

SOCIAL WORK

Degree: *Bachelor*

Professional qualification: *Social worker*

Duration of study: *4 years*

Form of study: *part-time*

Professional field 3.4. Social work at the South-West University "Neofit Rilski" is accredited by the National Evaluation and Accreditation Agency, in accordance with Art. 77 (1) and (2) of the Higher Education Act on 16.07.2018 with assessment of 9.26 (nine twenty-six) and period of validity of accreditation - six years).

The training in the Bachelor program of Social Work aims to prepare broad-profile professionals for the field of social work in accordance with the latest research, advances in professional practice and dynamic changes in society.

The curriculum includes compulsory, elective and facultative subjects, and practice.

It provides both fundamental theoretical and professional practical training and an opportunity to apply an integrative approach in the use of social, psychological, legal and medical knowledge.

They allow the development of skills for:

- Communication with people of different ages, social strata and cultural and ethnic communities.
- Solving specific social problems.
- Conducting social surveys.
- Making social prognoses.

The graduate must know and be able to:

- apply the acquired knowledge in their professional practice in the field of social protection, social support, social education and social prevention;
- deliver social consultations to vulnerable persons, families, groups, communities, teachers, state institutions, charities, non-profit organizations, etc.;
- to know and competently apply the law and regulations in the field of social work.

The Bachelor program in Social work has an applied orientation and a wide range of teaching and learning methods.

The graduates acquire the professional qualification of ***Social Worker*** and are eligible to work as:

- Managers or specialists at any structure within the social welfare system.
- Specialists at any system where a regulated position for performing social work exists (e.g. health care, judicial, law enforcement, etc.).

CURRICULUM: SOCIAL WORK
DEGREE: Bachelor
PROFESSIONAL QUALIFICATION: Social worker

First Year			
First Semester	ECTS credits	Second Semester	ECTS credits
Philosophy	2	Foreign Language	2
Economics	3	General Hygiene	3
General and Developmental Psychology	5	Basics of Social Work Professional Ethics	6
Informatics	3	Social Work with Ethno-cultural Communities	3
English Language	2	Demographics and Statistics	6
Anatomy and Physiology	6	Somatopathology	3
Basics of Social Work with Professional Ethics	6	Basics of Law	3
Social Pedagogy	3	Organization and Management of Social Activities	4
Physical Education and Sports	-	Physical Education and Sports	-
Total	30	Total	30
Second Year			
First Semester	ECTS credits	Second Semester	ECTS credits
Communication Training	3	General and Labor Sociology	5
Organization and Management of Social Services	6	Labor and Employment Law	3
Social Psychology and Psychology of Communication	3	Social Policy	4
Neurology and Neuropsychology	3	Methods of Social Work	7
Family and Inheritance Law	3	Clinical psychology	4
General and Labor Sociology	3	Elective course from Group 1	5
Social Policy	4	Summer practicum in a social institution	2
Methods of Social Work	3		
Elective course from Group 11	2		
Total	30	Total	30
Elective Courses – Group 11		Elective Courses – Group 1	
Written and Oral Practice in Standard Bulgaria	2	Pediatrics	5
Working in a Team	2	Andragogy	5
Practicum in Social Work	2	Gerontology and Geriatrics	5
Third year			
First Semester	ECTS credits	Second Semester	ECTS credits
Basics of social management	5	Social Medicine	5
Communication Disorders	4	Psychoprophylaxis and Psychotherapy	6
Psychiatry	6	Child's legal protection	4
Elective course from Group 2	4	Elective course from Group 4	5
Elective course from Group 3	7	Elective course from Group 5	6
	4	Summer Practicum	4

One day practicum in social institutions			
Total	30	Total	30
Elective courses – Group 2		Elective courses – Group 3	
Family communication and adaptation	4	Social Work with Children	7
Social communication and adaptation	4	Social Work with Adults and Disabled People in the System of Social Welfare Services	7
Psychological Counseling and Crisis Intervention	4	Social Work with Older People in the System of Social Welfare Services	7
Total	30	Total	30
Elective courses- group 4		Elective courses- Group 5	
Child Psychopathology	5	Sexology and Sexual Education	6
Adult Psychopathology	5	Project development and management	6
Older People Psychopathology	5	Information and communication technology in social work	6
Fourth Year			
First Semester	ECTS credits	Second Semester	ECTS credits
Elective courses- Group 6	5	Pre-graduation Practicum in social Institutions	20
Elective courses- Group 7	5		
Elective courses- Group 8	5		10
Elective courses- Group 9	5	Graduation: state exam or thesis defense	
Elective courses- Group 10	6		
One day practicum in social institutions	4		
Total	30	Total	30
Elective courses- Group 6		Elective courses- Group 7	
Introduction to Ergotherapy	5	Complex Rehabilitation	5
Art Therapy	5	Social work in medical institutions	5
Occupational Therapy	5	Consultative Psychology	5
Elective courses- Group 8		Elective courses- Group 9	
Social Work in Penitential Institutions	5	Psychosocial Rehabilitation	5
Anti-oppressive Social Work	5	Supervision in Social Work	5
Social Work with Refugees and Migrants	5	Prevention of violence	5
Elective courses- Group 10			
Pedagogy and Habilitation of Children	6	Preparation and conduct of one-day practicum in social institutions	20
Palliative care	6	Preparation for Defense of Thesis	10
Labour Expertise and Job Placement	6		
		Total	30

Total credits: 240

COURSE DESCRIPTION

PHILOSOPHY

ECTS credits: 2.0

Assessment type: ongoing evaluation and final written exam

Semester: I

Classes per week: 15l+0s+0p

Course type: compulsory

Course coordinating department:

Department of Philosophy

Faculty of Philosophy

Lecurer: Assoc. Prof. Silviya Krasteva, PhD

e-mail: silvia_kristeva@swu.bg

Annotation: The course aims to reveal students that *Philosophy* is the realm of theoretical reasoning mind and wisdom, as exploring it as a science giving reasons of the pictorial, of its nature and way of existence, as science for nature, inner complexity and inconsistency of cognitive processes as a way of achieving the truth and yet for the meaning of life;

The aim of the course is not simply mastering the material content itself but its deep understanding. Emphasizing the universality of philosophical knowledge, we lead the logical thinking of students to the independent conclusion about the role of philosophy as a methodology of private-scientific and applied knowledge of formation of a particular worldview.

Course content: The place of philosophy in the spiritual culture of mankind. The concept of culture. Clarifying the basic structure of the spiritual culture. Subject specific and language of philosophical knowledge. The relationship of philosophy and other sciences. Philosophical self-reflection. Genesis of philosophy as negation of the empirical knowledge of mythological and religious explanations of the world and man's place in it. Ontological, epistemological, and ethical issues in ancient Greek philosophy. Anthropological ideas of Socrates, Plato and Aristotle. Middle Ages. Philosophy of scholasticism. Possible solutions: God and Reason. St. Augustine and Thomas Aquinas. The philosophy of the Renaissance. Priority of Reason, based on the achievement of natural science and the development of practical activities of man. Materialistic sensualism of John Locke and the subjective idealism of George. Berkeley and David Hume - XVII century. Rationalist tradition in philosophy in modern history. XVII c., XVIII c., XIX c. The problem of method - Deckard, Bacon, Spinoza; Rationalism and humanism of French philosophy in XVIII c. German classical philosophy - Kant, Hegel, Feuerbach; Radical coup d'etat in the philosophy of Karl Marx and Friedrich Engels. The creation of dialectical materialism and the materialist conception of history. Revival of Socrates's ideas. Philosophy of man. Schopenhauer, Nietzsche, Shpengler. Existence and thinking. The pictorial as purely idyllic existence and as available idyllic existence. The problem of finite and infinite. Matter and its basic properties, movement, time, space, reflection and information. Consciousness and spiritual activities of man. Contemplation. Thinking. Language. Imagination and creativity. Consciousness and subconsciousness. Truth. Error. Delusion. Lie. Objectivity and subjectivity of truth. Absoluteness and relativity of truth. Concreteness of truth. Criteria for authenticity of knowledge. Society and its history as an object of philosophical knowledge. The basic structure of society. Dialectics of objective and subjective in human activity. History as a natural process. Historical necessity and chance. Probability in the historical process. Necessity and freedom.

