45
14	Bulgarian folk dances 2 part	II	exam	2,5	30			30	45
	Elective subjects	II	exam	10,0	105	45		60	195
	TOTAL :			30,0	345	90	0	255	555
15	Modern dance - Jazz technique 1 part	III	t.o.	3,0	45	15		30	45
16	Choreographic composition 3 part	III	t.o.	4,0	60			60	60
17	Classical dance 3 part	III	t.o.	3,0	45	15		30	45
18	Character dances 3 part	III	t.o.	3,0	45	15		30	45
19	Sport dance 3 part	III	t.o.	3,0	45	15		30	45
20	Bulgarian folk dances 3 part	III	t.o.	2,0	30			30	30
21	History of modern dance	III	exam	2,0	30	30			30
	Elective subjects	III	exam	10,0	105	45		60	195
	TOTAL :			30,0	405	135	0	270	495
22	Modern Dance - Jazz Technique Part 2	IV	exam	2,5	30			30	45
23	Classical dance 4 part	IV	exam	2,5	30			30	45

24	Character dances 4 part	IV	exam	2,5	30			30	45
25	Sport dance 4 part	IV	exam	2,5	30			30	45
26	Bulgarian folk dances 4 part	IV	exam	2,5	30			30	45
27	Choreographic composition 4 part	IV	exam	5,5	60	15		45	105
28	History of Bulgarian Choreography	IV	exam	2,0	30	30			30
	Elective subjects	IV	exam	10,0	105	45		60	195
	<b>TOTAL :</b>			<b>30,0</b>	<b>345</b>	<b>90</b>	<b>0</b>	<b>255</b>	<b>555</b>
29	Choreographic Direction - Part 1	V	t.o.	5,5	60	30		30	105
30	Contact Improvisation Part 1	V	exam	3,0	45	15		30	45
31	Dance Theatre 1 part	V	t.o.	3,0	45	15		30	45
32	Libretto and script plan	V	t.o.	3,0	45	45			45
	Elective subjects	V	exam	15,5	120	30		90	345
	<b>TOTAL :</b>			<b>30,0</b>	<b>315</b>	<b>135</b>	<b>0</b>	<b>180</b>	<b>585</b>
33	Choreographic Direction - Part 2	VI	exam	5,5	60	30		30	105
34	Contact-improvisationalchoreographic 2 part	VI	exam	3,0	45	15		30	45
35	Dance Theatre 2 part	VI	exam	3,0	45	15		30	45
36	History of Dance Theatre	VI	exam	3,0	30	30			60
	Elective subjects	VI	exam	15,5	105	30		75	360
	<b>TOTAL :</b>			<b>30,0</b>	<b>285</b>	<b>120</b>	<b>0</b>	<b>165</b>	<b>615</b>
37	Choreographic Direction - Part 3	VII	exam	6,0	60	30		30	120
38	Choreographic approaches in dramaturgy	VII	exam	5,0	60	30		30	90
39	History of Bulgarian ballet	VII	exam	3,0	45	45			45
40	Artwork of a performance	VII	exam	4,0	30	30			90
41	Costume and accessories	VII	exam	2,0	15	15			45
	Elective subjects	VII	exam	10,0	45			45	255
	<b>TOTAL :</b>			<b>30,0</b>	<b>255</b>	<b>150</b>	<b>0</b>	<b>105</b>	<b>645</b>
	State practice	VIII	exam	20,0	45			45	555
	State examination or thesis defence (according to Article 45 paragraph 1 of the Law on Education)	VIII		10,0					300
	<b>TOTAL :</b>			<b>30,0</b>	<b>45</b>			<b>45</b>	<b>855</b>
	<b>TOTAL (hours of compulsory and elective courses)</b>			<b>240</b>	<b>2400</b>	<b>870</b>		<b>1530</b>	<b>4800</b>
	<b>II. ELECTIVE COURSES (by group)</b>								
	<b>First group</b>								

1	Bulgarian Edition 1 part	I	t.o.	1,0	15			15	15
2	Musical instrument 1 part	I	t.o.	1,0	15			15	15
3	Introduction to pantomime	I	t.o.	2,0	30	15		15	30
4	Foreign Language Part 1	I	t.o.	2,0	15			15	45
5	Ensemble 1 part	I	t.o.	4,0	30			30	90
6	Bulgarian Ethnography 1 part	I	t.o.	2,0	30	30			30
7	Music Theory Part 1	I	t.o.	2,0	30	15		15	30
8	Stage Practice - Contemporary Choreography Part 1	I	t.o.	4,0	30			30	90
9	Артистична гимнастика	I	t.o.	2,0	30				30
	<b>Total number of subjects to be selected by the group</b>	<b>I</b>		<b>10,00</b>	<b>105</b>	<b>45</b>		<b>60,00</b>	<b>195</b>
	<b>Second group</b>								
9	Bulgarian Ethnography Part 2	II	t.o.	2,0	30	30			30
10	Bulgarian Ezkezsris 2 part	II	t.o.	1,0	15			15	15
11	Musical instrument 2 part	II	t.o.	1,0	15			15	15
12	Music Theory Part 2	II	t.o.	2,0	30	15		15	30
13	Human Anatomy and Physiology	II	t.o.	2,0	30	30			30
14	Foreign Language Part 2	II	t.o.	2,0	15			15	45
15	Stage acrobatics	II	i.e.	2,0	30				30
15	Ensemble 2 part	II	t.o.	4,0	30			30	90
16	Stage Practice - Contemporary Choreography Part 2	II	t.o.	4,0	30			30	90
	<b>Total syllabus of the subjects to be selected by the group</b>	<b>II</b>		<b>10,00</b>	<b>105</b>	<b>45</b>		<b>60</b>	<b>195</b>
	<b>Third group</b>								
18	Foreign Language Part 3	III	t.o.	2,0	15			15	45
19	Bulgarian Edition 3 part	III	t.o.	2,0	30			30	30
20	Acting	III	t.o.	2,0	15			15	45
21	Duet dance - supports 1 part	III	t.o.	2,0	30			30	30
22	Ensemble 3 part	III	t.o.	4,0	30			30	90
23	Children's dances and games	III	t.o.	2,0	30	15		15	30
24	Historical dances	III	t.o.	2,0	30	15		15	30
25	Stage Practice - Contemporary Choreography Part 3	III	t.o.	4,0	30			30	90
	<b>Total syllabus of the subjects to be selected by the group</b>	<b>III</b>		<b>10,00</b>	<b>105</b>	<b>45</b>		<b>60</b>	<b>195</b>
	<b>Fourth group</b>								
26	History of Art	IV	t.o.	2,0	30	30			30
27	Ritual and Ritual Symbolism Part 1	IV	t.o.	2,0	30	30			30

28	Foreign Language 4 Part	IV	t.o.	2,0	15			15	45
29	Pedagogy	IV	exam	2,0	30	30			30

30	Duet dance - supports 2 part	IV	exam	2,0	30			30	30
31	Dance objugation of objects	IV	exam	2,0	30			30	30
32	Duet dance - supports 1 part	II	exam	2,0	30			30	30
31	Ensemble 4 part	IV	t.o.	4,0	30			30	90
32	Stage Practice-Common Choreography 4 part	IV	t.o.	4,0	30			30	90
33	Organisation and management of culture	IV	t.o.	2,0	15	15			45
34	Bulgarian ezkezris 4 part	IV	t.o.	2,0	15			15	45
	<b>Total syllabus of the subjects to be selected by the group</b>	<b>IV</b>		<b>10,00</b>	<b>105</b>	<b>45</b>		<b>60</b>	<b>195</b>
	<b>Fifth group</b>								
35	Methodology of teaching modern dance	V	exam	5,0	45	15		30	105
36	Methodology of teaching classical dance	V	exam	5,0	45	15		30	105
37	Methodology of teaching sports dance	V	exam	5,0	45	15		30	105
38	Methodology of teaching character dance	V	exam	5,0	45	15		30	105
40	Stage Practice-Common Choreography 5 part	V	t.o.	4,0	30			30	90
40	Physiology and biomechanics of movements	V	exam	3,0	30	15		15	60
41	Folkloric Tango	V	exam	2,5	15			15	45
42	Merengue, bachata	V	exam	2,5	15			15	45
43	Hip hop	V	t.o.	2,5	15			15	60
44	Breakdance	V	t.o.	2,5	15			15	60
45	Tai Chi - Eastern martial dance techniques 1 Part	V	t.o.	2,5	15			15	75
46	Rhythmics 1 part	V	t.o.	2,5	15			15	60
	<b>Total syllabus of the subjects to be selected by the group</b>	<b>V</b>		<b>15,50</b>	<b>120</b>	<b>30</b>		<b>90</b>	<b>345</b>
	<b>Sixth group</b>								
47	Composition of modern dance	VI	exam	5,0	30			30	120
48	Composition of classical dance	VI	exam	5,0	30			30	120
49	Sport dance composition - Formation	VI	exam	5,0	30			30	120
50	Composition of the characteristic dance	VI	exam	5,0	30			30	120
51									
52	Music and Stage Genres - characteristics	VI	exam	3,0	30	30			60

53	Salsa, Mambo	VI	t.o.	2,5	15			15	60
54	Belly dance	VI	t.o.	2,5	15			15	60
55	Rock 'n' roll, boogie-boogie, swing	VI	t.o.	2,5	15			15	60
56	Tai Chi - Eastern martial dance techniques 2 Part	VI	exam	2,5	15			15	60
57	Rhythmics 2 part	VI	t.o.	2,5	15			15	60

	<b>Total syllabus of the subjects to be selected by the group</b>	<b>VI</b>		<b>15,50</b>	<b>105</b>	<b>30</b>		<b>75</b>	<b>345</b>
	<b>Seventh group</b>								
	Stage Practice-Common Choreography 7 part	IV	t.o.	4,0	30			30	90
58	Staging dances for videos	VII	exam	4,0	15			15	105
59	Staging dances for musicals	VII	exam	4,0	15			15	105
60	Staging dances for operas and operettas	VII	exam	3,0	15			15	75
61	Variety dances	VII	exam	2,0	15			15	45
62	Tap Dancing	VII	exam	3,0	15			15	75
63	Style, hair, make-up	VII	shpht	2,0	15			15	45
	<b>Total syllabus of the subjects to be selected by the group</b>	<b>VII</b>		<b>10,0</b>	<b>45</b>			<b>45</b>	<b>255</b>
	<b>Total number of elective courses</b>			<b>70,0</b>	<b>735,0</b>				<b>1325,0</b>

## II. OPTIONAL SUBJECTS

	History of Literature			3,0	45	45			
	History of Music			3,0	45	45			
	History of the theatre			3,0	45	45			
	History of cinema			3,0	45	45			

**Note:** Each student may optionally study any academic discipline taught at the university, regardless of the faculty in which it is studied.

### Graduation

1. State Practical Examination - performance of a story dance from 10 to 25 minutes
2. Written state examination or thesis defence/preparation for thesis development can be started no earlier than the 5th semester.

The curriculum of the degree programme "Contemporary Choreography" for the Bachelor's degree includes 2400 classroom hours. The total number of required courses is 1665 hours. The elective courses total 735 hours. Physical education and sport, totalling 240 hours, are provided: 120 hours with the teaching load of the sport discipline "Sport dance," which is included in the compulsory disciplines. The remaining 120 hours are fulfilled through participation in mass and individual sports competitions, sports Olympiads, concerts, and other events. By the Decision of the Academic Council of 21.05.2008. Protocol No. 6

Total number of credits for 8 semesters - 240 credits, or 30 credits for each semester, and 60 credits for one academic year.



## ACADEMIC DISCIPLINES

### CHOREOGRAPHIC COMPOSITION Part 1 - COMPOSITION OF CAMERA FORMS

**ECTS credits: 3,0**

**Weekly**

**timetable:** 0l+0su+0lu+3pu+p

Form of knowledge assessment: current assessment

Type of examination: practical

**Semester: I**

Methodological guide:

Department of Choreography,

Faculty of Arts Lecturers:

Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail art@swu.bg

#### **Annotation:**

The discipline "Choreographic Composition" is fundamental for the specialisation "Contemporary Choreography". It deals with the basic components of choreographic composition - ways of building different types of dance and structuring them through exposition, development, climax, and reprise. Similar structural units are sought in dance and music. As well as principal differences between their construction and modes of impact. The material is divided into four parts:

#### **Course Content:**

A. Composition for solo dance - **Monologue, Variation**

B. Dance composition for two participants - Duet, Pas de deux C.

Dance composition for three participants - Trio, Pas de trois

Г. Dance composition for four participants - Quartet, Pas de quatre

#### **Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarisation and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students complete two review papers during the semester. The requirements for semester completion include regular class attendance and completion of assignments.

### CHOREOGRAPHIC COMPOSITION Part 2 - COMPOSITION OF SENSELESS FORMS

**ECTS credits: 5,5**

**Weekly timetable:** 1l+0su+0lu+4pu+p

Form of knowledge testing: exam

Type of examination: written and practical

**Semester: II**

Methodological guide:

Department of Choreography,

Faculty of Arts, Lecturers:

Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Choreographic Composition" is fundamental for the specialisation "Contemporary Choreography". It deals with the basic components of choreographic composition, including ways of building different types of dance and structuring them through exposition, development, climax, and reprise. Similar structural units are sought in dance and music. As well as principal differences between their construction and modes of impact. The material is divided into four parts:

**Course Content:**

**A. Composition of divertissement**

Composition of choreographic Introduction - Entrée

Composition of choreographic Adagio - duet

Composition of choreographic Variations

Composition of choreographic Coda

**B. Composition of the suite**

Composition of solemn introduction - march

Composition of slow dance - tempo Adagio Composition

of fast dance - choreographic scherzo Composition of

choreographic finale - bravura Coda

**Learning Technology and Assessment:**

The lecture course and practical exercises encompass the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion include regular class attendance and completion of assignments.

