

## **SPECIALITY PHILOSOPHY**

### **MASTER PROGRAM: PHILOSOPHY AND PSYCHOANALYSIS – non-specialists**

Educational and qualification degree: MASTER

Professional qualification: MASTER OF PHILOSOPHY AND PSYCHOANALYSIS

Study period: 2 /TWO/ YEARS / 4 semesters

Study mode: FULL-TIME

## **QUALIFICATION CHARACTERISTIC**

### **1. General characteristics and educational objectives of the Master's program**

The Master's program in Philosophy and Psychoanalysis has an interdisciplinary character and aims to give the students studying in it (who have obtained a qualification degree other than "Bachelor – Philosophy" or "Bachelor – Psychology") basic knowledge and skills in the fields of philosophy and psychology. Students enrolled in the master's program prepare for research, specialized work as experts in social issues, consultants to publishing centers and project activities. During their studies, they also acquire knowledge and competences for applying methods and techniques for psychodiagnostic and psychoprognostic activity, for psychoprophylaxis, psychotherapy and psychoanalysis.

### **2. Professional competence and realization**

The "Master's" qualification degree enables successful implementation in prestigious areas of public life such as social management, social strategies for development and professional implementation as experts and advisors to state and private institutions, as well as to specialized centers of state departments. According to the National Classification of Professions and Positions, those who have obtained a master's degree in "Philosophy and Psychoanalysis" have opportunities for professional realization as psychologists, experts and consultants in educational institutions and psychological centers. Also, they can work as analysts in governmental and non-governmental organizations, in mass media, companies and schools, as well as as experts in psychodiagnostic and psychoprognostic activity, specialists in social work and counseling, journalists, writers, etc.

The acquired qualification "Master's – Philosophy and Psychoanalysis" possesses sufficiently deep and specialized philosophical and psychoanalytical knowledge, uses modern means of communication, orients himself in the relevant intellectual and social trends.

The training creates opportunities and educational prerequisites for continuing studies in the doctoral degree.

### **3. Organisation and structure of education**

The developed study documentation is in accordance with the latest trends in the academic training of specialists in philosophy and psychology. During its preparation, both national and international experience in this field was taken into account. It corresponds to the accepted standards for professional training of masters. The training lasts 2 years /four semesters/ for graduates of the Bachelor's degree program or the Master's degree program from a professional field other than Philosophy and Psychology. The master's program has been compiled in such a way as to ensure coherence, consistency and thematic connection between the envisaged study disciplines.

### **4. Curriculum for non-specialists**

The curriculum is divided into four semesters with a total of 690 hours, which are equal to 120 ECTS credits. The horary is distributed by semesters as follows: first semester – 180 hours, second semester – 180 hours, third semester – 180 hours, fourth semester – 150 hours.

The relatively small share of the horary in the fourth semester is due to the fact that in this semester the main learning activity is related to the preparation of a master's thesis or a state exam.

The curriculum covers core disciplines in philosophy and psychology. Compulsory courses (570 hours) give a total of 87 ECTS credits. They provide in-depth scientific-theoretical and specialized training. Optional courses (120 hours) give a total of 18 ECTS credits. Through them, the knowledge, skills and competences obtained within the framework of the compulsory academic disciplines are enriched. Students choose four out of twelve possible optionals.

Any student can study any course taught at the university, regardless of the faculty in which it is studied /in accordance with Art. 2, Paragraph 5 of the Ordinance on State Requirements for the Acquisition of Higher Education, published in SG no. 76 /2002/. Total horary of the selected optional courses – up to 10% of the total horary.

Students graduate with a written state exam or with the defense of a master's thesis, for which 15 ECTS are acquired with a positive result.

Any student can study any course taught at the university, regardless of the faculty in which it is studied /in accordance with Art. 2, Paragraph 5 of the Ordinance on State Requirements for the Acquisition of Higher Education, published in SG no. 76 /2002/. Total horary of the selected optional courses – up to 10% of the total horary.

Students graduate with a written state exam or with the defense of a master's thesis, for which 15 ECTS are acquired with a positive result.

#### **5. Conformity with the mission of SWU “NEOFIT RILSKI”**

The implementation of the Master's program “Philosophy and Psychoanalysis” corresponds to the mission of the SWU “Neofit Rilski” and the Faculty of Philosophy, their goals and strategies, stems from the new dimensions of higher education in Bulgaria and the tasks for the full inclusion of the country in international educational processes. The program is in accordance with national and European standards, as well as with the requirements and specifics of the region in which SWU “Neofit Rilski” is located.

The qualification characteristics of the specialty “Philosophy and Psychoanalysis” for the educational-qualification degree “Master” with the professional qualification “Master of Philosophy and Psychoanalysis” is a basic document that determines the development of the curriculum and study programs. It complies with the Higher Education Act, the Classifier of Higher Education Fields and Professional Fields, the Ordinance on the State Requirements for the Acquisition of Higher Education at the Bachelor's, Master's and Specialist Degrees (SG No. 76 of 6.08.2002), the National Classification of Positions and Professions, the Rules for the Organization and Activities of the SWU “Neofit Rilski”, the Rules for Educational Activities, etc. normative documents of the university.

### **STRUCTURE OF THE CURRICULUM**

<b>First year</b>			
<b>First semester</b>	<b>ECTS credits</b>	<b>Second semester</b>	<b>ECTS credits</b>
Ancient philosophy	<b>5</b>	Contemporary philosophy	<b>5</b>
Philosophy of the middle ages and Renaissance	<b>5</b>	Philosophy of art	<b>5</b>
Introduction to psychology	<b>5</b>	Social psychology	<b>5</b>
Eastern philosophy	<b>5</b>	Psychotherapy	<b>5</b>
		Philosophy of the New Age	<b>5</b>
		Optional subject from second group	<b>5</b>