Course organization and assessment: The course is delivered through the traditional lecture method, supplemented with student discussions on key issues, student presentations on pre-assigned topics, and research tasks requiring formulation, argumentation, and investigation of theses. Practical case studies relevant to the preparation of students for their future professional practice in social work are also discussed.

The final examination is written and covers the topics from the syllabus. Students draw two questions and one control question at random and are required to develop one of them in detail. The examination also takes into account students' continuous assessment during the semester. Continuous assessment is based on independently developed theoretical papers (essays, reports), coursework, investigations, presentations, and other materials such as summaries, tables, and diagrams, as well as on attendance and active participation in classes.

ECONOMICS

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Semester: I

Classes per week: 15l+0s+0p

Course type: compulsory

Course coordinating department:

Department of Finance

Faculty of Economics

Lecturer: Assoc. Prof. Ivan Todorov, PhD

e-mail: ivank.todorov@swu.bg

Annotation: The course discusses the principles of business and the mechanisms for their implementation, issues in management, economic policy, disputes in theory and inconsistencies in practice. The principles of macroeconomics, microeconomics and some important current economic issues are exposed consistently. The course focuses on the problems of the market system and state regulation, classical and Keynesian Theories of Employment, supply, demand and consumer behavior, main market models, as well as on agriculture, cities, and labor market. The course aims at providing systematic knowledge on the key issues of the economy and clarifying the nature of the market system based on the scientific concepts at the end of XX century.

Course content: General theoretical basis of the market economy. Motivations of business entities; Economic models. Economic structures and interactions.

Course organization and assessment: The lecture course is conducted by combining various methods—both traditional and interactive forms of instruction such as lectures, independent work in the form of course papers, academic presentations, and outlines. When necessary, university platforms such as Blackboard, Moodle, and others are used, allowing for direct communication, group work, file sharing, test solving, and real-time survey participation.

The examination procedure includes a written exam in the form of a final test (conducted online if necessary). The forms of ongoing evaluation are tailored to the nature of academic discipline and include tests, problem-solving, case studies, control assignments, course papers, and a written exam for final verification and evaluation, including online formats. The final grade for the semester is determined with a greater weight placed on the results from the ongoing evaluation.

GENERAL AND DEVELOPMENTAL PSYCHOLOGY

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: I

Classes per week: 15l+8s+0p

Course type: compulsory

Course coordinating department:

Department of Psychology

Faculty of Philosophy

Lecturers: Assoc. Prof. Stoil Mavrodiev, PhD., DSc.; Chief Assist. Prof. Silviya Miteva, PhD

e-mail: stoil_m@swu.bg; simil@swu.bg

Annotation: Psychology is one of the fundamental disciplines in the preparation of students. In this course, knowledge of general psychology and age psychology is given. The lecture course on the discipline "General and Age Psychology" introduces students to basic problems of psychology as a specific science. Emphasis is placed on the basic categories in psychology such as: "psyche", "consciousness", "activity", "behavior". The genesis and development of the main mental phenomena and their characteristics during different ages are clarified; the psychological characterization of the age periods is made; the main factors for the development are clarified. Ontogenetic development is tracked throughout the life cycle.

Students receive information about the patterns of development and functioning of the psyche in normal and abnormal conditions.

The scientific information that students acquire from the field of general and age psychology is necessary for professional training and their future realization as specialists.

When developing the different age periods, emphasis is placed on the peculiarities of the development and formation of the personality of children, adolescents and adults.

In the cognitive aspect, the following content modules are included:

- 1) Historical-methodological problems of general and age psychology. The specificity of the science of psychology. The basic concepts of general and age psychology are clarified.
- 2) Theoretical problems and theories of development.

Objectives of the "General and Age Psychology" course:

Students should acquire a certain system of theoretical knowledge from the field of general psychology and age psychology, interpret them in accordance with the modern requirements of speech therapy science, acquire practical skills for working with persons of different ages and with different psychological characteristics, form an attitude for social - pedagogical activity with psychological determination.

Expected results:

On a cognitive-motivational level: students learn and make sense of basic psychological knowledge (including categories, theories and concepts) in the field of general psychology and age psychology. To be able to analyze psychological information. To realize that their success in practice depends on their psychological preparation.

At the competency level: students should be able to use and apply their psychological knowledge, use psychological concepts competently, be able to adjust their behavior according to the age of the persons they work with, and communicate professionally and adequately with the persons they work with.

Content of the course: Science Psychology. Brief historical overview (main schools and trends). Subject, tasks, meaning. the concepts of "Psyche. Consciousness. Activity".

Classification of mental phenomena. Methods of psychological research. The problem of human development: nature, aspects, theories and factors. Age periodization and periods. Basic concepts describing mental development: crisis, sensitive period, etc. Basic theories of development: Theory of the psychosexual stages of development according to Z. Freud; J. Piaget's theory of cognitive development; E. Erikson's theory of psychosocial development. Kohlberg's theory of moral development. Prenatal development. Newborn period. Baby age. Early childhood. Preschool childhood (3 – 6). Middle childhood (6 – 12). Early adolescence and late adolescence. Psychology of youth. Psychology of middle adulthood. Psychology of old age. Abnormal development and behavior - aggressiveness. Communication. Assertive behavior.

Course organization and assessment: The lecture course is conducted through traditional lectures and the use of multimedia presentations and films. Seminars include the preparation of reports and papers, as well as case study discussions. Teaching methods and tools include interactive methods; multimedia presentation of the material; educational films; and the analysis and discussion of case studies. The exam is written – it consists of answering a question from the syllabus topics. An ongoing evaluation is carried out and includes tests and/or quizzes, the development of coursework, reports, presentations, essays, and others.

INFORMATICS

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Semester: I

Classes per week: 8l+0s+15p

Course type: compulsory

Course coordinating department:

Department of Informatics

Faculty of Mathematics and Natural Sciences

Lecturers: Prof. Daniela Tuparova, PhD, Assist. Prof. Aleksander Stoymenovski

e-mail: ddureva@swu.bg; stoimenovski@swu.bg

Annotation: The course is aimed at improving the digital competencies of students according to their future realization. After completing the course, students should be able to: apply basic principles and applications of information technology in the relevant professional field; work with modern word processing tools; data processing with spreadsheets; present information to the public through computer presentation systems.

Course content: Introduction; Computer System; Software; Operating systems; Copyrights and licenses in IT; Application software – word processing, spreadsheets, presentations; Multimedia formats; Internet services; Computer security – computer viruses and antivirus software

Course organization and assessment: Modern interactive teaching and learning methods that stimulate students' creativity are used in the educational process. Classroom sessions are held in rooms equipped with the necessary technical facilities. Demonstrations of the functional capabilities of the software studied are provided. Practical exercises are conducted in a computer lab.

As part of the ongoing evaluation, students complete two assignments related to practical work with word processing software and presentations, as well as one practical task involving spreadsheets and the processing of personal data. The exam is a computer-based test conducted

in person in a computer lab via the e-learning system. In case of technical issues, the test may be administered on paper.

ENGLISH LANGUAGE

ECTS credits: 4.0

Assessment type: ongoing evaluation and final written exam

Semester: I, II

Classed per week: 0/0l+0/0s+15/15p

Course type: compulsory

Course coordinating department:

Department of Literature

Philological Faculty

Lecturer: Assist. Prof. Vesela Ivanova, PhD

e-mail: veivanova@abv.bg

Annotation: The course encompasses the whole 1-year period of studies and aims at the practical acquisition of English at level A1-A2 according to the European Language Framework and includes the two basic areas: lexis and grammar and the four skills: reading, writing, listening and speaking. The aimed levels of language competence serve as a basis for the development and use of teaching materials and assessment tests covering the two areas and the four skills.

Course content: Tenses. Questions; Present tenses; Past tenses; Much/ many. Some/ any. A few, a little, a lot of; Articles; Verb patterns; Future forms; Comparatives and superlatives; Synonyms and antonyms; Present Perfect; Adverbs, word pairs; Time clauses; Passives; Past Perfect; Reported statements.

Course organization and assessment: Practical exercises are conducted by combining the traditionally established classical teaching approach with interactive methods (individual and group work, case study analysis, etc.) aimed at developing the four main language skills – speaking, reading, listening, and writing.

The exam is written. All assessments are based on written work. The final semester grade is determined based on both in-class and out-of-class activities and considers the results from tests and/or quizzes, coursework evaluation, reports, presentations, essays, and other assignments.