**CHOREOGRAPHIC COMPOSITION Part 3 -  
THEMED DANCE COMPOSITION**

**ECTS credits: 4,0**

**Weekly timetable:** 0l+0su+0lu+4pu+p

Form of knowledge assessment: current assessment

Type of examination:

Written and practical

**Semester: II**

Methodological guide:

Department of Choreography,

Faculty of Arts, Lecturers:

Prof. Anelia Yaneva, Department of Choreography

+359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Choreographic Composition" is fundamental for the specialisation "Contemporary Choreography". It deals with the basic components of choreographic composition - ways of building different types of dance. Building through exposition, development, climax, and reprise. Similar structural units in dance and in

Music. As well as principal differences between their structure and ways of impact. The material is divided into four parts:

**Course Content:**

- Build At exposure At the topic(s), leitmotifs и lightmovements - in chronological order, in retrospect.
- Inter-topic, leitmotif and leitmotion contrast - Conclusion - mandatory features
- Action development - themes, leitmotifs and leitmotions - requirements, possibilities for structural diversity
- Climax - maximum opposition of themes, leitmotifs and leitmotions - mandatory requirements
- Resolution - dominance of one of the themes, leitmotifs and leitmotions - possible resolutions

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarisation and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students complete two review papers during the semester. The requirements for semester completion include regular class attendance and completion of assignments.

**CHOREOGRAPHIC COMPOSITION Part 4 -  
COMPOSITION OF SUGGESTED DANCE**

**ECTS credits: 5,5**

of knowledge testing: exam  
practical **Semester: IV**

**Weekly timetable:** 11+0su+0lu+3pu+p Form

Type of examination: written and

Methodological guide:

Department of Choreography,

Faculty of Arts, Lecturers:

Prof. Anelia Yaneva, Department of Choreography

+359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Choreographic Composition" is fundamental for the specialisation "Contemporary Choreography". It deals with the basic components of choreographic composition - ways of building different types of dance and structuring them through exposition, development, climax, and reprise. Similar structural units are sought in dance and music. As well as principal differences between their construction and modes of impact. The material is divided into four parts:

**Course Content:**

- Building an exposition - in chronological order, in retrospect
- Conclusion in the plot action - disturbance of the initial equilibrium - mandatory features
- Action development - requirements, opportunities for structural diversity

- Culmination - mandatory requirements
- Resolution - mandatory requirements, various possibilities

### **Learning Technology and Assessment:**

The lecture course and practical exercises encompass the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion include regular class attendance and completion of assignments.

## **CLASSICAL DANCE - Part I**

**ECTS credits: 3,0**

**Weekly timetable:** 1l+0su+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:**  
Written and practical

**Semester: I**

### **Methodological guide:**

Department of Choreography,

Faculty of Arts **Lecturers:**

Principal asst. Dr. Julia Rimeova Yordanova

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

Classical Dance introduces the basic movements of classical dance. Students master the basic elements of classical dance, arranged in three groups: movements on the floor, movements in the middle, and jumps, tailored to the appropriate level of study. In the lecture course, students record and analyse the basic requirements for performing the movements studied, including possible errors and prerequisites for proper mastery of the movements.

### **Course Content:**

The course includes the study of basic locomotor movements, media and jumps such as:

#### **I. Machine movements**

Plie - demi plie, grand plie; Battement tendu; Battement tendu jete; Grand battement jete; Rond de jambe par terre; Sur le cou de pied; Battement fondu; Battement frappe; Rond de jambe en l'air; Battement degage; Battement soutenu; Battement developpe; Battement releve lent; Pas de bourree;

#### **II. Environmental movements**

Basic postures of the medium - en face, croisee, effacee; Basic postures of the medium - arabesque, attitude, a la seconde, ecarte; Temps lie; Chaîne;

#### **III Jumping**

Temps leve saute; Changement de pied; Pas echappe; Pas chasse

### **Learning Technology and Assessment:**

The lecture course and practical exercises encompass the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students

Do two control works during the semester. The requirements for the semester endorsement include regular class attendance and completion of assignments.

### **CLASSICAL DANCE - Part II**

**ECTS credits: 2,5**

**knowledge testing:** exam

**Semester: II**

**Weekly timetable:** 0l+0su+0lu+2pu+p **Form of**

**Type of examination:** written and

#### **Methodological guide:**

Department of Choreography,

Faculty of Arts, **Lecturers:**

Principal asst. Dr. Julia Rimeova Yordanova

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

#### **Annotation:**

Classical Dance introduces the basic movements of classical dance. Students master the basic elements of classical dance, arranged in three groups: movements on the floor, movements in the middle, and jumps, tailored to the appropriate level of study. In the lecture course, students record and analyse the basic requirements for performing the movements studied, including possible errors and prerequisites for proper mastery of the movements.

#### **Course Content:**

The course includes the study of basic locomotor movements, mediums and jumps such as:

##### **I. Machine movements**

Battement tendu - using passe par terre; Battement jete - using pique and balanchoire; Rond de jambe par terre - on plie and on 45<sup>0</sup>; Battement double frappe; Petit battement sur le cou de pied; Battement fondu - on half heels; Temps releve on 45<sup>0</sup>; Soutenu en tournant;

##### **II. Environmental movements**

Battement tendu with transition from posture to posture; Battement jete with transition from posture to posture; Battement fondu with transition from posture to posture; Pas de bourree with and without leg change; Preparation for pirouette; IV Port de bras; V Port de bras; Soutenu en tournant

##### **III. Jumping**

**Pas assemble; Pas glissade; Pas jete; Sissonne simple; Sissonne tombe.**

#### **Learning Technology and Assessment:**

The lecture course and practical exercises encompass the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance and completion of assignments.

### **CLASSICAL DANCE - Part III**

**ECTS credits: 3,0**

**Form of knowledge assessment:** current assessment

**Semester: II**

**Weekly timetable:** 1l+0su+0lu+2pu+p

**Type of examination:**

Written and practical

**Methodological guide:**

Department of Choreography,

Faculty of Arts, **Lecturers:**

Principal asst. Dr. Julia Rimeova Yordanova

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Classical Dance introduces the basic movements of classical dance. Students master the basic elements of classical dance, arranged in three groups: movements on the floor, movements in the middle, and jumps, tailored to the appropriate level of study. In the lecture course, students record and analyse the basic requirements for performing the movements studied, identify possible errors, and outline prerequisites for proper mastery of the movements.

**Course Content:**

The course includes the study of advanced movements on the floor, environment and jumps such as:

**I. Machine movements**

Battement tendu; Battement jete; Grand rond de jambe jete; Rond de jambe en l'air with temps releve Flic-flac; Battement developpe with ballote; Grand battement jete with pointe à balancoir

**II. Environmental movements**

Movements with change from posture to posture; Pas de bourree en tournent; Pas de bourree suivi; Pas de bourree ballote; VI Port de bras; Adagio; Grand battement; Pirouette - en dehors and en dedans from IV and from V pt. III. Jumping

Sissonne ouverte; Sissonne ferme; Sissonne fondu; Pas failli; Pas emboite; Pas de chat; Pas de basque; Temps lie saute

**Learning Technology and Assessment:**

The lecture course and practical exercises encompass the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance and completion of assignments.

## CLASSICAL DANCE - Part IV

**ECTS credits:** 2,5  
**knowledge testing:** exam  
**Semester:** IV

**Weekly timetable:** 0l+0su+0lu+2pu+p **Form of**  
**Type of examination:** written and

### **Methodological guide:**

Department of Choreography,

Faculty of Arts, **Lecturers:**

Principal asst. Dr. Julia Rimeova Yordanova

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

Classical Dance introduces the basic movements of classical dance. Students master the basic elements of classical dance, arranged in three groups: movements on the floor, movements in the middle, and jumps, tailored to the appropriate level of study. In the lecture course, students record and analyse the basic requirements for performing the movements studied, including possible errors and prerequisites for proper mastery of the movements.

### **Course Content:**

The course includes the study of advanced movements on the floor, environment and jumps such as:

#### **I. Machine movements**

Battement fondu on 90°; Fondu à fouette; Temps relevé en tournant; Flic-flac en tournant; Fouette on 45° à la seconde; Adagio using tour lent and renverse; Grand battement jete with developpe

#### **II. Environmental movements**

Battement tendu en tournant; Battement tendu jete en tournant; Tour lent; Temps lié at 90°; Port de bras

#### **III. Jumping**

Pas assemble with anticipation; Pas jete with anticipation; Grand saut ouverte from pose to pose; Pas echappe en tournant; Temps lié saute en tournant

### **Learning Technology and Assessment:**

The lecture course and practical exercises encompass the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance and completion of assignments.

## MODERN DANCE - GRAM-TECHNIQUE - Part I

**ECTS credits:** 3,0

**testing:** exam

**Semester:** I

**Weekly timetable:** 1l+0su+0lu+2pu+p **Form of knowledge**

**Type of examination:** practical

**Methodological guidance:** Department of Choreography, Faculty of Arts, **Lecturers:**

**Hon. Pres. Nadezhda Zdravkova**

**Tel:** +359 73 588 533, **E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to major movements of modern dance that have established themselves over the decades, first in America and then in Europe.

*The discipline aims to:*

- To create notions of the incredible possibilities of the human body, **o f t e n** defying gravity, with the ability to isolate individual body parts.
- Develops in students:
  - a) imaginative artistic, rhythmic and plastic thinking b) creative imagination
  - (c) visual memory

**Course Content:**

The course includes compositions on given themes from the field of modern dance.

*I. Basic Movements in Graham Technique*

Relisk Contreccion

Performances on the floor, Performances in the middle, Performances in jumps, Combinations

**Learning Technology and Assessment:**

The lecture course comprises the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance and completion of assignments.

**MODERN DANCE - GRAM-TECHNIQUE - Part II**

**ECTS credits: 2,5**

**Form of knowledge testing:** exam

**Semester: II**

**Weekly timetable:** 0l+0su+0lu+2pu+p

**Type of examination:** practical

**Methodological guide:**

Department of Choreography,

Faculty of **Arts Lecturers:**

Prof. Anelia Yaneva, Department of Choreography,

tel: 073588501, E-mail: [mgmalamova@swu.bg](mailto:mgmalamova@swu.bg)

**Annotation:**

Students are introduced to major movements of modern dance that have established themselves over the decades, first in America and then in Europe. ***The discipline is*** designed to create awareness of the incredible possibilities of the human body, often defying gravity, with opportunities to isolate individual body parts. It develops in students:



- a) imaginative artistic, rhythmic and plastic thinking b)
- creative imagination
- (c) visual memory

### **Course Content:**

The course includes compositions on given themes from the field of modern dance.

#### *II. Basic Movements in Graham Technique*

Relisk Contreccion

Performances on the floor,

Performances in the middle,

Performances in jumps,

Combinations

### **Learning Technology and Assessment:**

The lecture course comprises the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance and completion of assignments.

## **MODERN DANCE - JAZZ-TECHNIQUE - 1 part**

**ECTS credits: 3,0**

**Weekly timetable:** 1l+0su+0lu+2pu+p

**Form of knowledge testing:** exam

**Type of examination:** practical

**Semester: III**

### **Methodological guide:**

Department of Choreography,

Faculty of Arts **Lecturers:**

**Hon. Pres. Nadezhda Zdravkova**

**Tel: +359 73 588 533, E-mail** [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

Students are introduced to major movements of modern dance that have established themselves over the decades, first in America and then in Europe.

*The discipline aims to:*

- To create notions of the incredible possibilities of the human body, **o f t e n** defying gravity, with the ability to isolate individual body parts.
- Develops in students:
  - a) imaginative artistic, rhythmic and plastic thinking b)
  - creative imagination
  - (c) visual memory

### **Course Content:**

The course includes compositions on given themes from the field of modern dance.

#### *Basic Movements in Jazz Technique*

Isolation of movements

- at the hands of

- housing
- at the feet
- Interconnection

s, Floor Performances,  
Middle Performances,  
Jump Performances,  
Combinations

### **Learning Technology and Assessment:**

The lecture course comprises the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance and completion of assignments.

## **MODERN DANCE - JAZZ-TECHNIQUE - Part 2**

**ECTS credits: 2,5**

**Weekly timetable:** 1l+0su+0lu+2pu+p

**Form of knowledge testing:** exam

**Type of examination:** practical

**Semester: IV**

### **Methodological guide:**

Department of Choreography,

Faculty of Arts **Lecturers:**

**Hon. Pres. Nadezhda Zdravkova**

**Tel: +359 73 588 533, E-mail** [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

Students are introduced to major movements of modern dance that have established themselves over the decades, first in America and then in Europe.

*The discipline aims to:*

- To create notions of the incredible possibilities of the human body, **o f t e n** defying gravity, with the ability to isolate individual body parts.
- Develops in students:
  - a) imaginative artistic, rhythmic and plastic thinking
  - b) creative imagination
  - (c) visual memory

### **Course Content:**

The course includes compositions on given themes from the field of modern dance.

*More varied movements in Jazz technique*

Isolation of movements

- at the hands of
- housing
- at the feet
- Interconnection

s Performances on the  
floor Performances in  
middle Performances in  
jumps

Combinations

**Learning Technology and Assessment:**

The lecture course comprises the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, and consolidation of knowledge through various activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance and completion of assignments.