Foundations of psychoanalysis	5		
Optional subject from first group	5		
	<b>TOTAL 30</b>		<b>TOTAL 30</b>
<b>Second year</b>			
<b>Third semester</b>		<b>Fourth semester</b>	
Philosophical theories of thinking and knowledge	5	Philosophical anthropology and psychoanalysis	2,5
From Fichte to Freud	5	Sublimations in psychoanalysis	2,5
Jung's analytical psychology	5	Personality psychopathology and character accentuations	2,5
Psychoanalytic theories of personality development	5	Psycho-social training	2,5
Contemporary psychoanalysis	5	Post-Jungian approaches to archetypes	2,5
Optional subject from third group	5	Optional subject from fourth group	15
	<b>TOTAL 30</b>		<b>TOTAL 30</b>
<b>Optional subjects / first group /</b> <i>(Students choose one subject)</i>	<b>ECTS credits</b>	<b>Optional subjects /second group/</b> <i>(Students choose one subject)</i>	<b>ECTS credits</b>
Voluntarism in XIX century	5	Feminism	5
Counseling in childhood	5	Psyche and health	5
Foundations of social work	5	Phenomenology	5
<b>Optional subjects /third group/</b> <i>(Students choose one subject)</i>	<b>ECTS credits</b>	<b>Optional subjects /fourth group/</b> <i>(Students choose one subject)</i>	<b>ECTS credits</b>
The problem of love in theology	5	Philosophical theories of love	2,5
Philosophy of body	5	Psychology of addictive behavior	2,5
Autogenic training	5	Deviant behavior	2,5
<b>TOTAL FOR TWO ACADEMIC YEARS: 120 CREDITS</b>			

**ANNOTATION OF COURSES**  
**COMPULSORY SUBJECTS/COURSES**

**ANCIENT PHILOSOPHY**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** I

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Antoaneta Nikolova-Georgieva, Ph.D., Department of Philosophical and Political Sciences

E-mail: [anikolova@swu.bg](mailto:anikolova@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The aim of the course is to acquaint students with the main directions, schools and philosophers of ancient philosophical thought, with the main philosophical ideas and problems, with the laws and tendencies of the development of philosophy in Antiquity; to form an understanding of historicity and logic, a skill for a critical and creative attitude to the ancient philosophical heritage; to develop the ability to work on individual texts and entire works of the classics of Greek philosophy.

**Course content:**

Factors for the emergence of philosophical thought in ancient Greece, the teachings of Heraclitus, understanding the essence of movement as a basic philosophical category. Comprehension of the essence of Democritus' views on man and society, detailed introduction and assimilation of the main concepts of classical ancient Greek philosophy with representatives of Socrates, Plato and Aristotle.

**Teaching and assessment:**

Semester exam includes: a paper on theoretical question from a predefined syllabus.

Criteria on which to evaluate the written paper are: the sake of completeness, accuracy in interpreting the scientific facts, stylistic and terminological precision.

The course ends with examination syllabus in writing.

**PHILOSOPHY OF THE MIDDLE AGES AND RENNAISSANCE**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** I

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Iva Manova, Ph.D., Department of Philosophical and Political Sciences

E-mail: [iva.manova@swu.bg](mailto:iva.manova@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The discipline "Medieval and Renaissance philosophy" is included as compulsory for the Master's program in "Philosophy and Psychoanalysis". The course is dedicated to the main

trends and schools of medieval philosophical thought, with its main regularities. The aim of the course is to acquaint students with the general development of philosophical thought during the Middle Ages and to develop an understanding of historicity and logic, a critical and creative attitude to the philosophical heritage, the ability to work on texts and works of the classics of medieval philosophy. Students should acquire knowledge of the theoretical principles of medieval and Renaissance philosophy.

**Course content:**

The place of medieval philosophy in the history of world philosophical thought, Metaphysical problems in the teaching of Augustine, Teachings of Boethius, Philosophy of Anselm of Canterbury, Ethics of Pierre Abelard, Theoretical Dimensions of Islam.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **INTRODUCTION TO PSYCHOLOGY**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** I

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Stoil Mavrodiev, D.Sc., Department of Psychology

E-mail: [stoil\\_m@swu.bg](mailto:stoil_m@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The "Introduction to Psychology" course includes the following content modules: 1) Basic concepts of psychology; 2) Methodological foundations of psychological science; 3) Structure of psychological sciences; 4) Classification of mental phenomena; 5) Methods of psychology.

**Course content:**

The course includes and develops the following topics and problems: Subject and object of psychology. The nature of the mental. Phenomenology of mental life. The categorical apparatus of psychology. Psychological terminology. Levels and profiles of psychological knowledge.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **EASTERN PHILOSOPHY**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** I

**Hours:** 30 lectures

**Type of exam:** written

**Methodical guide:****Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer: Assoc. Prof. Antoaneta Nikolova-Georgieva, Ph.D.,** Department of Philosophical and Political SciencesE-mail: [anikolova@swu.bg](mailto:anikolova@swu.bg)**Annotation:**

Teaching in the discipline is focused on the philosophical ideas of Ancient China and India. It presents the features of the ancient Eastern way of philosophizing and philosophical understanding of the world, emphasizing both its specificity in relation to the Western way of philosophizing and its place in today's world, which rethinks the traditions. Particular attention is paid to the contemplative-practical nature of ancient Eastern philosophy, which is not just abstract theoretical knowledge, but an experienced understanding of the world and action in accordance with this understanding.

**Course content:**

The syncretic (mythological-philosophical-religious-scientific-poetic-practical) nature of this philosophy is emphasized – a testimony not to its underdevelopment, but to the synthetic ability of human knowledge, which found a relatively complete expression here. The highlight of the course is the comparative analysis: on the one hand, the parallel between the two main traditions in Eastern philosophy: Chinese and Indian, on the other – between Western philosophy and Eastern philosophy in general.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

**FOUNDATION OF PSYCHOANALYSIS****ECTS credits:** 5**Assessment:** exam**Semester:** I**Methodical guide:****Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer: Assoc. Prof. Gergana Popova, Ph.D.,** Department of Philosophical and Political SciencesE-mail: [gerp@swu.bg](mailto:gerp@swu.bg)**Hours:** 30 lectures**Type of exam:** written**Annotation:**

“Foundation of Psychoanalysis” is a compulsory course included in first semester of the Master's program for non-specialists. It deals with the most general problems of psychoanalysis: directions in psychoanalysis; basic concepts of the Oedipus complex, defense mechanisms, forms of manifestation of the unconscious.