ANATOMY AND PHYSIOLOGY

ECTS credits: 6.0

Assessment type: ongoing evaluation and final written exam

Semester: I

Classes per week: 15l+0s+15p

Course type: compulsory

Course coordinating department:

Department of Anatomy and Physiology

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Manol Kalniev, PhD

e-mail: manol_kalniev@swu.bg

Annotation: The program introduces the structure and basic functions of the child and the principles of physiological regulation. In detail, the structure of the nervous system as a prerequisite to explain and understand the important vital functions - reflexive activity, emotions, motivation, regulation of alertness and sleep. Their implementation has a direct effect

on higher nervous activity and higher cortical functions –the integrative nature of the nervous system. Awareness in anatomy and physiology should serve as a basis for the study of General Hygiene, for easy control of psychology, and more targeted interpretation of the social impact. The course aims to provide fundamental training in studying the shape and structure of the human body and its normal development.

Course content: Introduction; Cells and tissues; Physiology of excitation; Spinal and cerebrum; Reflexive activity of the nervous system; Autonomic nervous system; Sensory organs; Locomotor system; Blood - morphology and function; Cardiovascular system; Respiratory system; Digestive system; Metabolism and water; Skin and thermoregulation; Genitourinary system and reproductive system; Endocrine system.

Course organization and assessment: Lecture sessions are conducted using multimedia presentations and the discussion of case studies and examples from experimental research and publications. Practical exercises are held in the experimental laboratories of the University Center for Functional Research and the Laboratory of Anatomy and Physiology at SWU, Building 1. In the case of online learning, instruction is delivered via platforms such as Blackboard, Big Blue Button, or Zoom. Educational materials for both the lectures and practical exercises are provided through the university's Blackboard platform. Ongoing assessment tests are also conducted on this platform. In the case of online learning, exams are administered through the same platform.

The ongoing grade is based on student engagement, including lecture attendance, results from two continuous assessment tests, and performance in practical exercises. The final exam is written and takes place at the end of the semester. The exam grade is based on two developed theoretical questions and the solution of a case study discussed during the practical sessions or on a test.

BASICS OF SOCIAL WORK WITH PROFESSIONAL ETHICS

ECTS credits: 12.0

Assessment type: written exam

Semester: I, II

Classes per week: 15/23l+7/7s+8/8p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Viktoriya Sotirova, PhD; Chief Assist. Prof. Maria Stoykova

e-mail: viktoria_sotirova@swu.bg; m_stoikova@swu.bg

Annotation: The course in *Basics of Social Work with Professional Ethics* is introductory and essential for the study of the problems of social activity, social work, and social policy. In it the basic concepts, approaches, and methods of social work, protection and support, are being examined; as well as the connections between them and social administration, policy, and management.

During the course the development of social work, its theoretical schools and directions, and its problems and perspectives for development are being examined. The emphasis is on the problems, methodology, and methods of social work, its objects and subjects; as well as on social problems and the approaches, methods, and means to solve them. The students will also study the types of protection and support while working with individuals, families, and groups.

Course content: The discipline aims to teach the students a system of basic knowledge and skills for social activity in its two main directions – social work – social protection and support, and social administration.

The lectures will teach the students the basic information for the areas, the regulatory base, organization, and management of social work in the country, to underline and explain its elements; and on this basis to describe in more detail the different elements and subsystems of the social system for protection of people and families. The greatest attention will be paid to the immediate social work (social support and protection of unemployed, disabled, and children at risk) – protection and support.

The goal of the seminars and practical classes is to actively meet the students with the general and characteristics of social work and mainly – of social protection and support. The methods, means, and ways for social support while working with poor, helpless, unemployed, disabled, children at risk, part-time workers, and others; will be discussed.

Course organization and assessment: The lecture course is conducted by combining the traditionally established classical teaching method with the use of analytical methods, observation, discussion, and interactive techniques (individual and group work, content analysis, carousel activities, creation of posters, collages, and others).

Each student has the right to choose how to earn credits for the ongoing evaluation based on theoretical assignments (papers, reports, presentations, essays, protocols, coursework, or independent participation in conferences with a paper or poster). The final exam is written, in the form of a test, and covers material from lectures, seminars, and practical exercises.

SOCIAL PEDAGOGY

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Semester: I

Classes per week: 15l+8s+0p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Chief Assist. Prof. Yoanna Tzvetanova, PhD

e-mail: ytzvetanova@swu.bg

Annotation: The purpose of this teaching course is to introduce students to the scientific theoretical foundations of Social Pedagogy, the basic concepts, approaches and methods of social-pedagogical work, and the specifics of social-pedagogical work in various contexts.

Course content: Emergence and historical development of Social Pedagogy; The subject and object of Social Pedagogy. Terminology; Objectives, functions and scope of Social Pedagogy; Socialization, social learning and social education; Methodology and research methods of Social Pedagogy; Approaches and methods for social-pedagogical work; Specifics of the social-pedagogical work in schools. Functions of the pedagogical advisor; Social-pedagogical work with children with deviant and delinquent behavior; Social-pedagogical work with families; Lifelong learning; Professional ethics and profile of the social pedagogue.

Course organization and assessment: The lecture course is conducted by combining the traditionally established classical teaching approach with the use of interactive and analytical methods.

Each student has the right to choose how to earn their ongoing evaluation credits during the semester through theoretical assignments (outline of scientific publications, essays, coursework, or term papers). The final exam is written and takes the form of a test covering material from lectures and seminars.

GENERAL HYGIENE

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Semester: II

Classes per week: 15l+0s+8p

Course type: compulsory

Course coordinating department:

Department of Health Care

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Plamen Dimitrov, PhD, Assist. Prof. Dobrinka Kalpachka, PhD

e-mail: p.dimitrov@swu.bg, d.kalpachka.md@gmail.com

Annotation: This training course foresees questions related to hygiene and health requirements, rules and control of ambient air, water, soil, food, and labor. Attention is drawn also to the contaminants of the biosphere, and the diseases they cause. Since social services are inherently humanitarian, there is an indirect relationship with the majority of other subjects. The course aims to familiarize students with human's life development, life span, work, and lifestyle.

Course content: Hygiene and prophylaxis; Biosphere; Hygiene of ambient air; Hygiene of water and urban water supply; Hygiene of soil; Hygiene of urban settlements; Hygiene of prevention, social and specialized establishments; Personal hygiene; Hygiene of nutrition; Occupational hygiene; Epidemiology.

Course organization and assessment: The lecture course is conducted in a traditionally established manner, using various audiovisual tools and multimedia. Practical exercises are primarily carried out using video materials, visits to childcare institutions, visits to health promotion departments, and discussions of authentic documentation.

The exam is written and includes one theoretical question from the lecture course. Throughout the course, an ongoing evaluation of students' knowledge is conducted in the form of tests and/or quizzes, coursework, term papers, reports, presentations, essays, and protocols.

SOCIAL WORK WITH ETHNOCULTURAL COMMUNITIES

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Semester: II

Classes per week: 15l+0s+8p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Viktoriya Sotirova, PhD; Chief Assist. Prof. Maria Stoykova

e-mail: viktoria_sotirova@swu.bg; m_stoikova@swu.bg

Annotation: This teaching course forms the theoretical basis and the specific requirements of social work with representatives of ethno-cultural minority communities. The course aims to provide students with specific training including, primarily, basic knowledge about socio-cultural characteristics of ethnic communities in the country, methods and forms of social work with them, and introduction to the concepts of cultural competence, anti-oppressive and anti-discrimination social work. Teaching is focused on the current research in the field and aims to form knowledge and skills through critical reflection and self-reflection.

Course content: Basic concepts in social work with ethnic communities; Anti-oppressive and anti-discrimination social work; Socio-demographic and ethnocultural characteristics of the Roma population in Bulgaria: demographic structure, social status, cultural identity; Socialization/ enculturation of Roma children: specificity and guidelines for effective practice; Specifics of refugees and migrants in Bulgaria: legal and institutional framework; Case work with refugees and asylum seekers; Working in a multidisciplinary team; Specifics of working with unaccompanied minors; Basic forms and methods of social work with ethnocultural communities; The role of the social worker in the process of social inclusion of ethnocultural communities.