**HISTORY OF DANCE - Part I**

**ECTS credits:** 2,0

**Weekly timetable:** 2l+0su+0lu+0pu+p

**Form of knowledge testing:** exam

**Type of examination:** written

**Semester:** I

**Methodological guide:**

Department of Choreography,

Faculty of Arts, **Lecturers:**

Prof. +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "History of Dance - Part I" explores dance rites and customs in ancient civilisations, including Egypt, India, Greece, and Rome, as well as dances from the Middle Ages and the Renaissance. Students learn various basic terms, such as dance, pantomime, ballet, and their classifications according to their relationship to the theatrical arts, music, and the fine arts.

**Course Content:**

- I. Dance. Pantomime. Grotesque. Their place in the art of ballet. II. Types of dance.
- III. Ballet. Its relationship with other arts, such as theatre, music, and painting. Ballet (dance) forms - types
- IV. Dance in the Primitive Communal System
- V. Dancing in Ancient Egypt VI. Dances in Ancient India VII. Dances in Ancient Greece VII. Dancing in Ancient Rome
- IX. Dancing in the Middle Ages
- X. The Dance Renaissance in Italy in the XIII-XVth centuries.
- XI. The Dance Renaissance in France XV-XVI.
- XII. The Dance Renaissance in England in the 15th- 17th centuries.

**Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, presentation and analysis of the works and video recordings, consolidation of knowledge, summaries and review. Students take two quizzes during the semester. The requirements for completing the semester are regular class attendance and the completion of assignments.

## HISTORY OF DANCE - Part II

**ECTS credits:** 2,0

**Weekly timetable:** 2l+0su+0lu+0pu+p

**Form of knowledge testing:** exam

**Type of examination:** written

**Semester:** II

### **Methodological guide:**

Department of Choreography,

Faculty of Arts, **Lecturers:**

Prof. +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The discipline "History of Dance - Part II" traces the establishment of the art of dance in Europe and its flowering during the Classical and Romantic periods. Particular attention is given to dance during the Romantic period and its impact on modern dance theatre. Ballet masterpieces of the nineteenth century that continue to be performed today are analysed in detail.

### **Course Content:**

XII. Dance theatre in the XVII century.

XIV. The ballet theatre in the first half of the 16th century.

XV. The ballet theatre in the second half of the 18th century.

VI. Ballet in the first half of the 19th century. Romanticism. Beginning of the white ballet

XVII. Ballet solutions in the second half of the 19th century

### **Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, presentation and analysis of the works and video recordings, consolidation of knowledge, summaries and review. Students take two quizzes during the semester. The requirements for completing the semester are regular class attendance and the completion of assignments.

## HISTORY OF MODERN DANCE

**ECTS credits:** 2,0

**Weekly timetable:** 2l+0su+0lu+0pu+p

**Form of knowledge testing:** exam

**Type of examination:** written

**Semester:** IV

### **Methodological guide:**

Department of Choreography,

Faculty of Arts, **Lecturers:**

Prof. +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The discipline "History of Modern Dance" examines the main stages in the development of ballet in the 20th century. It looks for common characteristics of individual artists, rather than national characteristics, but rather as creative orientations in the development of different styles and genres of world ballet. Numerous ballet and dance schools are analysed.

in the twentieth century, grouped by individual aesthetic trends, with the most prominent representatives - choreographers - Isadora Duncan, Waclaw Nijinsky, Rudolf von Laban, Mary Wigman, Mikhail Fokine, George Balanchine, Serge Lifar, Maurice Béjart, Alvin Ailey, Martha Graham, Jiri Killian, Jerome Robbins, Bob Fosse, Kurt Jos, Mats Ek, etc.

**Course Content:**

- A. The idea of the liberated human body and free dance in opposition to classical dance
- B. Expressionism
- B. Sergei Diaghilev and his Seasons G.
- Combination of dance and folklore
- Д. National peculiarities that have developed into an independent dance style
- E. Musical comedy and satirical tragedy - two polar genre varieties

**Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, presentation and analysis of the works and video recordings, consolidation of knowledge, summaries and review. Students take two quizzes during the semester. The requirements for the semester endorsement are regular class attendance, completion of assignments.

## **SPORTS DANCE - Part I**

**ECTS credits:** 3.0

**Weekly timetable:** 1l+0su+0lu+2pu+p

**Form of knowledge assessment:** ongoing assessment      **Type of examination:** written and practical

**Semester:** I

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Hon.Prep. Silvana Handjyska

**Tel:** +359 73 588 533, **E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

**The Sport Dance Part I course** gives students the opportunity to learn the basic movements of the English Waltz, Cha-Cha-Cha, and Jive dances. In the process of training simultaneously with learning 10 - 12 figures of each dance (men's and women's part), small combinations can be made for dancing in pairs and at the same time to learn the basics of dance teaching methodology.

The c o u r s e aims to introduce students to the basic theoretical, methodological and practical skills.

**Content of the course;**

Dance hall and its directions, Types of cuts , stepping technique and method of recording, basic guidelines when working with sports dances, basic requirements when working with standard dances , basic requirements when working with Latin dances

**Exercises;** Learn movements from English waltz, cha-cha-cha, jive.

**Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance and completion of assignments.

## **SPORTS DANCE - Part II**

**ECTS credits:** 2,5

**Weekly timetable:** 0l+0su+0lu+2pu+p

**Form of knowledge testing:** exam

**Type of examination:**

practical **Semester:** II

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Hon.Prep. Silvana Handjyska

**Tel:** +359 73 588 533, **E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

**The Sport Dance Part II course** gives students the opportunity to learn the basic movements of the Viennese Waltz, Queer Step and Samba. In the process of studying 10 - 12 figures of each dance (men's and women's part), small combinations for dancing in pairs can be made and at the same time the basics of dance teaching methodology can be learned.

The discipline aims to stimulate creative thinking in students.

**Course Content:**

**Exercises;** Learning Viennese waltz, queer step, samba movements

**Learning Technology and Assessment:**

The practical exercises include the following components: introduction of new information, summarizing and reviewing, presenting and analyzing the self-completed tasks, consolidating knowledge. Students complete two review papers during the semester.

The requirements for semester completion are regular class attendance and completion of assignments.

### **SPORTS DANCE - Part III**

**ECTS credits:** 3.0

**Weekly timetable:** 11+0su+0lu+2pu+p **Form of**

**knowledge assessment:** current assessment

**Type of examination:**

written and practical

**Semester:** III

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Hon.Prepr. Silvana Handjyska

**Tel:** +359 73 588 533, **E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

**The Sport Dance Part III course** gives students the opportunity to learn the basic movements of the Rumba and Tango dances. In the process of studying simultaneously with the study of 10 - 12 figures of each dance (men's and women's part), small combinations can be made for dancing in pairs and at the same time to learn the basics of the dance teaching methodology.

The course is a methodically systematic study of the practice and creative process of European and Latin American dance.

**Course Content:**

**Lecture topics;**

Degree of rotation and its distribution in the dance hall, basic standardized dance movements-standard dances, basic standardized dance movements-Latin American dances, training process in sports dances

**Exercises;** Learning rumba and tango movements and grouping the material studied into dance combinations.

**Learning Technology and Assessment:**

Lecture topics and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge. Students do two control works during

semester. The requirements for completion of the semester are regular class attendance and completion of assignments.

### **SPORTS DANCE - Part IV**

**ECTS credits: 2.5**

**Weekly timetable:** 0l+0su+0lu+2pu+p

**Form of knowledge testing: exam**

**Type of examination:**

practical **Semester: IV**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Hon.Prep. Silvana Handjyska

**Tel: +359 73 588 533, E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

**The Sport Dance Part IV course** gives students the opportunity to learn the basic movements of the Paso Doble and Foxtrot. In the process of studying simultaneously with the study of 10 - 12 figures of each dance (men's and women's part), small combinations can be made for dancing in pairs and at the same time to learn the basics of the dance teaching methodology.

**School** The discipline aims to prepare students for independent development and staging of choreographic works.

**Course Content:**

**Exercises;** Learning movements from paso doble and foxtrot and grouping the material studied into dance combinations.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarizing and reviewing, presenting and analyzing the self-completed tasks, consolidating knowledge. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance and completion of assignments.

### **SCENE PRACTICE - CONTEMPORARY CHOREOGRAPHY - Part 1**

**ECTS credits: 4,0**

**Weekly timetable:** 0l+0su+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:**  
practically

**Semester: I**



**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

ace. Victoria Boyadjieva

**Tel:** +359 73 588 533, **E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

In the first part of the "Stage Practice" training, ensemble and team building is stimulated. Through specially selected repertoire, students prepare for concert and stage performances. Their creative, artistic and technical abilities are optimally developed. The training focuses on the basic laws and principles of choreographic composition and their application in practice. Practical and creative tasks are mastered. Initially, the course includes faculty productions that are tailored to students' abilities and stimulate their performance talents through their productions.

The **aim** of the course is: Students will be practically acquainted with the most outstanding works of world famous choreographers and examples of classical and contemporary choreography. During the stage practice, the best student choreographic works are learned and also find their place in the program and in the students' stage performances.

**Course Content:**

Performances and performance in concert of **monologue, duet, trio** and **chamber dances** from the works of distinguished choreographers; faculty and students.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarization and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students complete two review papers during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

**SCENE PRACTICE - CONTEMPORARY CHOREOGRAPHY - Part 2**

**ECTS credits:** 4,0

**Weekly timetable:** 0l+0su+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:**  
practically

**Semester:** II

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

ace. Victoria Boyadjieva

**Tel:** +359 73 588 533, **E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:****ANNOTATION**

The second part of the "Stage Practice" training focuses on the more difficult to perform - soloistic performances such as variation and monologue, duet and pas de deux, realized by the teachers and some of the students studying in the "Contemporary Choreography" specialty. The course is aimed at revealing the basic laws and principles of choreographic composition and their application in practice. Practical and creative tasks are mastered."

The discipline **aims** to:

- to introduce students to the principles, peculiarities and potential problems associated with choreographic composition
- to stimulate creative thinking in students
- to prepare students for independent development and staging of choreographic works;
- to develop the individual qualities of each student in order to form independence and individual creativity.

**Course Content:**

Staging and performing in concert performances of **non-sequitur dances** - ensembles  
, divertissements and suites from the work of outstanding choreographers, teachers and students.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarization and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students complete two review papers during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

**SCENE PRACTICE - CONTEMPORARY CHOREOGRAPHY - Part 3**

**ECTS credits: 4,0**

**Weekly timetable:** 0l+0su+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:**  
practically

**Semester: III**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

ace. Victoria Boyadjieva

**Tel: +359 73 588 533, E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The third part of the "Stage Practice" training is focused on the preparation of trios and Pas de trois from the works of world-famous choreographers - Marius Petipa, Lev Ivanov, Mikhail Fokine, as well as contemporary works by teachers and students studying in the "Contemporary Choreography" major. Through this approach, students learn the laws of chamber form building and can try out their own productions in similar dance formats.

**Course Content:**

Staging and performing in concert performances of **thematic dances** from the work of outstanding choreographers, teachers and students.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarization and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students complete two review papers during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

**SCENE PRACTICE - CONTEMPORARY CHOREOGRAPHY - Part 4****ECTS credits: 4,0****Weekly timetable:** 0l+0su+0lu+2pu+p**Form of knowledge assessment:** current assessment**Type of examination:**  
practically**Semester: IV****Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

ace. Victoria Boyadjieva

**Tel:** +359 73 588 533, **E-mail** [art@swu.bg](mailto:art@swu.bg)**Annotation:**

The fourth part of the "Stage Practice" course relies on the mastering of the quartet form from the works of world-famous choreographers - Marius Petipa, Lev Ivanov, George Blanchin, Jiří Kilian, Kasyan Goleizovsky, as well as contemporary works by teachers and students studying on the "Contemporary Choreography" course. Through specially selected repertoire, students prepare for concert and stage performances. Their creative, artistic and technical abilities are optimally developed.

The course is aimed at revealing the basic laws and principles of choreographic composition and their application in practice. Practical and creative tasks are mastered.

**Course Content:**

Staging and performance in concert of **narrative dances** from the work of outstanding choreographers, teachers and students.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarization and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students complete two review papers during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

**SCENE PRACTICE - CONTEMPORARY CHOREOGRAPHY - Part 5****ECTS credits: 5,0****Weekly timetable:** 0l+0su+0lu+2pu+p**Form of knowledge assessment:** current assessment**Type of examination:**  
practically**Semester: V****Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

ace. Victoria Boyadjieva

**Tel: +359 73 588 533, E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The fifth part of the "Stage Practice" course includes ensemble productions from the works of world-famous choreographers such as Marius Petipa, Lev Ivanov, Mikhail Fokine, Alexander Gorsky, George Balanchine, etc., as well as contemporary works by faculty and students studying in the "Contemporary Choreography" program. We have searched for such productions that suit the level of training and technical abilities of the students. The students themselves are also given the opportunity to set their own works in the required style.

**Course Content:**

Staging and performance in concert of **narrative dances** from the work of outstanding choreographers, teachers and students.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarization and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students complete two review papers during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

**SCENE PRACTICE - CONTEMPORARY CHOREOGRAPHY - Part 6**

**ECTS credits: 5,0**

**Weekly timetable:** 0l+0u+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:** practical

**Semester: VI**

**Methodological guide:**

Department of Choreography Faculty of Arts

**Speakers:**

ace. Victoria Boyadjieva

**Tel: +359 73 588 533, E-mail** [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The sixth part of the "Stage Practice" course focuses on thematic works by - George Blanchin, Jiří Kilian, Kasyan Goleizovsky, Yuri Grigorovich and other world-famous choreographers. Through specially selected repertoire, students prepare for concert and stage performances. Optimally develop their creative, artistic and technical abilities. Practical and creative tasks are mastered.

The course also includes performances of contemporary works by faculty and students studying in the Contemporary Choreography program.

**Course Content:**

Staging and performance in concert of **narrative dances** from the work of outstanding choreographers, teachers and students.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarization and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students complete two review papers during the semester. The requirements for semester completion are regular class attendance, completion of assigned tasks.