**Course content:**

Main directions in psychoanalysis; Freud: basic concepts and problems, structure of personality, phases of sexuality, Oedipus complex, defense mechanisms, neuroses, psychoanalysis as a treatment method, ideas about cultural-historical development; A. Adler:

individual psychology; complex theory; K. Jung: analytical psychology, theory of archetypes; child psychoanalysis: Anna Freud, Melanie Klein; neo-freudianism: Herbert Marcuse, Erich Fromm.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **CONTEMPORARY PHILOSOPHY**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** II

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Gergana Popova, Ph.D., Department of Philosophical and Political Sciences

E-mail: [gerp@swu.bg](mailto:gerp@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The academic course traces and presents the most important and well-established philosophical schools and directions of the twentieth century, defining the diversity of contemporary philosophical life.

**Course content:**

In terms of teaching, they are independently separated into modules and allow the student to get acquainted with their leading representatives and their characteristic theoretical-value positions, to learn typical concepts such as duration (duree), intellect and intuition (Bergson), being-in-the-world, discarded-being (Geworfenheit), intentionality of consciousness, phenomenological reduction (Husserl), existence etc. In a general plan, behind the wealth of schools and currents in modern philosophy, the course highlights the "eternal" philosophical trends – rationalism and irrationalism – and ultimately affirms the role of philosophy as a methodology of theoretical activity. The course provides a system of modern theoretical knowledge necessary for the good professional realization of the students, for their correct orientation in public life and for their better integration with modern values and standards of work and creativity.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **PHILOSOPHY OF ART**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** II

**Hours:** 30 lectures

**Type of exam:** written

**Methodical guide:****Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer: Assist. Prof. Nikolay Tzenkov**, Department of Philosophical and Political SciencesE-mail: [n\\_tsenkov@swu.bg](mailto:n_tsenkov@swu.bg)**Annotation:**

The aim of the course is to present art - essence, origin, styles from the point of view of philosophy. Art as a semiotic system is considered. Works of art are analyzed as symbols that contain deep meaning. A special place is dedicated to Bulgarian art and its brightest representatives of world importance.

**Course content:**

The most important periods of art history are examined: Antiquity, Medieval Art, Renaissance, Classicism, Romanticism, Modernism and Postmodernism. The internal contradictions of mass culture and elitism are examined, as well as the role of art in social and political life, such as propaganda, protest and self-expression.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

**SOCIAL PSYCHOLOGY****ECTS credits:** 5**Assessment:** exam**Semester:** II**Methodical guide:****Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer: Assoc. Prof. Natasha Angelova, Ph.D.**, Department of PsychologyE-mail: [natasha\\_v@swu.bg](mailto:natasha_v@swu.bg)**Hours:** 30 lectures**Type of exam:** written**Annotation:**

The "Social Psychology" course includes two modules: 1) The process of socialization and social-psychological theories of personality; 2) Small social groups – social influence and interpersonal communication.

**Course content:**

Subject area of social psychology. Social-psychological issues in personality research. Small social groups – leadership and social influence. Communication, aggression, conflicts and social behavior.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.



## PSYCHOTHERAPY

**ECTS credits:** 5

**Assessment:** exam

**Semester:** II

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Gergana Stanoeva, Ph.D., Department of Psychology

E-mail: [gerystanoeva@swu.bg](mailto:gerystanoeva@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

### Annotation:

The course in “Psychotherapy” acquaints students with real therapy sessions, presentations and discussions in a learning environment, through which students will improve their skills for future psychotherapy work. The course focuses on: a) an in-depth study of different approaches to psychotherapy and behavior change, b) improving skills in understanding the content (what is overt and done) and c) the process (what happens at the conceptual and hidden level) of psychotherapy in general. Students will be introduced to state-of-the-art empirically supported therapies and issues related to transference, resistance, and management of the “difficult patient.” Attention will be directed to the many factors that influence the outcome of psychotherapy. Assignments include empirical, methodological and practical aspects of psychotherapy, but the aim of the course will be to build case conceptualization skills.

### Course content:

1. Understanding the distinction between process and outcome in psychotherapy.
2. Basic skills for the process of active listening and empathic response in interactions with patients.
3. Establishing the patient's response to the therapy, in order to adjust the therapeutic approach and better deal with the symptoms.
4. Research conceptual framework of psychotherapeutic intervention across the spectrum of psychopathology.
5. Ability to adjust therapy when resistance is encountered.
6. A guiding conceptual framework of therapy within which intervention adjustments serve as necessary elements of a flexible treatment approach.

### Teaching and assessment:

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## PHILOSOPHY OF THE NEW AGE

**ECTS credits:** 5

**Assessment:** exam

**Semester:** II

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Hours:** 30 lectures

**Type of exam:** written

**Lecturer: Assoc. Prof. Iva Manova, Ph.D.,** Department of Philosophical and Political Sciences

E-mail: [iva.manova@swu.bg](mailto:iva.manova@swu.bg)

**Annotation:**

The modern philosophy covers a period with chronological boundaries of the 17<sup>th</sup> – 19<sup>th</sup> centuries and presents the ontological, epistemological, cosmological and socio-political views of some of the most significant philosophers. All this is the own philosophical and methodological basis of modern philosophy. The course expands the philosophical horizon by giving a more complete picture of the views of particular philosophers and schools, but also presents a palette of worldviews about the history of humanity and its possibilities for future development. Studying the course aims to introduce students with the history of philosophy in the modern era and to prepare for the study of German classical philosophy and also traces the ideas of contemporary philosophy.

**Course content:**

The study course is composed of four modules. The first examines the transition from Renaissance philosophy to early modern philosophy. In the second, the development of rationalist philosophy /Descartes, Spinoza, Leibniz/ is examined. The third module traces the development of the philosophy of empiricism /Bacon, Hobbes, Locke, Berkeley, Hume/, Enlightenment philosophy and French materialism. The fourth module introduces important philosophers and ideas from 19<sup>th</sup> century – Schopenhauer, Kierkegaard, Nietzsche.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

**PHILOSOPHICAL THEORIES OF THINKING AND KNOWLEDGE**

**ECTS credits:** 5

**Hours:** 30 lectures

**Assessment:** exam

**Type of exam:** written

**Semester:** III

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer: Assoc. Prof. Silviya Kristeva, Ph.D.,** Department of Philosophical and Political Sciences

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**Annotation:**

The aim of the course is to acquaint students with the fundamental theories of thinking and cognition, formed in the genesis of philosophical and scientific rationality. To achieve the goal, the genesis of the logical structures of thinking and their scientific interpretations - models are explained. The main thesis is that philosophical rationality determines scientific rationality and generally the cognitive and spiritual horizon of the humanity.