Course organization and assessment: The lecture course is conducted using modern teaching and learning methods such as multimedia presentations, videos, role-playing games, case study development, student debates, and more. Practical exercises are carried out in a real work environment. The exam is written, in the form of a test, and covers the material from both lectures and practical exercises. It includes open-ended and closed-ended questions, each with a predefined weight. Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of coursework, theoretical assignments, and other activities.

DEMOGRAPHICS AND STATISTICS

ECTS credits: 6.0

Assessment type: exam

Semester: II

Classes per week: 15l+0s+8p

Course type: compulsory

Course coordinating department:

Department of Informatics

Faculty of Mathematics and Natural Sciences

Lecturers: Assoc. Prof. Elena Karashtranova, PhD, Assist Prof. Aleksander Stoimenovski

e-mail: helen@swu.bg; stoimenovski@swu.bg

Annotation: Demographics and Statistics is a mandatory course included in the BA program "Social Activities". Students are introduced to the elements of descriptive statistics, the methods for testing hypotheses, the study of dependencies and the analysis of time series and their application in the study of socio-economic processes. The course lasts one semester and is based on the knowledge of statistics and IT /MS-Excel/, acquired during secondary school education. The proposed educational content has a bearing on all courses requiring analysis of empirical data sets. The extramural activity under this course includes presenting a term paper, working in the library and using a computer.

Course content: Main tasks of mathematical statistics. Random sampling. Types of statistical

indicators. Data and presentation of data. Frequency distributions. Descriptive statistics. Measures of central tendency. Measures of dispersion. /MS EXCEL/. Probability. Random events. Random variables. Basic theoretical distributions. Scores – consistency, unbiasedness, efficiency. Distribution of the mean in cases of known and unknown variance. Central limit theorem. Fisher theorem. Corollaries. Sample size. Confidence intervals. Confidence intervals for the mean, the variance and the probability of “success”. /MS EXCEL/. Statistical hypotheses. Errors. Hypothesis testing for the mean and the variance of the population. Testing of hypotheses on the probability of “success”. /MS EXCEL/. Testing hypotheses on the type of distribution function. Analysis of dependencies – correlation, linear regression. /MS EXCEL/. ANOVA. /MS EXCEL/. Time series. Key demographics. /MS EXCEL/. Analysis of statistical information. /EUROSTAT/.

Course organization and assessment: The lecture course is conducted using discussion methods and tasks in Excel. Ongoing evaluation is based on the completion of seven assignments that cover the entire material from the practical exercises. The semester grade is determined based on both in-class and out-of-class activities and considers the results of tests and/or quizzes, as well as the grade for the coursework. All assessments are based on written work. The final grade reflects the results of the continuous assessment and the exam in a 70/30 ratio (exam/ongoing evaluation).

SOMATOPATHOLOGY

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Classes per week: 15l+0s+0p

Semester: II

Course type: compulsory

Course coordinating department:

Department of Logopedics

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Dimitar Kolev, PhD

e-mail: d.kolev@swu.bg

Annotation: This course aims at giving general knowledge in the field of pediatrics. Some common morphological changes and major pathogenetic mechanisms of emergence, development and outcome of diseases are discussed. Along with the fundamental knowledge the course focuses on important social aspects, especially on diseases that cause permanent changes and modify/distract the former social status of the patient.

The knowledge gained during the training has an interdisciplinary character and the main goal is to use it as a base for studying both medical and other subjects with a social focus.

Course content: Introduction to pathology; Study of diseases; General etiology and pathogenesis of diseases; Etiologic factors; Reactivity and resistance of the organism; Immunity and allergies; Violation metabolism; Violation in peripheral circulation; inflammation; Fever; Restorative processes. Regeneration. Tumors; Pathology of blood, Respiratory pathology; Pathology of the cardiovascular system; Pathology of the liver and kidneys; Shock - types, mechanism.

Course organization and assessment: The core knowledge is provided during the lectures. The exam is written, considering the ongoing assessments throughout the semester. It is conducted in the form of a test and covers the material from the lectures. The test includes open-

ended and closed-ended questions, each with different weights. Ongoing evaluation is carried out through the evaluation of independently developed theoretical topics, preparation of individual case studies, participation in role-playing games, and 1–2 quizzes on predefined topics from the studied material.

BASICS OF LAW

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Semester: II

Classes per week: 15l+0s+0p

Course type: compulsory

Course coordinating department:

Department of Public Law and Public Management

Faculty of Law and History

Lecturers: Assoc. Prof. Manol Stanin, PhD, Chief Assist. Prof. Vesela Mircheva, PhD

e-mail: stanin@law.swu.bg; v.mircheva@law.swu.bg

Annotation: The discipline “Basics of Law” gives the fundamental legal concepts of the different branches of law in the Bulgarian legal system. The course explains the historical genesis of the law as a regulatory system of public relations. The students study the basic principles for organization and functioning of political institutions. In this regard, the students are provided with a detailed review of the formation of the government authorities and their interactions. It emphasizes the basic legal concepts of public and private law.

Course content: Origins and development of law. Legal system of the Republic of Bulgaria. Subjects of law. Legal norm. Legal acts. Subjective rights and legal obligations. Legal facts. Presumption and fiction. Legal relationship. Offense. Legal liability. System of state authorities. National Assembly. President. Council of Ministers. Constitutional Court. Judicial power. Administrative act. Administrative offense. Administrative-penal liability. Legal transaction. Representation. Right of ownership.

Course organization and assessment: Lectures for this course are conducted in the traditional manner by familiarizing students with the teaching material. At the beginning of each lecture, a brief introduction is mandatory to ensure a smooth transition from one topic to another. When presenting new topics, discussions with the students are held to achieve continuity between lectures and to formulate conclusions aimed at introducing the new material. The use of interactive teaching methods is planned, with a primary focus on discussion-based methods. The exam is written. Students provide written answers to two questions from the covered material.

ORGANIZATION AND MANAGEMENT OF SOCIAL ACTIVITIES

ECTS credits: 10.0

Assessment type: ongoing evaluation and final written exam

Semester: II, III

Classes per week: 15/23s+8/7s+0/8p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Chief Assist. Prof. Yoanna Tzvetanova, PhD; Assist. Prof. Elena Kerankova, PhD

e-mail: ytzvetanova@swu.bg, kerankova_elena@abv.bg

Annotation: The course includes studying the management of social affairs, solving problems related to staff rational and fair distribution of work tasks and periodic evaluation of professional presentations of social workers.

Students should acquire knowledge on organization and management to understand the nature of these processes.

Course content: Organization and management of social work.

Course organization and assessment: The lecture course is conducted in a traditionally established manner, using analytical methods and content analysis.

Successful learning requires prior preparation, active participation by students, and regular attendance at lectures, seminars, and practical exercises. Assessment of student performance is carried out through continuous assessment during the semester, including quizzes (tests), assignments involving theoretical and theoretical-practical papers, and a written exam.

The exam is written and takes the form of a test. It covers the material from lectures, seminars, and practical exercises. The test includes both open-ended and multiple-choice questions, each with a different weight.

COMMUNICATION TRAINING

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Semester: III

Classes per week: 8l+7s+0p

Course type: compulsory

Course coordinating department:

Department of Logopedics

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Elka Goranova, PhD

e-mail: elkalogo@swu.bg

Annotation: Students should acquire knowledge in the areas of communication development, language, speech, types of communication, basic communicative skills, and social communication.

Course content: The profession of a social worker and human communication; Development of communication, language, and speech; Social communication; Basic Communication Skills - Effective listening and messaging, asking questions, reflecting, self-disclosing, building and maintaining trust, managing anger, resolving conflicts, negotiating, power and influencing.

Course organization and assessment: The aim of this course is to equip students with knowledge and skills in human communication (both verbal and non-verbal) and to develop essential communication competencies relevant to their future profession as social workers. The training is based on the characteristics of social interaction and behavior. The course is designed to help students understand the processes through which participants in communication adapt and resolve issues that arise in social interactions—such as role definition, responsibilities, and norms—as well as managing disagreements and conflicts.

The semester grade is based on both in-class and out-of-class activities and considers the results from the exam test, coursework, written assignments, case study analysis, and/or participation in role-playing exercises.

The final exam is written and consists of one exam test.