**SCENE PRACTICE - CONTEMPORARY CHOREOGRAPHY - Part 7**

**ECTS credits: 2,0**

**Weekly timetable:** 0l+0u+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:**

practically

## **Semester: VII**

### **Methodological guide:**

Department of Choreography

Faculty of Arts Lecturers:

ace. Victoria Boyadjieva

**Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)**

### **Annotation:**

The seventh part of the "Stage Practice" course includes extended story dances by famous choreographers such as Boris Eifman, Yuri Grigorovich, Vasily Vainonen and others. In this way, the basic laws and principles of choreographic composition and their application in practice are mastered. Practical and creative tasks are mastered. Through specially selected repertoire, students prepare for concert and stage performances. Their creative, artistic and technical abilities are optimally developed.

The course also includes performances by teachers and students studying in the Contemporary Choreography programme.

### **Course Content:**

Staging and performance in concert of **narrative dances** from the work of outstanding choreographers, teachers and students.

### **Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarization and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students complete two review papers during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## CHARACTER DANCES - Part I

**ECTS credits:** 3.0

**Weekly timetable:** 1l+0su+0lu+2pu+p

**Form of examination:** current assessment **Type of examination:** written and practical

**Semester:** I

### **Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Principal asst. Dr. Julia Rimeova Yordanova

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The course in characteristic dances is aimed at enriching and expanding the knowledge of choreography of future choreographers-teachers and introducing the style and character of Russian folk dances. In the process of training students develop their improvisational abilities by creating variations and new developments on various dance themes.

### **Course Content:**

In this lecture course, students are introduced to the history of the characteristic dance with historical information about the origin of Russian folk dances and their form.

In the exercises, students master the style and character of Russian folk dances, their forms and gain knowledge about creating a characteristic performance.

### **Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance, completion of assignments.

## CHARACTER DANCES - Part II

**ECTS credits:** 2,5

**Weekly course load:** 1l+0su+0lu+2pu+p

**Form of knowledge assessment:** exam **Type of exam:** written and practical **Semester:** II

### **Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Principal asst. Dr. Julia Rimeova Yordanova

Tel: +359 73 588 533, E-mail

[art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The course in character dances is aimed at enriching and expanding the knowledge of choreography of future choreographers-educators and introducing the style and character of Russian

**Folk Dance** The program is designed for full-time students. In the process, students develop their improvisational abilities by creating variations and new developments on various dance themes.

**Course Content:**

In the lecture course, students expand their knowledge of the history of the characteristic dance and get acquainted with the historical information about the origin and development of the dance culture of Italy, Belarus and Moldova.

In the exercises, students master the style and character of Italian folk dances, receive practical instruction in creating original exercises from the characteristic exercise and dance studies in the character of Russian and Italian folk dance.

**Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance, completion of assignments.

The written examination lasts 2 hours according to the decision of the CC of the Department of Choreography. It is conducted according to a syllabus including review topics announced to the students in advance. Assessment is by criteria announced immediately after the written examination.

The practical exam includes: composing and staging a loom exercise and a dance study; teaching methodology for staging loom exercises and studies; basic requirements for correct performance and correction of errors;

**CHARACTER DANCES - Part III**

**ECTS credits:** 3.00

**Weekly course load:** 0l+0su+0lu+2pu+p **Form of**

**knowledge assessment:** current assessment **Exam type:** written and practical **Semester:** III

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Principal asst. Dr. Julia Rimeova Yordanova

Tel: +359 73 588 533,

E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The course in characteristic dances is aimed at enriching and expanding the knowledge of choreography of future choreographers-teachers and introducing the style and character of Russian folk dances. In the process of training students develop their improvisational abilities by creating variations and new developments on various dance themes.

**Course Content:**

In the exercises, students master the style and character of Belarusian folk dances, their forms and gain knowledge of creating exercises of the characteristic exercise of greater complexity, suitable for the course of study.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance, completion of assignments.

The practical exam includes: composing and staging a loom exercise and a dance study; teaching methodology for staging loom exercises and studies; basic requirements for correct performance and correction of errors;

**CHARACTER DANCES - Part IV****ECTS credits: 2.5****Weekly course load:** 0l+0su+0lu+2pu+p **Form****of knowledge assessment:** exam **Exam type:** written and practical **Semester: IV****Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Principal asst. Dr. Julia Rimeova Yordanova

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)**Annotation:**

The course in characteristic dances is aimed at enriching and expanding the knowledge of choreography of future choreographers-teachers and introducing the style and character of Russian folk dances. In the process of training students develop their improvisational abilities by creating variations and new developments on various dance themes.

**Course Content:**

In the exercises, students master the style and character of Moldovan folk dances, their forms and gain knowledge about creating a characteristic exercise.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students do two review papers during the semester. The requirements for completion of the semester are regular class attendance, completion of assignments.

The practical exam includes: composing and staging a loom exercise and a dance study; teaching methodology for staging loom exercises and studies; basic requirements for correct performance and correction of errors;

**SOUTH DANCE - SUPPORTS - Part I****ECTS credits: 2,0****Weekly timetable:** 0l+0su+0lu+2pu+p**Form of knowledge testing:** exam**Type of examination:** practical



## **Semester: III**

### **Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

ace. Victoria Boyadjieva

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The Duet Dance - Supports course aims to offer students opportunities to work with a partner Initially individual supports are studied, clarifying the principle of their execution - circling in place, supporting the waist of the partner, pirouette technique with a partner, supports with lifting the partner in the air - during the jump and from the spot, to feel the internal impulse of the partner and the ability to combine them with the effort of muscular movement. Students are introduced to and learn basic techniques in duet dance and with opportunities to compose their own combinations based on movements from classical and modern dance.

### **Course Content:**

The course includes supports between two partners from the field of classical and modern dance. As well as the development of two dances, one in 2/4, the other in 3/4, to incorporate the classical and modern dance supports learned in previous years, realized with two participants.

### **Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## **DUET DANCE - SUPPORTS - Part II**

**ECTS credits: 2,0**

**Weekly timetable: 0l+0su+0lu+2pu+p**

**Form of knowledge testing: exam**

**Type of examination: practical**

**Semester: IV**

### **Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

ace. Victoria Boyadjieva

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The discipline "Duet Dance - Supports" aims to offer students opportunities to work with a partner Initially, individual supports are studied by clarifying the principle of their execution - circles on the spot, support for the waist of the partner, pirouette technique with a partner, supports with lifting the partner in the air - during the jump and from the spot, to feel the inner impulse of the partner and the ability to combine them with the effort.

of muscle movement. Students are introduced to and learn basic techniques of duet dance and opportunities to compose their own combinations based on movements from classical and modern dance.

*The discipline aims to:*

-To develop in students:

- a) imaginative artistic, rhythmic and plastic thinking b) creative imagination
- (c) visual memory
- d) feeling of a partner
- e) ability to balance his/her coordination and that of the partner

### **Course Content:**

The course includes supports between two or more partners from the field of classical and modern dance. As well as the development of two dances, one in 2/4, the other in 3/4, to incorporate the supports learned in previous years from the field of classical and modern dance, realized with more than two participants.

### **Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## **CHOREOGRAPHIC DIRECTORY - Part I**

**ECTS credits: 5,5**

**Weekly timetable:** 2l+0su+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:**  
written and practical

**Semester:** V

### **Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Prof. Anelia Yaneva, Department of  
Choreography

ace. Victoria Boyadjieva

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The discipline "Choreographic Direction" is fundamental for the major "Contemporary Choreography". It examines the basic components of choreographic direction - ways of building dance and performance and the relationship to dramatic theatre. Building through exposition, denouement, action development, climax, denouement. As well as methods of constructing stage action. Similar structural units in dramatic theatre and music are sought. As well as principle differences between their structure and that of choreographic art. The material is divided into three parts:

Part One - directing the construction of a thematic dance Part Two

- directing the construction of a thematic dance

Part Three - directing the construction of larger story forms

**Course Content:****Direction in the construction of a thematic dance.**

- Build At exposure At the topic(s), leitmotifs и lightmovements - in chronological order, in retrospect
- Inter-topic, leitmotif and leitmotif contrast - Conclusion - mandatory features
- Action development - interactions of themes, leitmotifs and leitmotions - requirements, possibilities for structural diversity
- Climax - maximum opposition of themes, leitmotifs and leitmotions - mandatory requirements
- Resolution - dominance of one of the themes, leitmotifs and leitmotions - possible resolutions

**Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

**CHOREOGRAPHIC DIRECTORY - Part II****ECTS credits: 5,5****knowledge testing:** exam  
**practical Semester: VI****Weekly timetable:** 2l+0su+0lu+2pu+p **Form of****Type of examination:** written and**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Prof. Anelia Yaneva, Assoc. Prof. Victoria

Boyadjieva Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)**Annotation:**

The discipline "Choreographic Direction" is fundamental for the major "Contemporary Choreography". It examines the basic components of choreographic direction - ways of building dance and performance and the relationship to dramatic theatre. Building through exposition, denouement, action development, climax, denouement. As well as methods of constructing stage action. Similar structural units in dramatic theatre and music are sought. As well as principle differences between their structure and that of choreographic art. The material is divided into three parts:

Part One - directing the construction of a thematic dance Part Two

- directing the construction of a thematic dance

Part Three - directing the construction of larger story forms

**Course Content:****Direction in the construction of a narrative dance.**

- Building an exposition - in chronological order, in retrospect
- Conclusion in the plot action - disturbance of the initial equilibrium - mandatory features

- Action development - requirements, opportunities for structural diversity
- Culmination - mandatory requirements
- Resolution - mandatory requirements, various possibilities
- Prologue and Epilogue as optional but possible forms of realization

### **Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## **CHOREOGRAPHIC DIRECTORY - Part III**

**ECTS credits: 6,0**

**Weekly timetable:** 2l+0su+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:**  
written and practical

**Semester: VII**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Prof. Anelia Yaneva, Assoc. Prof. Victoria

Boyadjieva Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The discipline "Choreographic Direction" is fundamental for the major "Contemporary Choreography". It examines the basic components of choreographic direction - ways of building dance and performance and the relationship to dramatic theatre. Building through exposition, denouement, action development, climax, denouement. As well as methods of constructing stage action. Similar structural units in dramatic theatre and music are sought. As well as principle differences between their structure and that of choreographic art. The material is divided into three parts:

### **Course Content:**

**Directing in larger story forms A.**

#### **Structural construction**

- Building an exposition - in chronological order, in retrospect
- Tie - mandatory features
- Action development - requirements, opportunities for structural diversity
- Culmination - mandatory requirements
- Resolution - mandatory features
- Prologue and Epilogue as optional but possible forms of realization

#### **B. Ways of conflict construction**

- Ways of building the conflict - through dance, pantomime or opposition of different dance styles
- Interactions between different characters and their specific expression

- Choreographic Thematism as a Means of Expressing Conflict
- Choreographic thematism as a means of conflict resolution

### **Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## **LIBRETTO AND SCRIPT PLAN**

**ECTS credits:** 3,0

**Weekly timetable:** 3l+0su+0lu+0pu+p

**Form of knowledge testing:** exam

**Type of examination:** written

**Semester:** V

### **Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

The course "Libretto and Scenic Plan in Choreography" examines the basic components of choreographic art - exposition, opening, action development, climax, denouement. Similar structural units in drama and music are sought. As well as principle differences between their structure and that of choreographic art.

#### **The discipline aims to:**

- Mastery of the basic components of choreographic art - exposition, denouement, action development, climax, denouement.
- Discovering similar (or distinctive) techniques to those in drama and music

### **Course Content:**

- The relationship of the choreographic work to the dramatic theatre
- Building a choreographic libretto according to the laws of dramatic theatre - with Exposition, Ending, Action Development, Climax and Denouement.
- Choreographic libretto based on a literary work
- Creating a choreographic libretto without an original literary source
- Principle differences between libretto and script plan
- Building a script based on a literary work
- Constructing a script without an initial literary source
- Construction of a script based on a musical work
- Ways of constructing the conflict
- Deriving a theme and main idea in the choreographic work

### **Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, presentation and analysis of the works and video recordings, consolidation of knowledge,

summaries and preface. Students do two review papers during the semester. The requirements for the semester endorsement are regular class attendance, completion of assignments.

## **HISTORY OF DANCE THEATRE**

**ECTS credits:** 3,0

**Weekly timetable:** 2l+0su+0lu+0pu+p

**Form of knowledge testing:** exam

**Type of examination:** written

**Semester:** VI

### **Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

In the discipline of "History of Dance Theatre" are analyzed mostly those dance forms that involve a synthesis of music, dance, pantomime, speech, vocal. And in later times between different types of art: drama, opera, ballet, cinema, fine arts. The main differences between emblematic twentieth-century phenomena such as dance theatre, dance theatre, total dance theatre are presented. As well as attempts to clarify the specificity of the expression of these genre forms in Bulgaria.

#### **The discipline aims to:**

- Learning the differences in genre varieties such as dance theatre, dance theatre, total dance theatre, and different forms of synthesis between dance, theatre and ballet.
- This knowledge will be useful for future choreographers and directors - as experience and in their future productions.

### **Course Content:**

A. Some terminological clarifications.

B. Forerunners of dance theatre - various combinations between literature, theatre and ballet

- Mimodrama and Dramballet
- Synthetic dance forms with a ballet "twist"
- Contemporary works based on literary sources

B. Notions of dance-theatre

Г. New Forms of Dance Theatre

Д. Dance theatre and total dance theatre - principle distinctions

Е. The Musical - a new version of synthesis between dance, speech, vocal

Ж. Dance theatre, dance theatre and total dance theatre in Bulgaria

### **Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, presentation and analysis of the works and video recordings, consolidation of knowledge, summaries and review. Students take two quizzes during the semester. The requirements for the semester endorsement are regular class attendance, completion of assignments.