**Course content:**

Delineation of the fundamentality of rationality for the development of philosophical systems and its defining role for metaphysical thinking, Aristotle's logical laws, a theory of consciousness in the Modernity and the limits and the project of systematization of

consciousness and its cognitive possibilities. Understanding the inadequacy of the classical logical form and the negative heuristic of paradoxical thinking, understanding the logical sense of Plato's metaphysical language as a foundational rational form of European thinking, understanding by students the fundamentality of metaphysical thinking as a form of rationality producing all possible cognitive models, learning and making sense of the general model of consciousness as a universal system for understanding, as well as for entering the new reality of human consciousness and its structure, functions and unique arrangement as the basis of the personal.

**Teaching and assessment:**

The lectures are held according to the university tradition *ex cathedra*. Extracurricular employment includes students' individual work with texts, preparation for conferences, student publications and exams. It implies creative development, preparation of author's texts. An organization of the evaluation was developed, including a written exam, complex evaluation criteria, conditions for admission to the exam, a detailed six-point system for evaluating knowledge.

**FROM FICHTE TO FREUD**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** III

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturers:** Assoc. Prof. Ivaylo Dimitrov, Ph.D., Department of Philosophical and Political Sciences,

Chief Assist. Prof. Ivo Minkov, Ph.D., Department of Philosophical and Political Sciences

E-mail: [ivaylo.dimitrov@swu.bg](mailto:ivaylo.dimitrov@swu.bg), [iminkov@swu.bg](mailto:iminkov@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The course is intended for students in the master's degree of the "Philosophy and psychoanalysis". It is closely related to undergraduate core readings in history of philosophy, philosophical anthropology, philosophy of history, philosophy of science, philosophy of culture, etc. The main task of the course is to show the immanent philosophical path from the philosophy of the Enlightenment to the philosophical results of Freud. The topology of this path is strictly internalist, of course, taking into account the various externalist influences – cultural, natural scientific, religious, aesthetic, moral, etc. Therefore, the course of lectures has a disciplinary character. This main task of the course is to be achieved at the lecture level through highly specialized readings on the main "sections" of the path from Fichte to Freud, a path from the monolithic self to the disintegrated to the point of psychopathology the essence of man in the contradictory and adversarial unity (often the unity is destroyed) of Id-Ego-Superego. The mentioned "sections", in fact, mark both the self-destruction of the Enlightenment era and the absolute philosophy of the spirit, as well as the emergence of a number of post-classical themes and problems of philosophy, which to a significant extent make up the "corpus" of modern philosophy, or at least prepare its formation. It proves why, from a historical-philosophical point of view, Freud's concept of man is not philosophical, but it is nevertheless an irrevocable element of modern philosophizing. The central goal of the course is to explain the transition from ontological and epistemological monism to ontological and epistemological pluralism. But including: the essence and cost of this pluralism and the possible deviations it leads to.

**Course content:**

Enlightenment philosophy. Enlightenment and criticism. Critical philosophy. Kant. Overcoming classical rationalism and the principle of identity of thinking and being; The transition from Kant to Fichte; Science. Identity of the Self; Fichte's political philosophy; Philosophical paths after Fichte – the objective unity of the Self. Aestheticizing the unified philosophy. The genius. Schelling's philosophy; Philosophical paths after Fichte – absolute philosophy as spirit. Quadruple identity of epistemology, ontology, logic and methodology. Hegel's philosophy. The trick of the mind. Man as a means; Schleiermacher on the hermeneutic synthesis of philosophy and philology as a type of criticism. The sensual philosophy of religion; Schopenhauer's voluntarism; Kierkegaard's proto-existentialism; Feuerbach's Materialism; The Political Philosophy of Marx. The man in society. Practice and History; Dostoevsky's philosophical world; Nietzsche's philosophy. The Superman; Philosophy of the Unconscious (Edward von Hartmann); Freud after Fichte... and Eduard von Hartmann – Me vs. Id-Ego-Superego.

**Teaching and assessment:**

The lectures are held according to the university tradition *ex cathedra*. Extracurricular employment includes students' individual work with texts, preparation for conferences, student publications and exams. It implies creative development, preparation of author's texts. An organization of the evaluation was developed, including a written exam, complex evaluation criteria, conditions for admission to the exam, a detailed six-point system for evaluating knowledge.

## **JUNG'S ANALYTICAL PSYCHOLOGY**

**ECTS credits:** 5**Assessment:** exam**Semester:** III**Methodical guide:****Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Nevena Krumova, Ph.D., Department of Philosophical and Political SciencesE-mail: [nevena\\_krumova@swu.bg](mailto:nevena_krumova@swu.bg)**Hours:** 30 lectures**Type of exam:** written**Annotation:**

The course on "Jung's Analytical Psychology" is included as mandatory in the Master's program in Philosophy and Psychoanalysis, specialists. The aim of the course is to introduce students to the psychoanalysis of Carl Gustav Jung. Such a discipline not only broadens the philosophical horizon, but gives a more complete picture of the fundamental premises and the role of Jung's analytical philosophy for the anthropological philosophical model of the 20th century.

**Course content:**

The learning content is structured in several main modules: General presentation of Jung's analytical psychoanalysis; The complexes. Self-complex; Structure of the psyche. Psychic reality – understanding the psyche through antinomies; Collective Unconscious; Archetypes of the collective unconscious; Explication of the process of individuation, Jungian approach to dreams, Active imagination.

**Teaching and assessment:**

Training in the discipline includes lectures on the topics and individual work. The evaluation is based on a written development of a theoretical question from a pre-assigned

conspectus – it is determined by an exam ticket drawn by the student. The criteria according to which the written work is evaluated are: completeness of the presentation, accuracy in interpreting the scientific facts, stylistic and terminological precision.