SOCIAL PSYCHOLOGY AND PSYCHOLOGY OF COMMUNICATION

ECTS credits: 3.0

Assessment type: ongoing assessment and final written exam

Semester: III

Classes per week: 15l+0s+8p

Course type: compulsory

Course coordinating department:

Department of Psychology

Faculty of Philosophy

Lecturers: Prof. Stanislava Stoyanova, PhD; Chief Assist. Prof. Silviya Miteva

e-mail: v_stancheva@swu.bg; simil@swu.bg

Annotation: The training course includes the study of social psychological aspects of personality, the problem of socialization, interpersonal conflicts within the small group, leadership and management. The problems of interpersonal conditions for efficient business discourse are discussed as well.

Students should acquire knowledge about the psychic phenomena emerging both in a small group and in large social communities and comprehend knowledge regarding business mechanisms and interpersonal communication.

Course content: The problem of personality in social psychology; Phenomena within the small group; Interpersonal communication.

Course organization and assessment: The lecture course is delivered through multimedia, and the practical sessions involve completing psychological questionnaires and participating in role-playing exercises.

The final grade for the course "Social Psychology and the Psychology of Communication" is based on the results of an ongoing evaluation and a written answer by the students to a question on one topic from the course syllabus. Materials from the practical exercises must also be submitted in written form, with additional consideration given to the results from ongoing evaluation (independent work). The exam is written and includes a response to an essay-style question from the course syllabus.

NEUROLOGY AND NEUROPSYCHOLOGY

ECTS credits: 3.0

Assessment type: written exam

Semester: III

Classes per week: 15l + 0s + 8p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Rosen Kalpachky MD

e-mail: rosen_kalpachki@swu.bg

Annotation: The course on *Neurology* has an aim to familiarize students with the main methods and diagnostics in neurology as well as to allow them to learn typical features of the most common diseases in the nervous system leading to deficits - motor, sensory and coordination. Students will be introduced to the social side of the neurological diseases in detail, also to the “on time” diagnostics and methods for solving the accompanying social problems.

The accent of the lectures and exercises is on neurological diseases leading to severe disability – paralysis, speech and mental disorders. An algorithm is formed on managing patients with this kind of disease.

Course content: Introduction in neurology - subject, contents, parts of neurology. Functional anatomy and physiology of the nervous system. Neurological examination. Higher nervous activity. Interpretation of the main investigations in neurology. Cerebrovascular diseases. Headache – diagnostics and treatment. Epilepsy and sleep disorders. Dementia. Parkinson’s disease and other neurodegenerative disorders. Inflammatory and traumatic diseases of the nervous system. Back pain and lower back pain, diseases of the peripheral nervous system. Vertigo and other disorders of the vestibular system. The influence of alcohol and other intoxications of the nervous system. Pediatric neurology. Neuro-oncology and the main principles of neurorehabilitation. Social aspects of neurological diseases.

Course organization and assessment: The teaching process combines traditional and innovative modern methods, including lectures, practical exercises, observation, independent work, teamwork, discussions, and analyses.

Throughout the course, an ongoing evaluation of students’ knowledge is carried out in the form of tests and/or quizzes, theoretical assignments, presentations, and other assigned tasks. The final exam is written, in the form of a test, and covers the material from lectures and practical exercises. It includes both open-ended and multiple-choice questions, each with different weights.

FAMILY AND INHERITANCE LAW

ECTScredits:3.0

Assessment type: written exam

Semester: III

Classes per week: 15l+0s+0p

Course type: compulsory

Course coordinating department:

Department of Civil Law Sciences

Faculty of Law and History

Lecturers: Assoc. Prof. Aleksander Yordanov, PhD; Chief Assist. Prof. Desimira Yurukova, PhD

e-mail: alex_ivanov@law.swu.bg; desimira21@yahoo.com

Annotation: *Family and Inheritance Law* is a mandatory course included in the BA program of *Social Work*. Students should master their knowledge of legal matters closely related to social activities. The focus is on the content of family relationships and laws for child protection.

Course content: Definition and concept of family law. Marriage - concept and conclusion. Conditions and obstacles to marriage. Nullity of marriage. Joint Matrimonial property. Personal property of the spouses. Origin. Adoption. Parental rights and responsibilities. Allowance. Divorce. Custody and Guardianship. Definition of inheritance, heir, heritage. Inheritance by law. Inheritance by will. Acceptance and waiver. Relations regarding inheritance. Partition.

Course organization and assessment: The lecture course is conducted by combining the traditionally established classical method of teaching with the use of analytical methods, observation, discussion, and interactive techniques (individual and group work, discussions, etc.).

The exam is written and consists of two parts: a test corresponding to the content of the course syllabus questions, and a written answer to one randomly selected question from the course syllabus.

GENERAL AND LABOR SOCIOLOGY

ECTS credits: 8.0

Assessment type: ongoing evaluation and final written exam

Semester: III, IV

Classes per week: 15/15l+8/8s+0/0p

Course type: compulsory

Course coordinating department:

Department of Sociology

Faculty of Philosophy

Lecturers: Prof. D.Sc. Valentina Milenkova; Chief Assist. Prof. Dilyana Keranova

e-mail: vmilenkova@swu.bg; dkeranova@swu.bg

Annotation: Students are trained to interpret, understand, and analyze social facts, as well as to compare, organize, and critically examine them. The constant movement between different social constellations and the delineation of various social strata lead to the acquisition and practice of specific “*skills of the mind*” that are indispensable for every modern science of society. The lecture course spans two semesters, comprising 30 hours of lectures and 15 hours of seminar sessions.

The objectives of the course are as follows:

1. To trace the “*becoming*” of distinct social lifeworlds and the formation of sociological doctrines in the process of sociology’s constitution as a science; to present systematically the emergence and development of sociological thought and sociological science.
2. To identify fundamental principles, major systems of sociological reasoning, and central thematic problem areas.
3. To introduce students into the semantic space of sociological science, enabling them to internalize the key sociological categories, principles, and modes of reasoning embedded in the lecture material.
4. To substantiate the polyparadigmatic character of modern sociology, where the reconstruction of the constellation of social worlds that constitute the subject matter of the discipline becomes, in effect, an “*invitation*” for students to engage with sociology.
5. To familiarize students with an extensive corpus of literature—both classical and contemporary—and to outline interpretative approaches for reading sociological texts, particularly those addressing the issues of contemporary society.

Course content: The sociological idea in different ages; Sociology of “first positive attitude” Social stratification.

Course organization and assessment: The lecture course is conducted in the traditionally established manner, using various teaching methods and tools—lectures, instructor-led question discussions, and informal student debates on current topics.

The course concludes with a final exam at the end of the fourth semester. Emphasis is placed on students' practical and independent work. Knowledge, skills, and competencies are assessed during seminar sessions as part of the ongoing evaluation process, with significant importance given to the outcomes of assigned tasks, discussions, coursework, academic essays, tests, and other assigned tasks. The final exam is written and is based on the course material according to the course syllabus.

SOCIAL POLICY

ECTS credits:8.0

Assessment type: written exam

Semester: III, IV

Classes per week: 15/8l+8/7s+0/0p

Course type: compulsory

Course coordinating department:

Department of Philosophical and Political Science

Faculty of Philosophy

Lecturers: Assoc. Prof. D.Sc. Petya Pachkova; Chief Assist. Prof. Mariya Stoykova, PhD

e-mail: pachkova@swu.bg; m_stoikova@swu.bg

Annotation: The course in *Social Policy* examines the combination of social activities regulating social relations to monitor equality and inequality in society. Different communities and institutions - the state, political parties, NGOs, businesses, individual citizens, international institutions and organizations are subject to this regulation. As an object of regulation different aspects of an individual's life are considered - his work, health, education, family development, etc.

Students are supposed to have thorough knowledge of theory and practice in Bulgaria and abroad concerning the implementation of various social policies.

Course content: Social policy - practice and science. Functions and objects of social policy. Demographic processes and social policy. Social Security - a social policy objective. Right to social security. Social risks. General and professional social risks. Pensions. Social assistance. Policy towards people with disabilities. Social and political aspects of labor. Right to work. Labor discrimination and social policies. Trends in social equality.

Social policy in respect of Employment. Working hours. Unemployment and social policy. The right to a safe and healthy working environment. Social policy on income and poverty. Family social policy. Child Protection. Health care and social policy. Social policy and education. Corporate social policy. The Social policy of the European Union.

Course organization and assessment: The lecture course is conducted in a traditionally established manner, using numerous diagrams and sketches for illustration. Methods such as mini-lectures, discussions, student debates, role-playing games, and others are widely applied. The aim of the seminars is to expand and deepen the knowledge gained during the lectures through independent research of literary sources and the presentation of students' own arguments on specific topics. These activities encourage independent research, contribute to the development of students' critical thinking, and help boost their positive self-assessment.