## **CHOREOGRAPHIC APPROACHES IN DRAMATURGY**

**ECTS credits:** 5,0

**Weekly timetable:** 2l+0su+0lu+2pu+p

**Form of examination:** examination

**Type of examination:** written

**Semester:** VII

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

With similar structural units in drama and music, the discipline of Choreographic Approaches in Dramaturgy seeks to identify the fundamental differences between their structure and that of the art of choreography. Emphasis is placed on techniques that would avoid narrative plotting at the expense of clearer and more specific choreographic emphases, and the montage of parallel storylines.

**The discipline aims to:**

- Mastery of the basic components of choreographic art - exposition, climax, action development, climax, denouement, presented in linear or parallel sequence. Discovering similar (or distinctive) techniques to those in drama and music.

**Course Content:**

- Ways of building the conflict - through dance, pantomime or opposition of different dance styles
- Interactions between different characters and their specific expression
- Choreographic Thematism as a Means of Expressing Conflict
- Relationships between musical and dance forms
- Relationships between theatre and dance forms
- Costume and prop design in the choreographic work

**Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, presentation and analysis of the works and video recordings, consolidation of knowledge, summaries and review. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance, completion of assignments.

## **HISTORY OF BULGARIAN BALLET**

**ECTS credits:** 3,0

**Weekly timetable:** 3l+0su+0lu+0pu+p

**Form of knowledge testing:** exam

**Type of examination:** written

**Semester:** VII

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Prof. +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The course aims to introduce students to the roots of Bulgarian choreography. It traces the history of stage dance in Bulgaria as well as the development of professional ballet companies and repertoire. Particular attention is given to works based on themes from Bulgarian folklore and history, works drawn from Bulgarian literature and theatre.

**The discipline aims to:**

- Learning the historical stages of the development of dance art in Bulgaria
- Mastering creative approaches of famous Bulgarian choreographers.
- This knowledge will be useful for future choreographers and directors - as experience and in their future productions.

**Course Content:**

a/ First ballet performances in Bulgaria  
b/ Anastas Petrov and early on Bulgarian Professional Ballet  
c/ Maria Dimova. Ballet productions borrowing themes from Bulgarian folklore and mythology d/  
Russian ballet masters and their influence on the Bulgarian repertoire  
e/ Nina Kiradjieva - choreographer  
f/ Assen Manolov and his role in shaping the out-of-town ballet theatres g/ Assen Gavrilov -  
choreographer  
h/ Bogdan Kovachev and his role in creating impressionistic style and comic ballets with Bulgarian  
themes  
// Petar Lukanov - author of Bulgarian ballet heroics //  
Margarita Arnaudova and Ballet "Arabesque"  
k/ The ballet at the National Ballet Theatre  
(DMT) "St. Makedonski" l/ The ballet in the  
out-of-town theatres

**Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, presentation and analysis of the works and video recordings, consolidation of knowledge, summaries and review. Students take two quizzes during the semester. The requirements for the semester endorsement are regular class attendance, completion of assignments.

**METHODOLOGY OF TEACHING MODERN DANCE**

**ECTS credits: 5,0**

**Weekly timetable:** 1l+0su+0lu+2pu+p

**Form of knowledge assessment:** current assessment

**Type of examination:**  
written and practical

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography



Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to and master basic movements in the field of modern dance. Students learn the principles of teaching classical dance to beginners. In the process, students develop and create their own compositions based on a predetermined theme.

**In the lecture course**, students record and analyze the basic requirements for the performance of the movements studied - possible errors and mandatory conditions for the proper mastering of the movements.

**In the exercises**, students master the system of teaching basic elements of modern dance, arranged in three groups - movements on the loom, movements on the environment, jumps. They learn how and in what sequence to present the taught material, so that it can be absorbed as well as possible.

The discipline aims to:

- To familiarize students with the laws of teaching and the requirements for each movement
- To prepare them to properly teach their future dance school students.

**Course Content:**

The course includes the study of ways of teaching movements from the sphere of Graham Technique and Jazz Technique, and the student must not only know them practically, but also be able to create their own combinations with the movements studied, and also have clear requirements when teaching them to third parties:

**Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## METHODOLOGY OF TEACHING CLASSICAL DANCE

**ECTS credits: 5,0**

**Weekly timetable: 1l+0su+0lu+2pu+p**

**Form of knowledge assessment:** current assessment

**Type of examination:**  
written and practical

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Senior Associate Dr. Julia Romeova Yordanova,

Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to and learn basic movements from the field of classical dance. Students learn the principles of teaching classical dance to beginners. In the process, students develop and create their own compositions based on a predetermined theme.

**In the lecture course**, students record and analyze the basic requirements for the performance of the movements studied - possible errors and mandatory conditions for the proper mastering of the movements.

**In the exercises**, students master the system of teaching the basic elements of classical dance, arranged in three groups - movements on the loom, movements on the environment, jumps. They learn how and in what sequence to present the taught material, so that it can be absorbed as well as possible.

The discipline **aims** to:

- To familiarize students with the laws of teaching and the requirements for each movement
- To prepare them to properly teach their future dance school students.

### **Course Content:**

The course involves learning ways of teaching loom movements, mediums and jumps, and the student must not only have a working knowledge of these, but also be able to create their own combinations with the movements learnt, and have clear requirements when teaching them to third parties:

### **Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## **METHODOLOGY OF TEACHING SPORTS DANCE**

**ECTS credits:** 5.0

**Weekly timetable:** 1l+0su+0lu+2pu+p

Form of knowledge testing: **examination**

Type of examination: **written and practical**

**Semester:** V

### **Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Hon. Rev. Silvana Handjiyska, Cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Methodology of teaching sports dance" is aimed at revealing the main methodological and general theoretical problems related to the teaching of any of the standard or Latin dances. The lecture course reveals the specific features of dance technique, examines the character and stylistic peculiarities of each dance, studies in detail holds, postures, body tilts, etc.

**Course Content:****Lecture topics;**

Methods of training , physical training, correct posture and economical movement, forms of training, teaching methods in schools and clubs of sports dance, Step swing, Dance and stage

**Exercise;**

Stage development on the five standard or five Latin American dances.

**Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance and completion of assignments.

**METHODOLOGY OF TEACHING  
CHARACTER DANCE - Part I**

**ECTS credits:** 5.00

**Semester:** V

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Senior Associate Dr. Julia Romeova Yordanova,

Department of Choreography

Tel: +359 73 588 533, E-mail art@swu.bg

**Annotation:**

The course in the exercise and methodology of teaching character dance is aimed at mastering the methodological approaches and laws of dance training. Mastery of the didactic principles of the methodological distribution of teaching material and the specifics of their application in specific cases, taking into account the age groups in collectives and educational institutions.

**Course Content:**

In the lecture course, students are introduced to the history of Hungarian, Spanish and Greek folk dances and how dance movements and combinations are described. They study the didactic principles of the methodological distribution of the teaching material and the specificity of their application in concrete cases, taking into account the age groups in the collectives and educational institutions.

In the exercises, students learn basic movements from Hungarian and Spanish folk dances and create exercises for the loom, dance combinations for the middle and diagonal rotations in the character of the national dances studied.

**Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## **HISTORICAL DANCES**

**ECTS credits: 2.5****Semester: VI****Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Senior Associate Dr. Julia Romeova Yordanova,

Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)**Annotation:**

The Historical Dance course is aimed at introducing students to the court dance culture of the 12th to 19th centuries, learning the style and character of the dances defined by the artistic and stylistic trends of the era.

**Course Content:**

In the exercises, students learn the basic movements of "minuet", "gavotte" and "polonaise". They study sample dance compositions of the three dances and create their own original compositions of one dance from the studied era according to the assignment from the teacher.

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarization and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students complete two review papers during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## **FOLK TANGO**

**ECTS credits: 2,5****Weekly timetable: 0l+0su+0lu+1pu+p****Form of knowledge testing: exam****Type of examination:**

practical

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Principal Associate Dr. Julia Romeova Yordanova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Folkloric Tango" is aimed at mastering the basic (Beisca) figure material and the problems related to learning the studied dance. Practical exercises reveal the specific features of performance technique, examine the character and stylistic features of the dance, learn in detail, holds, poses, body tilts, supports, etc.

**Course Content:**

**Exercise;**

Learning a tango dance combination - independently. Learning

tango dance combination - couple.

Study of a dance composition by several dance couples

**Learning Technology and Assessment:**

The practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance and completion of assignments.

## **MERENGUE, BACHATA**

**ECTS credits: 2.5**

**Weekly timetable:** 0l+0su+0lu+1pu+p

**Form of knowledge testing: exam**

**Type of examination:**

practical **Semester: V**

**Methodological guidance:**

Department of Choreography

Faculty of Arts

**Speakers:**

Prof. Simeon Stefanov, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Merengue, Bachata" is aimed at mastering the basic (beis) figure material and the problems associated with learning each of the Latin American dances.

Practical exercises reveal the specific features of the technique of performance, examine the character and stylistic features of the dances, learn in detail, holds, postures, body tilts, supports, etc.

**Course Content:****Exercise;**

Learn Merengue dance combination - independently. Learning Merengue dance

combination - dance couple. Learning a dance combination of Merengue by

several dance couples Learning a dance combination of Bachata - alone.

Explore Bachata dance combination - dance couple. Study of Bachata dance

composition by several dance couples

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarizing and reviewing, presenting and analyzing the self-completed tasks, consolidating knowledge. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance and completion of assignments.

**COMPOSITION OF MODERN DANCE**

**ECTS credits: 5,0**

**Weekly timetable: 0l+0su+0lu+2pu+p**

**Form of knowledge testing: exam**

**Type of examination: practical**

**Semester: VI**

**Methodological guidance:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography  
Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to and learn basic techniques in composing their own combinations based on movements from the field of modern dance. *The course aims to:*

- To introduce students to the laws of performance and the requirements for combining individual movements
- To prepare them for their proper presentation to their future dance school students.
- Develops in students:
  - a) imaginative artistic, rhythmic and plastic thinking b) creative imagination
  - (c) visual memory

**Course Content:**

The course includes compositions on given themes from the field of modern dance for beginners. As well as the development of two dances, one in 2/4, the other in 3/4, which should include the movements learned in previous years in the field of modern dance, realized with a minimum of four participants.

**Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## CLASSICAL DANCE COMPOSITION

**ECTS credits: 5,0**

**Weekly timetable:** 0l+0su+0lu+2pu+p

**Form of knowledge testing: exam**

**Type of examination:** practical

**Semester: VI**

**Methodological guide:**

Department of Choreography  
Faculty of Arts

**Speakers:**

Senior Associate Dr. Julia Romeova Yordanova, Department of Choreography  
Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to and learn basic techniques in composing their own combinations based on movements from the field of classical dance. *The course aims to:*

- To introduce students to the laws of performance and the requirements for combining individual movements

- To prepare them for their proper presentation to their future dance school students.
- Develops in students:
  - a) imaginative artistic, rhythmic and plastic thinking b)
  - creative imagination
  - (c) visual memory

### **Course Content:**

The course includes compositions on given themes from the field of classical dance for beginners. As well as the development of two dances, one in 2/4, the other in 3/4, to include the movements learned in previous years in the field of classical dance, realized with a minimum of four participants.

### **Learning Technology and Assessment:**

The lecture course and practical exercises include the following components: introduction of new information, summary and review, presentation and analysis of self-completed tasks, consolidation of knowledge through a variety of activities. Students take two quizzes during the semester. The requirements for semester completion are regular class attendance, completion of assignments.

## **SPORTS DANCE COMPOSITION - FOREPLAY**

**ECTS credits:** 5.0

**Weekly timetable:** 0l+0su+0lu+2pu+p

**Form of knowledge assessment:** exam

**Type of examination:**

practical **Semester:** VI

### **Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Hon. Pres. Silvana Handjiyska, Cat. Choreography Tel:

073588501, E-mail: [mgmalamova@swu.bg](mailto:mgmalamova@swu.bg) **Annotation:**

The discipline "Formation Sports Dance" aims to stimulate creative thinking in students. The course consists in the construction of own dance composition (formwork ) for eight dance couples on three, four or five dances The discipline introduces students to the principles, features and problems associated with the development and realization of mass sports dance. Students learn teamwork skills, with the best work presented on stage.

### **Course Content:**



**Exercises:** dance composition (mix formation) of minimum three and maximum five dances of one type - standard or Latin American dance (student's choice) for eight dance couples

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarizing and reviewing, presenting and analyzing the self-completed tasks, consolidating knowledge. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance and completion of assignments.

## **MUSIC-STAGE GENRES**

**ECTS credits: 3,0**

**Weekly timetable:** 2l+0su+0lu+0pu+p

**Form of knowledge testing:** exam

**Type of examination:** written

**Semester: VI**

**Methodological guide:**

Department of Music

Faculty of Arts **Lecturers:**

Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

This course is designed to introduce students to the distinctive features of the central musical theatre genres: opera, ballet, operetta, and musical. The development of the respective music-stage genre is analyzed - its creation, subsequent modifications, contemporary status, as well as reference works-samples. The goal is for students to learn to guess and comment on prevailing compositional, directorial, and choreographic techniques. To assist students in their orientation to contemporary mixed musical-stage forms, where genre blending is not uncommon - a work thought of as a musical is realized as an opera or operetta; ballet works include speech, vocal, and musical effects, etc. Such genre blending is particularly characteristic of the transition to the new millennium, and special attention will be paid to this fact in the course.

**Course Content:**

The material is divided into four sections - Opera; Ballet; Operetta; Musical. Each section contains five topics which include:

1. Forerunners of the genre.
2. First significant examples in the genre.
3. Development and establishment of the genre. Significant examples.
4. Basic styles. Representatives.
5. Establishment of the genre in Bulgaria. Specifics.