### **PSYCHOANALYTIC THEORIES OF PERSONALITY DEVELOPMENT**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** III

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturers:** Assoc. Prof. Gergana Popova, Ph.D., Department of Philosophical and Political Sciences,

Assist. Prof. Nikolay Tzenkov, Ph.D., Department of Philosophical and Political Sciences

E-mail: [gerp@swu.bg](mailto:gerp@swu.bg), [n\\_tsenkov@swu.bg](mailto:n_tsenkov@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

#### **Annotation:**

The course is an introduction to the fundamental psychoanalytic theories explaining personality development. The existence of different viewpoints indicates that there is no clear and integrated theory that dominates the field. However, each of these theories can be evaluated according to conventional scientific criteria, since they all claim to be scientific in nature. Therefore, the course, in addition to providing an appreciation of the ways in which theorists have conceptualized the human person, its main objective is to provoke students to interpret these theories and apply what they learn in real-world practice and research. Presentation of the material lectures, reading of parts of original works and discussions.

#### **Course content:**

The course includes basic concepts and theories in personality psychology; Basic human motives; Structural and topographic models of personality; Stages of psychosexual development; ego-protective mechanisms; Symbiosis and separation/individuation; Identity and gender identity; Reproduction of social patterns; Basic principles and concepts of psychoanalytic therapy; Components of psychoanalytic and psychodynamic psychotherapy; Excellent features of the psychodynamic technique.

#### **Teaching and assessment:**

Training in the discipline “Psychology of personality” is carried out through lectures and assignment of individual extracurricular projects. The lecture course is traditional and includes group work, use of interactive learning methods and multimedia. During the seminar classes, discussions are held and scientific articles are commented on.

The academic discipline is one-semester and for admission to the exam, individual activity during classes and the results of independent work are assessed. The final grade for the discipline includes the grades from both the independent work and the written works and is formed after a written exam.

### **CONTEMPORARY PSYCHOANALYSIS**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** III

**Methodical guide:**

**Hours:** 30 lectures

**Type of exam:** written

## **Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturers:** Assoc. Prof. Gergana Popova, Ph.D., Department of Philosophical and Political Sciences,

Assist. Prof. Nikolay Tzenkov, Ph.D., Department of Philosophical and Political Sciences

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### **Annotation:**

The aim of the training is to provide students with basic knowledge of the concepts, problems and research of modern trends in psychoanalysis. Upon completion of the lecture course, students should develop a theoretical understanding of psychological problems and the ways in which they are addressed by contemporary psychoanalytic practices.

### **Course content:**

The course covers 15 topics that include the main “branches” of classical psychoanalysis: the American school, the French school, the Swiss school, and postmodern psychoanalysis.

### **Teaching and assessment:**

Lectures are conducted using a projector and Power point presentations. Extracurricular employment includes students' work with texts, preparation for conferences, student publications and exams. It implies creative development, preparation of individual author's texts. An organization of the evaluation was developed, including a written exam, complex evaluation criteria, conditions for admission to the exam, a detailed six-point system for evaluating knowledge.

## **PHILOSOPHICAL ANTHROPOLOGY AND PSYCHOANALYSIS**

**ECTS credits:** 2,5

**Hours:** 30 lectures

**Assessment:** exam

**Type of exam:** written

**Semester:** IV

### **Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Nevena Krumova, Ph.D., Department of Philosophical and Political Sciences

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### **Annotation:**

A major aim of the course is to be understood that philosophical anthropology and psychoanalysis are related both by the nature of the problems facing man in the “modern age” and to a large extent by the general cultural and scientific context in which they have been located since the end of the 19th and in the 20th century. Such sciences as biology, cultural anthropology, linguistics, etc., played a major role during this period for both philosophy and psychoanalysis.

### **Course content:**

The course “Philosophical Anthropology and Psychoanalysis” introduces students to the philosophical context of the birth and development of psychoanalysis in the 19th and 20th centuries, as well as the influence of psychoanalytic ideas of Freud, Jung, Lacan on the understanding of the human “situation” and “existence” in philosophical anthropology. Both the thematic connections between the two directions, as well as the criticism of psychoanalysis



from the side of existentialism, the Frankfurt School, hermeneutics, and postmodern philosophy, are examined.

**Teaching and assessment:**

Achieving the necessary culture and knowledge to enable students to orient themselves in the problematic field of 20th century ideas about man, as well as their understanding of the influence on contemporary thinking. Extracurricular employment includes students' individual work with texts, preparation for conferences, student publications and exams. It implies creative development, preparation of author's texts. An organization of the evaluation was developed, including a written exam and the interview, complex evaluation criteria, conditions for admission to the exam, a detailed six-point system for evaluating knowledge.

## **SUBLIMATIONS IN PSYCHOANALYSIS**

**ECTS credits:** 2,5

**Assessment:** exam

**Semester:** IV

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturers:** Assoc. Prof. Gergana Popova, Ph.D., Department of Philosophical and Political Sciences,

Assist. Prof. Nikolay Tzenkov, Ph.D., Department of Philosophical and Political Sciences

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**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The course offers a psychoanalytic and semiotic analysis of works of art history, literary texts and literary characters.

**Course content:**

The aim of the course is to give students an idea of the principles of psychoanalysis and semiotics structuring the models of sublimation. Semiotics – subject and tasks. Sign and symbol. W. Eco: the semiotic field. Y. Lotman: the semiotic mechanism of culture. Roland Barthes: Iconic Imagination. Essence of sublimation, as an attempt to redirect aggressive and sexual energy in areas allowed by society: art, culture, sports, education, etc. Analysis of medieval art from the point of view of the possibilities for sublimation and realization of the individual according to religious values. Revival of ancient ideals of beauty and harmony. The heroic enthusiasm, the woman as an object of desire, voluptuousness and sublimity. Themmatization of intimacy. J. J. Rousseau “The Confessions”. Attempts at self-knowledge and self-analysis of forbidden desires. The Victorian era. Puritanism and hypocrisy, chastity and duplicity. Life and work of O. Wilde. The work of Kierkegaard, Nietzsche, Schopenhauer, Oswald Spengler and Jean-Paul Sartre, as an object of psychoanalysis. Essence of postmodernity as a rebellion against metaphysics and the problematization of the themes of the other, the body, ugliness. Disintegration of absolute rationality, pluralization as anarchism.