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of tests and/or quizzes, theoretical assignments, coursework, and other assigned tasks.

The final exam is written, in the form of a test, and covers material from lectures and seminars. It includes both open-ended and closed-ended questions, each carrying a different, pre-assigned weight.

METHODS OF SOCIAL WORK

ECTS credits: 10.0

Assessment type: ongoing evaluation and final written exam

Semester: III, IV

Classes per week: 8/23l+0/0s+7/22p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Viktoriya Sotirova, PhD; Chief Assist. Prof. Mariya Stoykova

e-mail: viktoria_sotirova@swu.bg; m_stoikova@swu.bg

Annotation: The Training course examines the methods of social work as an interdisciplinary contemporary science.

Course objectives:

- To introduce the theoretical grounds of the methods in social work as an independent area of scientific knowledge.
- To classify the methods.
- To find a place to practice the most appropriate and efficient method in different social situations.

Students should acquire knowledge of different scientific concepts and understand the specifics of the methods and their practical character.

Course content: Methodology; Methods in social work; Models of social work; Principles of social work; Nature of technology; Requirements for the profession of social worker; Types of skills in social work; Supervision in social work; Empathy; Ambivalence.

Course organization and assessment: The lecture course is conducted by combining a traditionally established classical teaching method with the use of analytical methods, observation, discussion, and interactive working methods (individual and group work, content analysis, carousel, creation of posters and collages, etc.).

The exam is in the form of a test and covers material from lectures, seminars, and practical exercises. It includes both open-ended and closed-ended questions, each with different weightings.

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of tests and/or quizzes, coursework, essays, reports, presentations, essays, protocols, and other assigned tasks.

WRITTEN AND ORAL PRACTICE IN STANDARD BULGARIAN

ECTS credits: 2.0

Assessment type: written exam

Semester: III

Classes per week: 0l+0s+15p

Course type: elective

Course coordinating department:

Department of Bulgarian Language

Philological Faculty

Lecturer: Assoc. Prof. Lachezar Perchekliyski, PhD

e-mail: llper@swu.bg

Annotation: The auditorium occupation consists of 30 classes (practical exercises). During the classes the students are studying 1) spelling, grammar and punctuation rules of the Bulgarian literary language as well as 2) characteristics of students' scientifically written texts and afterwards taking tests and solving language cases, creating plans of their own scientific texts on individually set topics. The student's extramural activity consists of independent work in the library; homework (solving language tests and creating student scientific texts); consultations with the professors; test preparation; written development of reports, essays or coursework.

The course's main objective is to build skills among students to express themselves properly in creating written and spoken language. It will enable them to enrich their overall language skills, thus filling the gaps of knowledge in this area.

During the classes students are guided on how to write and structure their research papers and then argue and defend their theses in public.

Course content: Paragraphing. Entitling. Capitalizing. Formal and administrative style. Hyphenation. Commas and full stops. Dashes and quotation marks. Colons and semicolons. Ya – E mutation rules. The definite article in the oral and the written mode of Modern Bulgarian. Syntactic coordination. Pronunciation rules. Functional styles. Scientific style. Language characteristics of scientific text.

Course organization and assessment: The main aim of the course “Written and Oral Practice in Standard Bulgarian” is for students to learn how to express themselves correctly when creating written and oral texts. This will enable them to enrich their overall language culture, thereby filling gaps in their knowledge in this area.

The continuous assessment is based on:

- attendance during practical exercises;
- active participation during sessions (students understand the essence of language norms and are able to accurately solve language-related cases);
- the grade from the intermediate language test (a result different from Fail (2) is considered successful, meaning the student has demonstrated more than 40% of the required knowledge);
- regular and quality completion of independent assignments (results demonstrate knowledge of theoretical principles and the ability to apply them in practice).

At the end of the course, a written test exam is held.

WORKING IN A TEAM

ECTS credits: 2.0

Assessment type: written exam

Semester: III

Classes per week: 0l+0s+15p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Viktoriya Sotirova, PhD; Chief Assist. Prof. Mariya Stoikova, PhD

e-mail: viktoriya_sotirova@swu.bg; m_stoikova@swu.bg

Annotation: The course in *Working in a Team* is an elective discipline, intended for the students majoring in “Social Activities”. The course material (practical tasks and exercises) covers the requirements for practical skills while working in a team, given in the qualification characteristic of the major.

In the discipline, the students will form the basic skills for teamwork, with emphasis on the specific work in multidisciplinary teams, realized in social establishments with different groups of people and their families.

Contents of the discipline: The discipline aims to teach the students a basic system of practical knowledge and skills for the work in a team, which are the basis of formation of new knowledge and competences.

The content and structure of the practical course through different actual problems and formulated structural tasks, aim to create the maximum possibilities to stimulate the individual and research work of the students.

Course organization and assessment: The practical course is conducted using the classical teaching approach, employing the analytical method, observation, discussion, interviews, surveys, and interactive working methods (individual and group work, content analysis, creation of posters and collages, role-playing games, etc.).

Throughout the course, an ongoing evaluation of students’ knowledge is carried out in the form of tests and/or quizzes, coursework, essays, reports, presentations, essays, protocols, and other assigned tasks.

The exam is in the form of a test and covers the material from the practical exercises. It includes both open-ended and closed-ended questions with different weightings.

PRACTICUM IN SOCIAL WORK

ECTS credits: 2.0

Assessment type: ongoing evaluation and final written exam

Semester: III

Classes per week: 0l+0s+15p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Chief Assist. Prof. Mariya Stoykova, PhD

e-mail: m_stoikova@swu.bg

Annotation This workshop, as another form of practical training of students, enters certain knowledge in the form of concrete practical work and describes the technology of the work itself. The theory is expressed mostly in brief descriptions of exercises, examples and explanations to them. The focus is entirely on getting knowledge through practical experience.

Course content: The curriculum includes topics from the following areas: Essence of social work. Social work as a profession. Models and approaches in social work. Social work with

case. Social work with groups. Social work with communities. Social work with children and families. Social work with old people. Social work with people with disabilities. Management of social work organizations.

Course organization and assessment: Practical exercises are conducted in a real work environment and/or classroom setting, combining interactive teaching and learning methods (individual and group work, content analysis, creation of posters, collages, etc.).

Throughout the course, an ongoing evaluation of students' knowledge is carried out through the development and presentation of presentations, posters, reports, protocols on case studies, and other assigned tasks.

The exam is written, in the form of a test, and covers the material from the practical exercises. It includes open-ended and closed-ended questions with different weightings, which are specified in advance.

LABOR AND EMPLOYMENT LAW

ECTS credits: 3.0

Assessment type: ongoing evaluation and final written exam

Semester: IV

Classes per week: 15l+8s+0p

Course type: compulsory

Course coordinating department:

Department of Civil and Legal Sciences

Faculty of Law and History

Lecturer: Assoc. Prof. Andrey Alexandrov, PhD

e-mail: a.alexandrov@law.swu.bg

Annotation: The course *Labor and Employment Law* aims to offer students the necessary knowledge on the basic principles, concepts and institutions of Labor and Employment Law. The object of study is the applicable labor and insurance law of the Republic of Bulgaria. Its importance is determined by the rank of wage labor in modern society, the vital importance of relations arising from participation in labor and occurred based on their social security relationships, as well as their management. Enforcement of labor and social security law occupies an important place in practice of education in social work experts such as managers, employees in government employment, social assistance, social security, health insurance and others. Therefore, the course on *Labor and Employment Law* is very important for the students' preparation in the *Bachelor program of Social Work*.

Course content: By teaching the course on "Labor and Employment Law" is aimed to familiarize the students with basic problems of legal regulation of public relations in connection with the provision of manpower by the employee to the employer concerning issues related to the formation, existence, implementation and termination of employment as well as those related to material support of citizens expressed in the provision of material resources to meet their and their family members' needs in the form of cash benefits, pensions, allowances and other specific objects of use when they have fallen into a state of incapacity due to specific reasons - illness, accident, occupational disease, maternity, old age, death, unemployment, etc. In the course content "Labor and Employment Law" included issues related to employment contract, its content, types of employment contract and termination. Discussed are institutes of labor law such as working time, holidays, vacations. To acquire knowledge in the field of insurance law in the curriculum are added questions about social security of exercising persons

in social risks and related to their occurrence insurance benefits to which the insured are entitled.