**Learning Technology and Assessment:**

The lecture course includes the following components: introduction of new information, presentation and analysis of the works and video recordings, consolidation of knowledge, summaries and review. Students take two quizzes during the semester. The requirements for the semester endorsement are regular class attendance, completion of assignments.

**Salsa, Mambo****ECTS credits: 2.5****Weekly timetable: 0l+0u+0lu+1pu+p Form of****knowledge assessment: current assessment****Type of examination:**practical **Semester: VI****Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Hon prep. Simeon Stefanov, Cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)**Annotation:**

The discipline "Salsa, Mambo" is aimed at mastering the basic (beis) figure material and the problems associated with learning each of the dances.

Practical exercises reveal the specific features of the performance technique, examine the character and style peculiarities, learn in detail, holds, postures, body tilts, supports, etc.

**Course Content:****Exercise;**

Mastering basic dance movements from Salsa, alone Mastering basic dance movements from Salsa in a dance pair Understanding a composition of several dance pairs - Salsa Mastering basic dance movements from Mambo, alone Mastering basic dance movements from Mambo, in a dance pair Understanding a composition of several dance pairs Mambo

**Technology of training and evaluation:**

Practical exercises include the following components: introduction of new information, summarizing and reviewing, presenting and analyzing the self-completed tasks, consolidating knowledge. Students take two quizzes during the semester.

The requirements for semester completion are regular class attendance and completion of assignments.

## **Rock 'n' Roll, Boogie Boogie, Swing**

**ECTS credits: 2.5**

**Weekly timetable: 01+0u+0lu+1pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: VI**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Hon prep. Simeon Stefanov, Cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Rock`en Roll, Boogie - Boogie, Swing" is aimed at mastering the basic (beisk) figure material and the problems associated with learning each of the dances.

Practical exercises reveal the specific features of the performance technique, examine the character and style peculiarities, learn in detail, holds, postures, body tilts, supports, etc.

**Course Content:**

**Exercise;**

Mastering basic dance movements from Rock`en Roll, alone Mastering basic dance movements from Rock`en Roll in a dance pair Understanding the composition of several dance pairs - Rock`en Roll Mastering basic dance movements from Boogie - Boogie alone Mastering basic dance movements from Boogie - Boogie, in a dance couple Learning a composition of several dance couples Boogie - Boogie Learning basic dance movements from Swing, alone Learning basic dance movements from, Swing in a dance couple Learning a composition of several dance couples Swing

**Learning Technology and Assessment:**

Practical exercises include the following components: introduction of new information, summarizing and reviewing, presenting and analyzing the self-completed tasks, consolidating knowledge. Students take two quizzes during the semester. The requirements for completion of the semester are regular class attendance and completion of assignments.

## **BULGARIAN FOLK DANCES - Part I**

**ECTS credits: 2.5**

**Weekly timetable: 1l+0su+0lu+2pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

As. dr Plamena Moralieva cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Bulgarian Folk Dances" contains an overview of Bulgarian dance folklore. Historical information about Bulgarian folk dances is given. Folk dance patterns from all ethnographic areas are studied in order to become familiar with the style and character of performance.

**Course Content:**

**The lecture course** includes topics from the fields of Bulgarian ethnochoreology.

**In the exercises**, students master various examples of Bulgarian dance folklore.

**Learning Technology and Assessment:**

Half of the credit is gained from classroom employment and the other half is gained from extra-curricular employment (ECE)independent work.

## **BULGARIAN FOLK DANCES - Part II**

**ECTS credits: 2.5**

**Weekly timetable: 0l+0su+0lu+2pu+p Form**

**of knowledge testing: exam**

**Type of**

**examination: practical**

**Semester: II**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

As. dr Plamena Moralieva cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Bulgarian Folk Dances"- Part II contains an overview of Bulgarian dance folklore. Historical information about Bulgarian folk dances is given. Folk dance samples from all ethnographic areas are

studied in order to become familiar with the style and character of performance. Students present and perform authentic dance samples.

**Course Content:**

**In the exercises**, students master various examples of Bulgarian dance folklore.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and 1.5 credits are earned from extra-curricular employment (ECE)independent work.

### **BULGARIAN FOLK DANCES - Part III**

**ECTS credits: 2.0**

**Weekly timetable:** 0l+0su+0lu+2pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: III**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

As. dr Plamena Moralieva cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Bulgarian Folk Dances" contains an overview of Bulgarian dance folklore. Historical information about Bulgarian folk dances is given. Folk dance patterns from all ethnographic areas are studied in order to become familiar with the style and character of performance.

**Course Content:**

**In the exercises**, students master various examples of Bulgarian dance folklore.

**Learning Technology and Assessment:**

Half of the credit is gained from classroom employment and the other half is gained from extra-curricular employment (ECE)independent work.

### **BULGARIAN FOLK DANCES - Part IV**

**ECTS credits: 2.5**

**Weekly timetable:** 0l+0su+0lu+2pu+p **Form**

**of knowledge testing: exam**

**Type of examination:** practical

**Semester: IV**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

As. dr Plamena Moralieva cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Bulgarian Folk Dances"-IV contains an overview of Bulgarian dance folklore. Historical information about Bulgarian folk dances is given. Folk dance patterns from all ethnographic areas are studied in

order to become familiar with the style and character of performance. Students present and perform authentic dance samples.

**Course Content:**

**In the exercises,** students master various examples of Bulgarian dance folklore.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and 1.5 credits are earned from extra-curricular employment (ECE)independent work.

**HISTORY OF BULGARIAN CHOREOGRAPHY**

**ECTS credits: 2.0**

**Weekly timetable:**2l+0su+0lu+0pu+p **Form**

**of knowledge assessment: exam**

**Type of examination:** practical

**Semester: IV**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Nikolay Tsvetkov Cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The History of Bulgarian Choreography course aims to introduce students to the historical development, achievements of Bulgarian folk choreography, its place and contribution in the national cultural treasury, as well as to the most prominent names of Bulgarian choreographers who have contributed with their work to elevate the role and importance of Bulgarian choreography in the cultural life of the country.

**Course Content:**

The lecture course is carried out in the traditional way, supported by choreographic examples Assignments are given independent work or teamwork in the extra-curricular activities. they master various examples of Bulgarian dance folklore.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and one credit is earned from extra-curricular employment (ECE)independent work.

**CONTACT IMPROVISATION 1 PART**

**ECTS credits: 3.0**

**Weekly timetable:**1l+0su+0lu+2pu+p **Form**

**of knowledge testing: exam**

**Type of examination:** practical

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to and learn basic techniques in improvisation with a partner and group. Various dance styles are used - classical, folk, contemporary, etc.

**Course Content:**

The lecture course is delivered in the traditional manner, supported by choreographic examples To introduce students to the importance of contact in dance, partnering, and the importance of improvisation in developing the imagination of the dancer and choreographer. In this practical course, students are introduced to the rules of partnering in duet dance and in a group regardless of the dance style used. They develop choreographic skills in staging group choreographies and in partnering. Build professional teaching skills in the discipline and method of contact and improvisation.

**Learning Technology and Assessment:**

Half of the credits are gained from classroom employment and the other half from extra-curricular employment (ECE)independent work.

**CONTACT IMPROVISATION 2 PART****ECTS credits: 3.0****Weekly timetable:** 1l+0su+0lu+2pu+p **Form****of knowledge assessment: exam****Type of examination:** practical**Semester: VI****Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)**Annotation:**

Students are introduced to and learn basic techniques in improvisation with a partner and group. Various dance styles are used - classical, folk, contemporary, etc.

**Course Content:**

The lecture course is delivered in the traditional manner, supported by choreographic examples To introduce students to the importance of contact in dance, partnering, and the importance of improvisation in developing the imagination of the dancer and choreographer. In this practical course, students are introduced to the rules of partnering in duet dance and in a group regardless of the dance style used. They develop choreographic skills in staging group choreographies and in partnering. Build professional teaching skills in the discipline and method of contact and improvisation.

**Learning Technology and Assessment:**

Half of the credits are gained from classroom employment and the other half from extra-curricular employment (ECE)independent work.

**DANCE THEATRE 1 PART****ECTS credits: 3.0****Weekly timetable:** 1l+0su+0lu+2pu+p **Form****of knowledge assessment: current assessment****Type of****examination:** practical**Semester: V****Methodological guide:**

Department of Choreography

**Faculty of Arts Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to the principles of dance theatre - the role of text and the importance of choreography. They learn plastic patterns through the use of different dance styles - classical, folk, contemporary, etc. They learn about the role of music in dance theatre as an equal partner to dramaturgy.

**Course Content:**

Mastering the theoretical material from the lecture course - history and theory of the genre. Build professional skills for teaching the discipline of dance theatre.

**Learning Technology and Assessment:**

Half of the credits are gained from classroom employment and the other half from extra-curricular employment (ECE)independent work.

## **DANCE THEATRE 2 PART**

**ECTS credits: 3.0**

**Weekly timetable:** 1l+0su+0lu+2pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to the principles of dance theatre - the role of text and the importance of choreography. They learn plastic patterns through the use of different dance styles - classical, folk, contemporary, etc. They learn about the role of music in dance theatre as an equal partner to dramaturgy.

**Course Content:**

Mastering the theoretical material from the lecture course - history and theory of the genre. Build professional skills for teaching the discipline of dance theatre.

**Learning Technology and Assessment:**

Half of the credits are gained from classroom employment and the other half from extra-curricular employment (ECE)independent work.

## **ART DESIGN OF A PERFORMANCE**

**ECTS credits: 4.0**

**Weekly timetable:** 1l+0su+0lu+0pu+p **Form**

**of knowledge assessment: exam**

**Type of examination:** practical

**Semester: VII**



**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline aims to introduce students to the scenography of the performance in the different stage genres, as well as to the development of the artistic design of the performances in the different eras, as well as to the history of stage costume, lighting, stage architecture. The acquired culture in this respect will contribute to the development of the field into future artists / dancers, choreographers, etc./.

**Course Content:**

The discipline is related to the introduction of students to the creation, development and significance of costume and accessories in different eras of human history and the acquisition of practical skills in shaping the look in achieving and building the stage image. The practical part of it is carried out with the realization of a particular character, through illustrated video films, albums, etc.

**Learning Technology and Assessment:**

One credit is accumulated from classroom employment and the remaining 3 credits from extra-curricular employment (ECE)independent work.

**Costume and accessories**

**ECTS credits: 2.0**

**Weekly timetable:** 1l+0su+0lu+0pu+p **Form**

**of knowledge assessment: exam**

**Type of examination:** practical

**Semester: VII**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Principal asst. Milka Alexandrova

**Annotation:**

The discipline aims to introduce students to the stylistic guidelines of the different eras in the history of costume in the re-creation of individual characters and images. The knowledge gained is applied in their preparation for various roles in stage productions as well as television and film.

**Course Content:**

Students gain a theoretical knowledge of costume in the relevant era. The aim is also to broaden the knowledge of stylistic features in this area. Mastery of the material and subject matter required in the creation of characters and their further construction

**Learning Technology and Assessment:**

Half of the credit is accumulated from classroom work and the remaining 1.5 credits from extra-curricular activities (ECA).

**BULGARIAN EXERCISE 1 PART**

**ECTS credits: 1.0**

**Weekly timetable:** 1l+0su+0lu+0pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

As. dr Plamena Moralieva cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to the essence of the Bulgarian exercise and the principles of its construction. They gain knowledge about the goals and objectives of each of the exercises that make up the exercise and their place in the overall complex of training work. They practically master the technique of performing various exercises of the Bulgarian dance exercise, which is created on the basis of dances from all ethnographic areas.

**Course Content:**

The course consists of exercises and independent extra-curricular work of the students. Students master the style, character, technical and artistic features of performing dance exercises.

**Learning Technology and Assessment:**

Half of the credit is accumulated from classroom work and the remaining 0.5 credits from extracurricular activities (ECA).

## MUSICAL INSTRUMENT 1 PART

**ECTS credits: 1.0**

**Weekly timetable:** 0l+0u+0lu+1pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Assoc.Prof. Stefan Yordanov Cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Through the discipline, the basic practical skills and dexterity necessary for students to perform light pieces with a dance character are formed. The gradual mastery of the basic technologies will allow students to freely interpret the artistic material, in harmony with the conceptual content of the works.

**Course Content:**

The discipline forms performance skills and abilities at a level conducive to the free, artistic performance of musical material.

**Learning Technology and Assessment:**

Half of the credit is accumulated from classroom work and the remaining 0.5 credits from extracurricular activities (ECA).

## MUSICAL INSTRUMENT 2 PART

**ECTS credits: 1.0**

**Weekly timetable:** 0l+0su+0lu+1pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Assoc.Prof. Stefan Yordanov Cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Through the discipline, the basic practical skills and dexterity necessary for students to perform light pieces with a dance character are formed. The gradual mastery of the basic technologies will allow students to freely interpret the artistic material, in harmony with the conceptual content of the works.

**Course Content:**

The discipline forms performance skills and abilities at a level conducive to the free, artistic performance of musical material.

**Learning Technology and Assessment:**

Half of the credit is accumulated from classroom work and the remaining 0.5 credits from extracurricular activities (ECA).

## INTRODUCTION TO PANTOMIME

**ECTS credits: 2.0**

**Weekly timetable:** 1l+0u+0lu+1pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The course "INTRODUCTION TO PANTOMIME" is designed to offer students the study of gestures to concretize certain actions; opportunities to work with an armed partner - subject, etc. Students are introduced to and learn basic techniques in pantomime that would be useful in subsequent story enactments based on movements from the field of classical and modern dance.