**Teaching and assessment:**

Lectures are conducted using a projector and Power point presentations. Extracurricular employment includes students' individual work with texts, preparation for conferences, student publications and exams. It implies creative development, preparation of author's texts. An organization of the evaluation was developed, including a written exam and the interview, complex evaluation criteria, conditions for admission to the exam, a detailed six-point system for evaluating knowledge.

## **PERSONALITY PSYCHOPATOLOGY AND CHARACTER ACCENTUATIONS**

**ECTS credits:** 2,5

**Assessment:** exam

**Semester:** IV

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Bilyana Yordanova, Ph.D., Department of Psychology

E-mail: [b\\_iordanova@swu.bg](mailto:b_iordanova@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

### **Annotation:**

The academic discipline presents the role of psychopathological deviations and accentuations of character in the realization of deviant and self-interested acts. The specifics of severe mental illnesses and their potential to cause inappropriate behavior are examined. Various accentuations of the character and the increased conflict, aggressiveness and willingness to exercise violence caused by them are presented in detail. Psychopathic personality traits and their correlation with violent, impulsive acts are described. Students who have completed their studies through this discipline will have a broad and at the same time systematized knowledge of the various manifestations of mental pathology.

### **Course content:**

A brief description of schizophrenia, epilepsy, and psychogenic psychosis and their role in producing physical violence. Hysterical personality accentuation and violence. The narcissistic accentuation. The paranoid personality accentuation. The schizoid personality accentuation. Social maladaptation in mentally healthy individuals and their impaired mental functioning.

### **Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **PSYCHO-SOCIAL TRAINING**

**ECTS credits:** 2,5

**Assessment:** exam

**Semester:** IV

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Natasha Angelova, Ph.D., Department of Psychology

E-mail: [natasha\\_v@swu.bg](mailto:natasha_v@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

### **Annotation:**

The present program of "Psycho-Social Training" aims to and train students in social-psychological knowledge and skills for full-fledged communication.

### **Course content:**



Verbal and non-verbal communication training unfolds the positive aspects of latent personal emotional, cognitive and behavioral predispositions. The educational psychological analysis of the emerging information in a group situation, with the “reverse information”, in the phases of group cohesion and socio-creative integration, help the psychologist in his development and improvement and increase his qualification for the future educational, psychocorrective and psychotherapeutic activity.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student’s individual (extracurricular) work.

### **POST-JUNGAN APPROACHES TO ARCHETYPES**

**ECTS credits:** 2,5

**Hours:** 30 lectures

**Assessment:** exam

**Type of exam:** written

**Semester:** IV

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Nevena Krumova, Ph.D., Department of Philosophical and Political Sciences

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**Annotation:**

This course aims to introduce students to the contemporary development of Jung’s theory. Post-Jungian trends in working with archetypes are studied.

**Course content:**

The course explores Marie-Louise von Franz’s approach to the anima and animus, as well as her work with archetypal motifs in fairy tales. Jean-Francois de La Fontaine’s Study of the Symbolism of Fairy Tales. Erel Shalit’s work with the archetypes of the 'enemy', the 'crippled' and the 'beggar', as well as his study of the path 'of transformation from archetype to Self'. James Hollis' work with The Shadow, as well as his idea for The Paradise Project and Ghosts of the Past. Eugen Dreverman’s study of The Little Prince. Attention is paid to the dream work of James Hall and James Hillman. The contribution to the development of Jungian ideas by Murray Stein, Angelica Löve, Antonio de Rienzo and the contribution of Bulgarian authors to Jungianism such as Anatol Anchev and Krasimira Baychinska.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student’s individual (extracurricular) work.

### **OPTIONAL SUBJECTS**

#### **VOLUNTARISM IN XIX CENTURY**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** I

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Ivo Minkov, Ph.D., Department of Philosophical and Political Sciences

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**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The course covers 15 topics spread over 30 academic hours. They build the basic knowledge on the philosophical projections of Voluntarism in the 19th century towards psychoanalysis in its classical form. The aim is to deepen students' knowledge in the field of philosophical ideas related to the various conceptualizations of the will in its pre-psychological explanation. In the course, students are introduced to concepts about the will, which are not so well known in Bulgaria, as well as the projections of these ideas in psychoanalytic theory.

**Course content:**

The lectures deal with the most general problems of voluntarist philosophy in the 19th century; the will-reason relationship, irrationalism, the philosophical conceptualization of the unconscious. A special place is devoted to the main philosophical theories conceptualizing the will in its fundamental interpretation. An example of this is: metaphysics of the will by Arthur Schopenhauer, will to power by Friedrich Nietzsche, the concept of the unconscious by Eduard von Hartmann, the will to die by Philip Meinlander, etc. The terminological apparatus includes concepts such as: will to live, will to die, unconscious, objectifications, death drive, ethics, pessimism, nihilism, etc.

**Teaching and assessment:**

The lectures are held according to the university tradition *ex cathedra*. Extracurricular employment includes students' individual work with texts, preparation for conferences, student publications and exams. It implies creative development, preparation of author's texts. An organization of the evaluation was developed, including a written exam, complex evaluation criteria, conditions for admission to the exam, a detailed six-point system for evaluating knowledge.

## COUNSELING IN CHILDHOOD

**ECTS credits:** 5

**Assessment:** exam

**Semester:** I

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Natasha Angelova, Ph.D., Department of Psychology

E-mail: [natasha\\_v@swu.bg](mailto:natasha_v@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

Counseling in childhood, like psychological counseling in general, is aimed at helping the individual to overcome mental and/or behavioral maladaptation. A primary goal in the counseling process is to expand the resources to understand the unconscious conflicts that have found expression in some type of unacceptable behavior and/or physical symptoms. Through

the consulting psychologist, the child or his family look for and create alternatives to solve them and return to adaptive behavioral strategies. Each counseling psychologist has his own life story, but the professional path and its development require the development of competencies and ethics corresponding to counseling principles, as well as those related to working with children. Adults do not always recognize children's suffering. Children often face the problem of having their wishes heard and their choices taken into account. When they have no other "language" to name what is at the root of their suffering, children "speak" through acts such as feeding problems, through frequent illnesses and aggressive acts or school failures.