Course organization and assessment: The lecture course in “Labor and Employment Law” is conducted in the traditionally established manner, using various audiovisual aids and video materials. Seminars are primarily carried out using diagrams, video materials, solving situational tasks, group discussions, case study analysis, and literature research on pre-assigned topics.

The semester grade is based on both in-class and out-of-class activities and considers the results from tests and quizzes. The final exam is written and takes the form of a test.

CLINICAL PSYCHOLOGY

ECTS credits: 4.0

Assessment type: written exam

Semester: IV

Classes per week: 15l+8s+0p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Viktoriya Sotirova, PhD; Chief Assist. Prof. Silviya Miteva, PhD

e-mail: viktoria_sotirova@swu.bg, simil@swu.bg

Annotation: The course in “Clinical Psychology” is essential for the education of students majoring in “Social Activities”. In it the nature and paradigm of clinical psychology, its problems, methods, methodology, and technology are being examined; as well as the approaches, principles, methods, and means that are used in the scientific direction.

The goal of the course is to familiarize the students, future social workers, with the basic problems of the science; its subject – “the psychic processes and conditions”; “the individual and interpersonal particularities”; “socio-psychological phenomena”, and its object – all individuals that face with “difficulties” in the process of “adaptation and self-realization” in live; as well as the connected with them “physical, social, and spiritual conditions”, concerning, directly or indirectly, the work of the helping specialists.

Course content: The discipline aims to teach the students a system of basic knowledge for clinical psychology, needed for the helping specialist in the process of providing socio-psychological support.

The lectures will give the students basic information for the essence of “psychic disorders – and psychic aspects of somatic disorders – illnesses”, as well as its other activity directed to: “the increase of psychic resources and possibilities for adaptation” of people; “the harmonization of psychological development”; “care for health”; “prevention”; “psychological rehabilitation”.

With the seminars it aims to actively meet the students with the general and characteristics of clinical psychology. The activities of a clinical psychologist and their connections with the work of helping specialists, the social workers, will be discussed.

Course organization and assessment: The lecture course is conducted by combining a traditionally established classical teaching method with the use of analytical methods, observation, discussion, and interactive approaches (individual and group work, content analysis, carousel, creation of posters, collages, and others).

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of coursework or essays, reports, presentations, reflective papers, and other assignments.

The final exam is written and takes the form of a test. It covers the material from lectures and seminars and includes both open-ended and closed-ended questions, each with different weightings.

PEDIATRICS

ECTS credits: 5.0

Assessment type: written exam

Semester: IV

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Logopedics

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Ekaterina Mitova MD, PhD

e-mail: ekaterina@swu.bg

Annotation: In the *Pediatrics* course an expanded specialized training of students for social work with children is aimed. The program includes an introduction to the most common acute and chronic diseases since these patients often require prolonged and purposeful social care. A wider acquaintance with the epidemic and infectious diseases is also planned to owe to the fact that some of them are defined as "typical" for children. parasitic diseases and opportunities for first aid in emergency and urgent conditions are discussed in special topics.

The main intentions of pediatrics training are to upgrade and integrate knowledge in all scientific disciplines (from anatomy and physiology to those relating to the methods and organization of social work, etc.) With pediatric, to supplement the fundamental training.

Course content: The course aims to draw the attention of students, future social workers with children to the problems and prospects of child healthcare in Bulgaria, to highlight the importance of the social problems of medicine and child healthcare, to explore the place and role of medico-social and social activities with children in health promotion and wider personal and social prevention.

The tasks of the course are:

- to outline the subject of pediatrics, the social, the preventive and the curative purposes;
- to emphasize the dynamics in birth rates, infant mortality, and outline the importance of morbidity and its structure;
- to make the future social workers empathetic to the general demographic and health problems, as well as overall morbidity and its structure, knowing that these issues, albeit indirectly are linked to the activity of future specialists;
- to provide knowledge of the principal damage in diseases of the muscles;
- to contribute to the establishment of a healthy lifestyle;
- provide knowledge about the classification of diseases of the respiratory system; to know the reasons and the main clinical features of multiple malformations;
- to provide knowledge about the main diseases such as rheumatism, diabetes, tuberculosis. Special attention is paid to disability in childhood and the impact on the child's body and the reasons and the main clinical features of multiple malformations; to provide basic theoretical knowledge of the most common cases requiring first aid and prove the principles of conduct for these emergencies.

Course organization and assessment: The lecture course is conducted by combining the traditionally established classical teaching approach with the use of analytical methods, observation, dialogue, discussion, and interactive techniques (individual and group work, content analysis, carousel, creation of posters and collages, etc.).

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of tests and/or quizzes, coursework, essays, reports, presentations, reflective papers, and protocols.

The final exam is written, in the form of a test, and covers material from lectures, seminars, and practical exercises. It includes both open-ended and closed-ended questions, each assigned a different weight.

ANDRAGOGY

ECTS credits: 5.0

Assessment type: written exam

Semester: IV

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Viktoria Sotirova, PhD; Chief Assist. Prof. Yoanna Tsvetanova, PhD

e-mail: viktoria_sotirova@swu.bg, ytzvetanova@swu.bg

Annotation: The course “Andragogy” is an elective discipline from the first group, targeted towards the students majoring in *Social Work*. The course covers the requirements for theoretical knowledge and practical skills for social work with adults, set in the qualification characteristics of the major.

In the course, the historical development of Andragogy as a science, the theoretical schools and directions, its problems and perspectives for development are being examined. Emphasis is placed on the problems, methodology, and methods of Andragogy; its objects and subjects; as well as the “andragogical model” and “cycle” of work.

Course content: The discipline aims to teach the students a system of basic knowledge and skills for Andragogy “as a science of education of adults”.

With the lectures it aims to meet the students with: the essence and fundamental areas of Andragogy; the modern trends for education and communication, socialization and resocialization of adult humans; it also aims to form skills for: observation, cause and effect analysis, evaluation of the vital cycles and crisis, through which adults pass, which is the basis for the development of a basic practical skills for social work with adults.

During the practical classes the students form knowledge and skills for the development of the “andragogical model” and “cycle” of education of adults, which are the foundation for formation of new knowledge and competences.

Course organization and assessment: The lecture course is conducted by combining a traditionally established classical teaching method with the use of analytical methods, observation, dialogue, and interactive teaching approaches (individual and group work, content analysis, carousel, creation of posters, collages, etc.).

Throughout the course, an ongoing evaluation of students' knowledge is carried out through coursework, theoretical assignments, presentations, essays, and other assigned tasks. The final

exam is written, in the form of a test, and covers material from lectures and practical exercises. It includes both open-ended and closed-ended questions, each carrying different weight.

GERONTOLOGY AND GERIATRICS

ECTS credits: 5.0

Assessment type: written exam

Semester: IV

Courses per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Rosen Kalpachky, MD

e-mail: rosen_kalpachki@swu.bg; neurozona@gmail.com

Annotation: Geriatrics (from the Greek: geron – old man, and iatreia – treatment) is the science concerned with the diseases of elderly and aged persons, including their diagnosis, characteristic course, treatment, and methods of social rehabilitation. The scope of geriatrics encompasses both diseases that begin in earlier stages of life and specific gerontological conditions. Geriatrics primarily addresses issues within internal medicine, orthopedics, neurology, and psychiatry, making it an interdisciplinary field.

In contrast, Gerontology is the science that studies the processes of aging in all their aspects. Geriatrics must not be confused with palliative medicine, whose purpose is to support individuals in the terminal stage of incurable illness to pass away in a dignified manner. Geriatrics, by contrast, is dedicated to helping elderly and very old persons lead a better quality of life.

The adequate study of geriatrics within social work education in Europe has been identified by the WHO, the UN, the Council of Europe, and the European Parliament as an important objective and a vital component of comprehensive health and social care for the elderly. The predominance of chronic diseases among older people, especially within the oldest segments of the population, has a profound impact on the demand for medical care and long-term support. There is, therefore, an undeniable need for sufficiently numerous and appropriately trained specialists in social work.