**Course Content:**

The course consists of exercises and independent extra-curricular work of the students.

**Learning Technology and Assessment:**

Half of the credits are gained from classroom employment and the rest from extra-curricular employment (ECE)independent work.

## FOREIGN LANGUAGE PART 1

**ECTS credits: 2.0**

**Weekly timetable: 0l+0su+0lu+1pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

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Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The aim of the intensive specialised English language training is to achieve the level of language proficiency practically necessary for academic and professional activities. The emphasis is on improving language skills - reading, listening, writing and speaking.

**Course Content:**

The teaching material is divided into three modules. In the first training module, the level of language proficiency of the groups is equalized by applying the method of intensive accumulation of vocabulary-grammar material and correcting gaps. In the second module, the actual preparation begins at Intermediate level and continues until the end of the language course using the Headway system or another modern effective learning system accessible to the teacher and students. The third module focuses on the pragmatics of language learning according to the core functional areas of the major.

**Learning Technology and Assessment:**

Half credit is earned from classroom employment and the remainder from extra-curricular employment (ECE)independent work.

## **FOREIGN LANGUAGE PART 2**

**ECTS credits: 2.0**

**Weekly timetable: 0l+0u+0lu+1pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

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Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The aim of the intensive specialised English language training is to achieve the level of language proficiency practically necessary for academic and professional activities. The emphasis is on improving language skills - reading, listening, writing and speaking.

**Course Content:**

The teaching material is divided into three modules. In the first training module, the level of language proficiency

of the groups is equalized by applying the method of intensive accumulation of vocabulary-grammar material and correcting gaps. In the second module, the actual preparation begins at Intermediate level and continues until the end of the language course using the Headway system or another modern effective learning system accessible to the teacher and students. In the third module, the pragmatics of language learning are emphasized according to the core functional areas of the major.

**Learning Technology and Assessment:**

Half credit is earned from classroom employment and the remainder from extra-curricular employment (ECE)independent work.

### FOREIGN LANGUAGE PART 3

**ECTS credits: 2.0**

**Weekly timetable:**0l+0u+0lu+1pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

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Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The aim of the intensive specialised English language training is to achieve the level of language proficiency practically necessary for academic and professional activities. The emphasis is on improving language skills - reading, listening, writing and speaking.

**Course Content:**

The teaching material is divided into three modules. In the first training module, the level of language proficiency of the groups is equalized by applying the method of intensive accumulation of vocabulary-grammar material and correcting gaps. In the second module, the actual preparation begins at Intermediate level and continues until the end of the language course using the Headway system or another modern effective learning system accessible to the teacher and students. The third module focuses on the pragmatics of language learning according to the core functional areas of the major.

**Learning Technology and Assessment:**

Half credit is earned from classroom employment and the remainder from extra-curricular employment (ECE)independent work.

### FOREIGN LANGUAGE 4 PART

**ECTS credits: 2.0**

**Weekly timetable:**0l+0su+0lu+1pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

.....

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The aim of the intensive specialised English language training is to achieve the level of language proficiency practically necessary for academic and professional activities. The emphasis is on improving language skills - reading, listening, writing and speaking.

**Course Content:**

The teaching material is divided into three modules. In the first training module, the level of language proficiency of the groups is equalized by applying the method of intensive accumulation of vocabulary-grammar material and correcting gaps. In the second module, the actual preparation begins at Intermediate level and continues until the end of the language course using the Headway system or another modern effective learning system accessible to the teacher and students. The third module focuses on the pragmatics of language learning according to the core functional areas of the major.

**Learning Technology and Assessment:**

Half credit is earned from classroom employment and the remainder from extra-curricular employment (ECE)independent work.

**ENSEMBLE 1 PART**

**ECTS credits: 4.0**

**Weekly timetable:0l+0su+0lu+2pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Through a specially selected repertoire students are prepared for concert and stage performances .Their creative , artistic and technical abilities are optimally developed. The course is aimed at revealing the basic laws and principles of choreographic composition and their application in practice. The dramaturgical -small and large , thematic and narrative- forms of dance are practically mastered and creatively solved. The course includes performances of mass divertissement dances from the works of prominent Bulgarian choreographers; teachers; students and samples of authentic folklore from all regions of the country

**Course Content:**

The students will be practically acquainted with the brightest works of the creativity of prominent Bulgarian choreographers and examples of dance folklore from all ethnographic regions of the country. Performances are also given in classical, character and sport dances. The best student choreographic works also find a place in the ensemble's program.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.

**ENSEMBLE 2 PART**

**ECTS credits: 4.0**

**Weekly timetable: 0l+0su+0lu+2pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: I I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Through a specially selected repertoire students are prepared for concert and stage performances. Their creative, artistic and technical abilities are optimally developed. The course is aimed at revealing the basic laws and principles of choreographic composition and their application in practice. The dramaturgical -small and large, thematic and narrative- forms of dance are practically mastered and creatively solved. The course includes performances of mass divertissement dances from the work of outstanding Bulgarian choreographers; teachers; students and samples of authentic folklore from all regions of the country.

**Course Content:**

The students will be practically acquainted with the brightest works of the creativity of prominent Bulgarian choreographers and examples of dance folklore from all ethnographic regions of the country. Performances are also given in classical, character and sport dances. The best student choreographic works also find a place in the ensemble's program.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.

### **ENSEMBLE 3 PART**

**ECTS credits: 4.0**

**Weekly timetable: 0l+0su+0lu+2pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: I I I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Through a specially selected repertoire students are prepared for concert and stage performances. Their creative, artistic and technical abilities are optimally developed. The course is aimed at revealing the basic laws and principles of choreographic composition and their application in practice. The dramaturgical -small and large, thematic and narrative- forms of dance are practically mastered and creatively solved. The course includes performances of mass divertissement dances from the work of outstanding Bulgarian choreographers; teachers; students and samples of authentic folklore from all regions of the country.

**Course Content:**

The students will be practically acquainted with the brightest works of the creativity of prominent Bulgarian choreographers and examples of dance folklore from all ethnographic regions of the country. Performances are also given in classical, character and sport dances. The best student choreographic works also find a place in the ensemble's program.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.



## ENSEMBLE 4 PART

**ECTS credits: 4.0**

**Weekly timetable:** 0l+0su+0lu+2pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: IV**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Through a specially selected repertoire students are prepared for concert and stage performances. Their creative, artistic and technical abilities are optimally developed. The course is aimed at revealing the basic laws and principles of choreographic composition and their application in practice. The dramaturgical -small and large, thematic and narrative- forms of dance are practically mastered and creatively solved. The course includes performances of mass divertissement dances from the work of prominent Bulgarian choreographers; teachers; students and samples of authentic folklore from all regions of the country.

**Course Content:**

The students will be practically acquainted with the brightest works of the creativity of prominent Bulgarian choreographers and examples of dance folklore from all ethnographic regions of the country. There are also performances of classical, character and sports dances. The best student choreographic works also find a place in the ensemble's program.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.

## BULGARIAN ETHNOGRAPHY 1 PART

**ECTS credits: 2.0**

**Weekly timetable:** 2l+0su+0lu+0pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Prof. Nikolay Tsvetkov

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Bulgarian Ethnography - Part I offers a basic overview of the theoretical problems and history of Bulgarian ethnography. It studies the ethnogenesis and development of traditional Bulgarian socio-normative and material culture.

**Course Content:**

Students should acquire basic knowledge about Bulgarian ethnography, about the processes of cultural and historical layering in Bulgarian folk culture, which will serve them in their overall development as specialists -

choreographers.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.

**BULGARIAN ETHNOGRAPHY PART 2**

**ECTS credits: 2.0**

**Weekly timetable:**2l+0su+0lu+0pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: II**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Prof. Nikolay Tsvetkov, Cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Bulgarian Ethnography II offers a basic overview of the Bulgarian folk outlook, the customary and festive system of the Bulgarians and Bulgarian folk art.

**Course Content:**

Students should acquire basic knowledge about Bulgarian ethnography, about the processes of cultural and historical layering in Bulgarian folk culture, which will serve them in their overall development as specialists - choreographers.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.

**ARTISTIC GYMNASTICS**

**ECTS credits: 2.0**

**Weekly timetable:** 0l+0su+0lu+2pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Senior Associate Dr. Julia Romeova Yordanova,

Department of Choreography

**Annotation:**

The discipline of Artistic Gymnastics aims to develop the physical qualities of students-flexibility, plasticity, strength, endurance and gymnastic techniques. By studying this discipline, students' bodies are prepared for the exertion required in classical dance, modern dance, character dance, musicals, and more.

**Course Content:**

The course is made up of exercises and independent work outside the classroom.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from out-of-classroom employment

(IAA)independent work.

## MUSIC THEORY PART 1

**ECTS credits: 2.0**

**Weekly timetable: 1l+0su+0lu+1pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: I**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Chief Asst. Dr. Stefan Yordanov, Department of Choreography

Tel: +359 73 588 533, E-mail art@swu.bg

**Annotation:**

In the Music Theory lecture course in the first semester, students develop skills in the performance and analysis of diatonic and chromatic whole tones and semitones, intervals, metre, rhythm, and tempo by developing various patterns. In the practical exercises of Solfège, students consolidate these skills and knowledge through various musical activities..

**Course Content:**

The course consists of lectures, practical exercises and independent extra-curricular work of the students.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment

(ECE)independent work.

## MUSIC THEORY PART 2

**ECTS credits: 2.0**

**Weekly timetable: 1l+0u+0lu+1pu+p Form**

**of knowledge assessment: current assessment**

**Type of**

**examination: practical**

**Semester: II**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

Chief Asst. Dr. Stefan Yordanov, Department of

Choreography

Tel: +359 73 588 533, E-mail art@swu.bg

**Annotation:**

In the lecture course Music Theory - Part II, which is studied in the second semester, students gain knowledge about metre, rhythm and dynamics in music. In the practical exercises, students develop the skills to perform, analyse and record metre, rhythm and dynamics in music in equal and unequal dimensions through various musical activities.

**Course Content:**

The course consists of lectures, practical exercises and independent extra-curricular work of the students. The lecture course is delivered in the traditional way, supported by examples. Assignments are given for independent

work or teamwork in extra-curricular activities.

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.

**BULGARIAN EXERSICE 2 PART**

**ECTS credits: 1.0**

**Weekly timetable:**1l+0su+0lu+0pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: I I**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

As. dr Plamena Moralieva cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The students get acquainted with the essence of the Bulgarian Exersize and the principles of its construction. They gain knowledge about the goals and objectives of each of the exercises that make up the exercise and their place in the overall complex of training work. They practically master the technique of performing various exercises of the Bulgarian dance exersis, which is created on the basis of dances from all ethnographic areas.

**Course Content:**

The course is made up of exercises and independent extra-curricular work of the students.

**Learning Technology and Assessment:**

Half of the credit is accumulated from classroom work and the remaining 0.5 credits from extracurricular activities (ECA).

**BULGARIAN EXERSICE 3 PART**

**ECTS credits: 2.0**

**Weekly timetable:**0l+0su+0lu+2pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: III**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

As. dr Plamena Moralieva cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The students get acquainted with the essence of the Bulgarian Exersize and the principles of its construction. They gain knowledge about the goals and objectives of each of the exercises that make up the exercise and their place in the overall complex of training work. They practically master the technique of performing various exercises of the Bulgarian dance exersis, which is created on the basis of dances from all ethnographic areas. They compose exercises on the loom, middle, diagonals and dance combinations.

**Course Content:**

The course consists of exercises and independent extra-curricular work of the students. Practical exercises - duration 30 hours

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.

**BULGARIAN EXERSICE 4 PART**

**ECTS credits: 2.0**

**Weekly timetable:**0l+0su+0lu+2pu+p **Form**

**of knowledge assessment: current assessment** **Type of examination:** practical

**Semester: IV**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

As. dr Plamena Moralieva cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The students get acquainted with the essence of the Bulgarian Exersize and the principles of its construction. They gain knowledge about the goals and objectives of each of the exercises that make up the exercise and their place in the overall complex of training work. They practically master the technique of performing various exercises of the Bulgarian dance exersis, which is created on the basis of dances from all ethnographic areas. They compose exercises on the loom, middle, diagonals and dance combinations.

**Course Content:**

The course consists of exercises and independent extra-curricular work of the students. Practical exercises - duration 30 hours

**Learning Technology and Assessment:**

One credit is earned from classroom employment and the rest from extra-curricular employment (ECE)independent work.

**ANATOMY AND PHYSIOLOGY OF MAN** /missing program/

**ECTS credits: 2.0**

**Weekly timetable:**2l+0su+0lu+0pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: II**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

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Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

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**Course Content:**

**Learning Technology and Assessment:**

Half of the credit is accumulated from classroom work and the remaining 0.5 credits from extracurricular activities (ECA).

**STAGE ACROBATICS****ECTS credits: 2.0****Weekly timetable:** 0l+0su+0lu+2pu+p **Form****of knowledge assessment: current assessment****Type of****examination:** practical**Semester: I I****Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)**Annotation:**

The Stage Acrobatics discipline aims to offer students the improvement of movement culture dynamics and behavior on stage, through acrobatic movements that concretize certain actions. Opportunities to work with more attractive stage acrobatic movements with a partner or object, etc. Students are introduced to and learn basic movement, coordination and coordination actions, activities and movements in stage acrobatics.

**Course Content:**

Falls, rises, rolls from different surfaces and with different props. Front and back balls, wall jump, partner jump, front handstands. Front, back, side cartwheels, knife attack or other props

The course is made up of exercises and independent work outside the classroom. Practical exercises - duration 30 hours.