**Course content:**

In this context, students will be introduced to:

- diagnostic methods allowing to localize the problem,
- clarification of the consulting situation, including – the institution, the consultant and the consulted,
- the consultative process,
- counseling techniques.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **FOUNDATIONS OF SOCIAL WORK**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** I

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Adjunct Assoc. Prof. Petya Pachkova, Ph.D., Department of Philosophical and Political Sciences

E-mail: [pachkova@swu.bg](mailto:pachkova@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

"Foundations of Social Work" is an elective subject from the curriculum of the Master's program "Philosophy and Psychoanalysis". The lecture course examines the "contemporary social theories and trends" of development through the basic concepts, approaches and methods of social work, protection and support, discussing the links between them and social governance, policy and management. The course emphasizes the issues and methodology of social work, its objects and subjects, as well as social problems, approaches, methods and means of solving them. Types of protection and support when working with individuals, families and groups are considered. In the training process, theoretical and practical knowledge, skills and habits are formed for concrete application of social protection and support in different situations, and for real assistance to different risk groups.

**Course content:**

The course clarifies the essence and specificity of social work as a profession, its main theoretical and practical directions, principles and approaches that are applied in social protection and support. The aim of the lectures is to provide students with basic information about the fields, legal basis, organization and management of social work, to emphasize and

substantiate its characteristic elements and, on this basis, to describe in more detail the individual elements and subsystems of the social system for the protection of individuals and families. The content of the course, its structure, the various current problems, the formulated problem tasks, aim to create maximum opportunities for activating the independent and research work of the students.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **FEMINISM**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** II

**Methodical guide:**

**Department of Philosophical and Political Sciences“**

Faculty of Philosophy

**Lecturer:** Adjunct Assoc Prof. Petya Pachkova, D.Sc., Department of Philosophical and Political Sciences

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**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The presented course intertwines concepts and topics from the fields of history of ideas and theoretical studies of gender, body and sexuality. The course presents the history of the emergence of feminism and analyzes the socio-philosophical ideas underlying it.

**Course content:**

The history of the feminist movement in Bulgaria, the theory and practices of socialist emancipation during the communist regime, as well as the intellectual ideas of feminist organizations after 1989 are also traced. Further, the course examines various theoretical trends in contemporary feminism.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **PSYCHE AND HEALTH**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** II

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Assoc. Prof. Teodor Gergov, Ph.D., Department of Psychology

E-mail: [teodor@swu.bg](mailto:teodor@swu.bg)

**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The course covers a series of topics that substantiate the interaction between psyche and health. In the modern world, many circumstances favor health, but there are not a few challenges to its preservation. It is increasingly realized that the psyche is the integrating, guiding force in the unity of man's systems, that the functioning of all others depends on its condition. At the same time, the psyche is most vulnerable in the variety of life circumstances. Therefore, its preservation significantly determines the general state of health of the person. This calls for special attention to the relationship between psyche and health. Studying the course, students will become familiar with the role of mental processes in protecting and restoring health. Also, they will form skills to establish healthy behavioral patterns.

**Course content:**

The course is based on a wide range of theoretical and practically proven positions. Information is provided on the basic concepts of the discipline "Psyche and Health" / psyche, health, personality, mental processes, reflections, adaptation, habits, mutual relations and dependencies between psyche and health (mental, physical), conscious organization of psychophysical life and spontaneous (subject to circumstances), motives, values, etc. The overall process of interaction between psyche and health is clarified, as well as the role of mental processes and mental self-regulation in maintaining and strengthening health. Skills are formed to apply what has been learned in a real environment.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **PHENOMENOLOGY**

**ECTS credits:** 5**Assessment:** exam**Semester:** II**Methodical guide:****Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Nevena Krumova, Ph.D., Department of Philosophical and Political SciencesE-mail: [nevena\\_krumova@swu.bg](mailto:nevena_krumova@swu.bg)**Hours:** 30 lectures**Type of exam:** written**Annotation:**

The course is intended for students in the master's degree in the specialty "Philosophy and psychoanalysis" and aims to introduce students to the genesis of phenomenology and the phenomenological method.

**Course content:**

Pre-Husserlian concepts: phenomenon and noumenon under Kant; specificity of Hegelian phenomenology; phenomenology of religious consciousness, phenomenological aesthetic consciousness with Eduard von Hartmann; Brentano and psychology from an empirical point of view, introducing the intentionality of the mental phenomenon; Husserl and the idea of phenomenology; transcendental phenomenology; Heidegger, Alfred Schutz

and Social Phenomenology. The course generally examines the existential, cultural and social forms of human experience and the meaningful construction of the human world.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **THE PROBLEM OF LOVE IN THEOLOGY**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** III

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Nevena Krumova, Ph.D., Department of Philosophical and Political Sciences

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**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The course "The Problem of Love in Theology" is included as an elective in the Master's program in Philosophy and Psychoanalysis. The course presents views on love in a theological context.

**Course content:**

The course primarily analyzes the interpretations and dimensions of the concept of "love" within the framework of the ancient Greek philosophical tradition – such as eros and agape. The main emphasis is placed on the presentation of the concept in medieval philosophy and some of its main representatives, the course also pays attention to: "Commentary to the Song of Songs" by Gregory of Nazianzus, Maxim the Confessor, the text of St. Bernard of Clairvaux "on the love of God", Meister Eckhart and his texts dedicated to love, Nikolai Kuzanski and others. The inner side of the "Assumption" event is examined in the light of patristic tradition through the text of Michael Skabalanovich, Saint Isaac the Syrian and his "Ascetic Words", the life of Mother Gabriel and "Asceticism of Love", etc.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **PHILOSOPHY OF BODY**

**ECTS credits:** 5

**Assessment:** exam

**Semester:** III

**Methodical guide:**

**Department of Philosophical and Political Sciences**

**Hours:** 30 lectures

**Type of exam:** written



Faculty of Philosophy

**Lecturer: Assoc. Prof. Gergana Popova, Ph.D.,** Department of Philosophical and Political Sciences

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**Annotation:**

The course “Philosophy of the Body” is an elective course in the Master’s program “Philosophy and Psychoanalysis”. The course is focused on presenting some aspects of modern humanities studies on the body, gender and sexuality.