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

**Acting****ECTS credits: 2.0****Weekly timetable:** 1l+0su+0lu+1pu+p **Form****of knowledge assessment: current assessment****Type of****examination:** practical**Semester: III****Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Silvina Vladova, Asst. Victoria Boyadjieva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)**Annotation:**

The study of the discipline provides opportunities to build theoretical and practical knowledge and skills in the field of acting. Students can acquire relevant practical skills related to mastering organic and purposeful stage action and interaction, building stage confidence. On the basis of specific stage tasks (acting studies) students hone the acquired skills in order to achieve an artistic and impactful performance.

**Course Content:**

**In the lecture course** students are introduced to the essential characteristics of theatre art and acting, to the basic principles of the system of K. C. Stanislavsky and the method of action analysis.

**In the exercises**, students master various elements of acting psychotechnics, as well as practical skills for acting from the position of "I" and "He" in the proposed circumstances.

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

## **Children's dances and games**

**ECTS credits: 2.0**

**Weekly timetable:** 1l+0u+0lu+1pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: III**

**Methodological guide:**

Department of Choreography

Faculty of Arts **Lecturers:**

ace. Victoria Boyadjieva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The discipline "Children's dances and games"-, contains an overview of children's dance folklore. Folklore specimens from all ethnographic areas are studied in order to become familiar with the style, character and peculiarities in the performance of children's dances and games. Students make their own developments of children's dances and games.

**Course Content:**

Practical learning of dance patterns from different regions of the country. Stage development of children's dances and games.

**Learning Technology and Assessment:**

Practical exercises - duration 15 hours. Regular attendance in class and activity during practical classes (on pre-set tasks) is required. Following the methodology and technology developed and demonstrated in the practical classes , prepare independently for the control work ( K1 and K2)

## **HISTORY OF ART**

**ECTS credits: 2.0**

**Weekly timetable:** 2l+0su+0lu+0pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: III**

**Methodological guide:**

Department of Choreography

Faculty of Arts Lecturers:

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Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

It forms a certain system of knowledge in the history of world art, as the proposed topics are selected in accordance with the chronology of the emergence and development of world art, and also in terms of introduction to different styles and approaches to analyzing the artistic image.

**The lecture course** studies the different periods of art history through brief historical data, selecting such works of art that illustrate the style of a given period and are suitable for the analysis and interpretation of specific artistic facts.

**The discipline aims to:**

To train students to recognize the stylistic features in the art of different periods, especially in painting, sculpture, architecture and the leading types of applied arts. This will enable students to orient themselves to the artistic qualities of the various objects with which they will come into contact.

**Course Content:**

Lectures on the main topics - duration 30 hours The lecture course is carried out in the traditional way, supported by choreographic examples. Assignments are given for independent work or teamwork in extra-curricular activities.

**Extra-curricular employment:** - 30 hours. By following the technology developed and demonstrated in the lectures, students prepare independently for the control work ( K1 and K2).

**Learning Technology and Assessment:**

Demonstrated in practical classes, prepare independently for control work( K1and K2

**RITUAL AND RITUAL SYMBOLISM**

**ECTS credits: 2.0**

**Weekly timetable:** 2l+0u+0lu+1pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: IV**

**Methodological guide:**

Department of Choreography

Faculty of Arts Lecturers:

Senior lecturer Dr. Danail Atanasov, Cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The course introduces students to the nature and basic characteristics of ritual folklore - collectivity, oral and immediate transmission, regionality, cyclicity, repetition, syncretism, syncretism, lack of specialisation of the artistic process.

**Course Content:**

**The lecture course** introduces students to the basic ritual cycles and ritual symbolism

Ritual cycles - calendar and family, work and holiday. Syncretism and syncretism of ritual folklore

**Learning Technology and Assessment:**



Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

## **DANCE GIRTH OF OBJECTS**

**ECTS credits: 2.0**

**Weekly timetable:**0l+0su+0lu+2pu+p **Form**

**of knowledge assessment: current assessment**

**Type of**

**examination:** practical

**Semester: IV**

**Methodological guide:**

Department of Choreography

Faculty of **Arts Lecturers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

### **Annotation:**

Dance circumambulation of objects such as sticks, poles, fabric, rope, elastic and any other objects is studied, in order to better coordinate the expansion and breaking of laid frames and stereotypes. But at first it is necessary to make the student familiar with them in a purely technical way, and subsequently dance objugation of objects such as chairs, tables and the above.

### **Course Content:**

Students are introduced to and learn basic techniques in dance objugation of objects and opportunities to compose their own combinations based on movements from the field of classical and modern dance.

### **Learning Technology and Assessment:**

### **Learning Technology and Assessment:**

Demonstrated in practical classes, prepare independently for control work( K1and K2)

## **. Hip Hop**

**ECTS credits: 2.5**

**Weekly timetable:=** 0l+0su+0lu+1pu+p

**Form of knowledge assessment: current assessment Type of examination:** practical

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

ace. Victoria Boyadjieva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The Hip Hop style is widely used in videos and on the concert stage as the more danceable variety of the break style. In addition to the acrobatic movements of break dancing, hip hop uses a variety of dance steps that are staged for larger groups of dancers. Hip hop develops a reflex for ensemble performance and a strong energetic presence in a community.

**Course Content:**

Individual presence in ensemble performance; imaginative playing with partner; creative attitude to space; true sense of the student's style and performance in art theory and history

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

## **Breakdance**

**ECTS credits: 2.5**

**Weekly timetable:=** 0l+0su+0lu+1pu+p

**Form of knowledge assessment: current assessment Type of examination:** practical

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Hon.Pr. Dobri Yanev

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Breakdance is a style widely used in videos and on the concert stage in combination with its more danceable variety, hip hop, as part of contemporary pop culture. Many commonalities can be found with martial arts. Develops creativity and improvisational skills in the contemporary aspect of the music scene.

**Course Content:**

Study of Indian step , Go down - optional, Sixstep CC, Toprock, Go down , Footwork, Powermoves, Freezes and development of a short dance incorporating moves learnt during the course.

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

## **TAI CHI - EASTERN MARTIAL DANCE TECHNIQUES**

**ECTS credits: 2.5**

**Weekly timetable:=** 0l+0su+0lu+1pu+p

**Form of knowledge assessment: current assessment Type of examination:** practical

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Hon. Rev. Ivanov

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Tai Chi Quan literally means "Fist of the Great Limit". Created in the 5th-6th centuries, eastern martial dance techniques of Tai Chi received great development in the 12th century and are still studied today. "Tai Chi has been given the name "Eastern martial dance techniques" because in ancient times warriors warmed up and prepared their bodies and minds with the Tai Chi technique, performing a ritual dance before battle.

**Course Content:**

Learning athletic and acrobatic qualities; creative imagination in improvisation; imagination in "battle" with partner; creative attitude to space and positioning of one's body within it; true sense of style and execution;

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

## **TAI CHI - EASTERN MARTIAL DANCE TECHNIQUES Part 2**

**ECTS credits: 2.5**

**Weekly timetable:=** 0l+0su+0lu+1pu+p

**Form of knowledge assessment: current assessment Type of examination:** practical

**Semester: VI**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Hon. Rev. Ivanov

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Tai Chi Quan literally means "Fist of the Great Limit". Created in the 5th-6th centuries, eastern martial dance techniques of Tai Chi received great development in the 12th century and are still studied today. "Tai Chi has been given the name "Eastern martial dance techniques" because in ancient times warriors warmed up and

prepared their bodies and minds with the Tai Chi technique, performing a ritual dance before battle.

**Course Content:**

Learning athletic and acrobatic qualities; creative imagination in improvisation; imagination in "battle" with partner; creative attitude to space and positioning of one's body within it; true sense of style and execution;

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

**RITMICS**

**ECTS credits: 2.5**

**Weekly timetable:= 0l+0su+0lu+1pu+p**

**Form of knowledge assessment: current assessment Type of examination: practical**

**Semester: V**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to and master the basic movements of pan ventriloquism as a contemporary form of group experience, conveying emotion and mood. Students learn the principles of teaching pan venture for beginners. In the process, students develop the skills to combine in individual exercises of movement - with music - with the lyrics of the song - with nature as an environment and attitude - with the group.

**Course Content:**

**In the exercises**, students are introduced to the basic requirements for the performance of the movements studied - possible errors and mandatory conditions for the proper mastering of the movements. They master the system of teaching the basic elements of the exercises in panneurhythmy in three directions - body movements, expression of attitude to the natural environment and synchronization of movements in a group. They learn how and in what sequence to present the taught material so that it is absorbed as well as possible.

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

**RITMICS 2 part**

**ECTS credits: 2.5**

**Weekly timetable:= 0l+0su+0lu+1pu+p**

**Form of knowledge assessment: current assessment Type of examination: practical**

**Semester: VI**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Prof. Dr. Silvina Vladova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Students are introduced to and master the basic movements of pan ventriloquism as a contemporary form of group experience, conveying emotion and mood. Students learn the principles of teaching pan venture for beginners. In the process, students develop the skills to combine in individual exercises of movement - with music - with the lyrics of the song - with nature as an environment and attitude - with the group.

**Course Content:**

**In the exercises**, students are introduced to the basic requirements for the performance of the movements studied - possible errors and mandatory conditions for the proper mastering of the movements. They master the system of teaching the basic elements of the exercises in panneurhythmy in three directions - body movements, expression of attitude to the natural environment and synchronization of movements in a group. They learn how and in what sequence to present the taught material so that it is absorbed as well as possible.

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

## **Belly dance**

**ECTS credits: 2.5**

**Weekly timetable:= 0l+0su+0lu+1pu+p**

**Form of knowledge assessment: current assessment Type of examination: practical**

**Semester: VI**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Boryana Dimitrova Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

**Belly dance**, which has gained wide popularity in Europe in recent years, is an ethnic dance of Arabic origin born in ancient Egypt. Many dance styles use movements similar to those of Belly dance and proper study of the style is necessary. This will lead to the professional application of elements of the

Belly Dance style or its original form for shows, videos, performances and concerts.

**Course Content:**

**In the exercises** - Students are introduced to the basics of Belly Dance technique - the style's characteristics and movements of the different body parts - hips, head, arms and **body**.

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

**DANCE STAGING FOR VIDEOS**

**ECTS credits: 4,0**

**Weekly timetable:= 0l+0su+0lu+1pu+p**

**Form of knowledge assessment: current assessment Type of examination: practical**

**Semester: VII**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Senior Associate Dr. Julia Romeova Yordanova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

Given the great popularity of videos and their role in presenting a song product as well as the role of choreography in them, there is a need for knowledge in this area. The importance and role of the choreographer in the creation of a video product is equivalent to the director's position in it.

The course aims to introduce students to the specifics of the set from the position of choreography (with all its constituent components).

**Course Content:**

**In Exercise** - Students experience the symbiosis between the different art forms; creative imagination in solo and group choreographies on set;

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

**STAGING OF DANCES FOR MUSICALS**

**ECTS credits: 4,0**

**Weekly timetable:= 0l+0su+0lu+1pu+p**

**Form of knowledge assessment: current assessment Type of examination: practical**

**Semester: VII**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Senior Associate Dr. Julia Romeova Yordanova, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The course contains information on the specifics of choreography in musicals. The synthetic basis of the genre presupposes the equality of dance alongside singing and acting, and the leading role of dramaturgy determines the guidelines for staging all three components. Choreography is of great importance to the stylistics of the entire work

**Course Content:**

**In exercises** - In the qualities of staging dances in a complex configuration - with song and acting; creative imagination in staging choreography on song form with dramaturgical development;

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

**STAGING OF DANCES FOR OPERAS AND OPERETTAS**

**ECTS credits: 3,0**

**Weekly timetable:= 0l+0su+0lu+1pu+p**

**Form of knowledge assessment: current assessment Type of examination: practical**

**Semester: VII**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Prof. Prof. Anelia Yaneva, Department of Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

This course is designed to introduce students to the specificity and place and role of dance in the classical musical theatre genres of opera and operetta. To familiarize them with new trends nationally and worldwide.

**Course Content:**

**In the exercises** - Introduce students to the characteristics, place and role of dance in the classical music stage genres - opera and operetta.

**Learning Technology and Assessment:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

## **DANCE THERAPY**

**ECTS credits: 2,0**

**Weekly timetable:= 0l+0su+0lu+1pu+p**

**Form of knowledge assessment: current assessment Type of examination: practical**

**Semester: VII**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Hon.Prep. Emilia Mihaylova cat. Choreography

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**

The course in DANCE THERAPY is aimed at the acquisition of basic knowledge and practical skills in working with the creative potential and physical abilities of the choreographer/ performer in order to make full use of human self-regulatory and creative resources through the tools of the art of dance.

**Course Content:**

**In the exercises** - two basic choreographic-compositional techniques are covered:

dance improvisation (to bring out emotion).

ready choreographic structures - ETD (elements of dance movements) in ritual and sacred dances, geometric forms and dance drawing as a dance-therapeutic construct

**.Technology of training and evaluation:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.

## **Tap dancing**

**ECTS credits: 3,0**

**Weekly timetable:= 0l+0su+0lu+1pu+p**

**Form of knowledge assessment: current assessment Type of examination: practical**

**Semester: VII**

**Methodological guide:**

Department of Choreography

Faculty of Arts

**Speakers:**

Hon.prep. dr. Zahari Nankov, cat. Choreographers

Tel: +359 73 588 533, E-mail [art@swu.bg](mailto:art@swu.bg)

**Annotation:**



This STEP course is designed to provide a practical mastery of a dance technique new in style and character from American dance culture, distinguished by a complex metrical and rhythmic dance vocabulary.

**Course Content:**

**In the exercises** - students are introduced to analogous movements from other national dances - Russian Chichotky and Spanish Zapateado.

**.Technology of training and evaluation:**

Half of the credits are earned from classroom employment and the remaining credits from extra-curricular employment (ECE)independent work.