**Course content:**

The course first analyzes the complex spirit/mind-body relationship in the European philosophical tradition from Plato to Nietzsche. Contemporary humanities theories on the body from the fields of psychoanalysis, phenomenology, studies of Foucaultian disciplinary spaces and practices, etc., are further explored in detail. The course pays special attention to the special position of the body, manifested in the paradox – I have a body and I am a body. In this perspective, emphasis is placed on different ways of thinking about the body – such as body-machine, body-organism, active body, etc. The significance of the body in the construction of the self is considered, and in a similar way, the problematic points of modern visions of artificial intelligence are indicated, as well as those of surrogate motherhood, the deliberate selection of genetically selected embryos, the extremes of plastic surgery, etc.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student’s individual (extracurricular) work.

## AUTOGENIC TRAINING

**ECTS credits:** 5

**Assessment:** exam

**Semester:** III

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturers: Assoc. Prof. Bilyana Yordanova, Ph.D.,** Department of Psychology,

**Chief Assist. Prof. Tsvetelina Hadjieva, Ph.D.,** Department of Psychology

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**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The aim of the course is for students to learn basic concepts of psychosomatics and to familiarize themselves with the main psychosomatic theories; to acquire a certain amount of theoretical knowledge about the etiology, pathogenesis and clinical manifestations of psychosomatic diseases; to become familiar with mental characteristics and psychosomatic disorders in infancy, childhood, adolescence, adulthood and old age, with the aim of their diagnosis and prevention.

**Course content:**

The educational content is structured in the following modules: 1) Psychosomatics as an interdisciplinary scientific and practical field; 2) Pathogenesis of psychosomatic diseases –

basic concepts; 3) Psychosomatic disorders – classification, clinical manifestations; 6) Age psychosomatics.

**Teaching and assessment:**

The lecture course is conducted in the traditionally established way, and in addition computer programs and multimedia are used. The independent, non-auditory training provides for conducting a psychological cognitive and/or personal assessment and developing a topic/s with a theoretical focus on problems in the field of neuropsychology. The final grade in the discipline is formed on the basis of the grade from the supervised ongoing control of extra-auditory training and the grade from the semester exam, which is a written elaboration of a theoretical question from a pre-set synopsis.

## **PHILOSOPHICAL THEORIES OF LOVE**

**ECTS credits:** 2,5

**Assessment:** exam

**Semester:** IV

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Nevena Krumova, Ph.D., Department of Philosophical and Political Sciences

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**Hours:** 30 lectures

**Type of exam:** written

**Annotation:**

The course is included as an elective in fourth semester. It presents ideas about love in both art and philosophy. The aim is to deepen students' knowledge of the great texts of platonic love,

**Course content:**

The course provides a comprehensive overview of the topic of love in philosophical theories, from the ancient texts of Plato and Plotinus, the place of love in medieval Christian philosophy, pre-Renaissance ideas about love, chivalric love. The most general economic, social, scientific achievements of the Renaissance are presented. A special place is devoted to the art of the Renaissance, which most vividly embodies the new ideas. The views of Marsilio Ficino, who wrote Commentaries on Plato's Pyrrhus, are presented. The correlation between morality and love in the philosophy of Michel Montaigne is highlighted. The place of the theme of love in Russian religious philosophy, existentialism and personalism. The theme of love is represented in Gabriel Marcel's text Phenomenology of an Aspect of Being in a Situation, as well as Levinas's Phenomenology of Eros, as well as Hannah Arendt's text on Saint Augustine and Love, etc.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's individual (extracurricular) work.

## **PSYCHOLOGY OF ADDICTIVE BEHAVIOUR**

**ECTS credits:** 2,5

**Hours:** 30 lectures



**Assessment:** exam

**Type of exam:** written

**Semester:** IV

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Tsvetelina Hadjieva, Ph.D., Department of Psychology

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**Annotation:**

The Psychology of Addictive Behavior course introduces students to the etiology, treatment, and prevention of addictive behaviors. A complex approach is used, which examines objectively and in detail biological, psychological and social factors, as prerequisites for the emergence of dependent behavior. Topics covered include addiction to alcohol, nicotine, and other drugs, as well as pathological gambling, eating disorders, and compulsive sexual behavior. During the course, students' attention will be directed to generate new conceptualizations of the addictions of modern society.

**Course content:**

This course develops a comprehensive presentation of psychological theories and interventions to address addictive behaviors, emphasizing clinical processes. Students are presented with visual models for conceptualizing addictive behavior, along with clinical treatments based on these models. Content modules include models and theories of addictive behavior, psychological processes and mechanism of addiction, individual and health differences in addiction, and prevention and treatment models. Topics presented include understanding the psychological dynamics of addiction, stages of change, screening and diagnosing addictive behaviors, psychological interventions, relapse prevention, harm reduction, coping with common co-occurring disorders, and community services.

**Teaching and assessment:**

Training in the elective course "Psychology of Dependent Behavior" is carried out through lectures and assignment of independent out-of-classroom projects. The lecture course also includes group work, use of interactive learning methods and multimedia. The academic discipline is one-semester and for admission to the exam, individual activity during classes and the results of independent work are evaluated. The final grade for the discipline includes the grades from both the individual work and the written works and is formed after a written exam.

## **DEVIANT BEHAVIOUR**

**ECTS credits:** 2,5

**Hours:** 30 lectures

**Assessment:** exam

**Type of exam:** written

**Semester:** IV

**Methodical guide:**

**Department of Philosophical and Political Sciences**

Faculty of Philosophy

**Lecturer:** Chief Assist. Prof. Emelina Zaimova-Tsaneva, Ph.D., Department of Psychology

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**Annotation:**

The problem area of the Psychology of deviant behavior is related to clarifying the psychological regularities that determine the occurrence of deviance in behavior and its overcoming.

**Course content:**

The discipline introduces students to the specific psychological features of the forms of deviance, the scientific justification of the mechanisms for the manifestation of each of them, as well as their mutual influence on the personality's behavior. It looks at the age aspect and scientifically substantiates the psychological characteristics of persons with deviant manifestations.

**Teaching and assessment:**

The evaluation of the results achieved by the students in the learning process in the various academic disciplines is carried out in accordance with the system of transfer and accumulation of credits. The final grade for each academic discipline is formed at the end of the course of study based on the grade received on a written answer to a question on a topic studied in the lecture course, and the grade from the student's independent (extracurricular) work.