Course content: The aim of the course is to provide knowledge of the general biological and medico-social aspects of aging, as well as of modern clinical approaches to elderly persons. This will enable students to acquire competencies necessary for delivering professional health care to elderly patients in accordance with contemporary quality standards for medical care of older adults. The course also seeks to develop students' practical skills and habits in communication with and care for elderly people.

The main teaching methods employed in the course are lectures and discussion-based exercises. The learning content is illustrated through the use of computer-based technologies and carefully selected modern visual materials.

Course Content:

- Fundamentals of geriatric medicine: scope and objectives of geriatrics; heredity and life expectancy.
- Age-related changes in the functions of the endocrine glands and the cardiovascular system.
- Diseases of the endocrine and cardiovascular systems in advanced and old age.
- Age-related changes in the functions of the digestive and excretory systems.
- Diseases of the digestive and excretory systems in advanced and old age.

- Age-related changes in the respiratory and nervous systems.
- Diseases of the respiratory and nervous systems in advanced and old age.
- Age-related changes in the musculoskeletal system, skin, and sensory organs.
- Diseases of the musculoskeletal system, skin, and sensory organs in advanced and old age.
- Prevention of premature aging.
- Medico-social problems of aging and old age.

Course organization and assessment: The lecture course and practical exercises are conducted in healthcare institutions.

Throughout the training, an ongoing evaluation of students' knowledge is carried out through theoretical assignments such as essays. The final exam is written, in the form of a test, and covers material from both lectures and practical exercises. It includes open-ended and closed-ended questions, each with a different weight.

BASICS OF SOCIAL MANAGEMENT

ECTS credits: 5.0

Assessment type: written exam

Semester: V

Classes per week: 23l+7s+0p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Viktoriya Sotirova, PhD, Assist. Prof. Maria Stoykova, PhD

e-mail: viktoria_sotirova@swu.bg; m_stoikova@swu.bg

Annotation: The discipline “Basics of Social Management” is essential for the education of students majoring in “Social Activities”.

The course concentrates on knowledge for methodology, as well as the methods of social management of social organizations.

Using the complex system-wide approach and analyzing if the general and particular of social management, their positive and negative characteristics, the students will form a critical attitude towards its realization in the public and private sectors.

Course content: The aim of the lecture course in “Basics of Social Management” is to teach the students majoring in “Social Activities” the theoretical knowledge for management, including social management; the place and the role of the social organization; the place and role of the administration of the social organization; the place and role of management in the social organization; the place and role of RP in social organization; the general and particular elements of the administrative system in the social area and its sub-system - for social support, social aid, unemployment and others.

The aim of the seminars is to meet the students with the general and particular characteristics of social management, to discuss the guidelines for theoretical and real development and improvement of social management.

Course organization and assessment: The lecture course is conducted by combining a traditionally established classical teaching method with the use of analytical methods, observation, dialogue, and interactive approaches (individual and group work, content analysis, carousel, creation of posters and collages, etc.).

Throughout the course, an ongoing evaluation of students' knowledge is carried out through project proposals, promotional materials, reports, presentations, essays, and other assignments. The final exam is written and takes the form of a test. It covers the material from lectures and seminars and includes both open-ended and closed-ended questions, each with different weight.

COMMUNICATION DISORDERS

ECTS credits: 4.0

Assessment type: written exam

Semester: V

Classes per week: 15l+8s+0p

Course type: compulsory

Course coordinating department:

Department of Logopedics

Faculty of Public Health, Health Care and Sport

Lecturers: Assoc. Prof. Elka Goranova; Chief Assist. Prof. Anna Andreeva, PhD

e-mail: elkalogo@swu.bg; anna_andreeva@swu.bg

Abstract: The training course in "Communication Disorders" aims to introduce students to the types of communication disorders and their impact on the quality of life of people of different age groups. The training includes an explanation of the communication process - its linguistic and extralinguistic components. Future social workers study the causes and symptoms of impaired ability to receive, send, process, and understand verbal, nonverbal, and graphic symbol systems. Special attention is paid to the social aspects of speech and language pathology. Future social workers are introduced to the International Classification of Functioning, Disability and Health: ICF and its application to people with communication disorders. Students acquire knowledge of recognizing disorders of verbal and non-verbal communication and skills to work in a team with the speech and language therapist and other professionals (medical doctor, psychologist, physiotherapist, occupational therapist, etc.) who participate in the processes of prevention, assessment, therapy, socialization and improvement of the quality of life of persons with speech and language pathology.

Competence that the student should have after completing the course of study in the discipline "Communication disorders":

- Referring persons with communication disorders for interventions to relevant professionals (speech and language therapist, medical doctor, psychologist, physiotherapist, etc.)
- Providing support or advocacy for clients with speech and language pathology
- Providing support or advocacy in assessing and coordinating the provision of specialized services for persons with communication disorders
- To be able to determine the status of persons with communication disorders who should be assisted under various state programs or schemes for support and accessibility to services in order to improve or rehabilitate the capacity for social functioning and improve the quality of life
- Supporting persons with communication disorders and their families, couples and relatives by connecting with support groups and self-help groups

Course content: Communication - nature and types; Types of communication disorders; The International Classification of Functioning, Disability and Health: ICF and its application to persons with communication disorders; Articulation disorders; Communication disorders in craniofacial injuries; Fluency disorders; Voice disorders; Laryngectomy; Language disorders in children; Neurogenic communication disorders - dysarthria and aphasia; Disorders of

Reading and Writing; Communication disorders due to hearing impairment and visual impairment; Communication disorders in emotional-behavioral disorders and mental illnesses; Multiple disorders; Voice and communication changes in transgender people; Application of complementary and alternative communication; Application of robotic and assistive technologies for people with communication disorders; Counseling and advising for persons with communication disorders; For each communication disorder, the role of the social worker in the team approach in working with persons with speech and language pathology is considered.

Course organization and assessment: Various teaching methods are used in the lecture course and seminars, such as reflective techniques, brainstorming, discussion and debate, visualization through clinical materials, video materials, specialized equipment and software, and others.

For independent study, the following are required:

- Development of a discussion topic assigned in advance by the course lecturer.
- Solving case studies.
- Preparation of topics with scientific and practical focus.
- Preparation for test-based assessments.

PSYCHIATRY

ECTS credits: 6.0

Assessment type: ongoing assessment and final written exam

Semester: V

Classes per week: 15l+7s+8p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova MD, PhD, Chief Assist Prof. Silviya Miteva, PhD

e-mail: v_stancheva@swu.bg, simil@swu.bg

Annotation: The course examines many pathological changes in mental processes, with a focus on studying the basic disorders of the various fields of the psychic apparatus, the general laws of occurrence and some features of the course of mental health disorders in different stages of human life cycle.

Students should acquire knowledge about basic aspects of general psychopathology and key features of socially significant mental disorders, as well as skills for working in mental health teams for people with mental disorders.

Course content: The course consists of two modules: general psychopathology and mental disorders. The first module explores various disorders of mental functions and methods of investigation in psychiatry. The second module focuses on the etiology, pathogenesis and classification of mental disorders. Students are introduced to the main clinical characteristics and approaches for the treatment of both organic and symptomatic mental disorders; schizophrenic; affective disorders; anxiety disorders; disorders associated with substance abuse; mental retardation; disorders of eating behavior; personality disorders. The final lecture presents the organization of psychiatric care and the role of social workers in different structures.

Course organization and assessment: The lecture course is conducted in the traditionally established format, supported by audiovisual materials and, where possible, through the demonstration of case studies. Seminars are organized as semi-structured discussions moderated by the lecturer and include case analyses, video analysis, and the discussion of research findings.

Where possible, practical training is delivered in block sessions within a day-care centre or supported housing for people with mental disorders, as well as in day-care centres for children and adults with intellectual and physical disabilities. The aim is to provide students with the opportunity to build therapeutic relationships with patients and subsequently carry out the required tasks—working with patient documentation and preparing case formulations (schizophrenia, alcohol dependence, substance abuse, dementias, affective disorders, psychosomatic disorders, organic brain disorders).

Continuous assessment is based on independently developed theoretical papers, case formulations, bibliographic reviews on assigned topics, and tests. The final examination is in the form of a written test.

FAMILY COMMUNICATION AND ADAPTATION

ECTS credits: 4.0

Assessment type: ongoing assessment and final written exam

Semester: V

Classes per week: 8l+7s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova MD, PhD, Chief Assist Prof. Silviya Miteva, PhD

e-mail: v_stancheva@swu.bg, simil@swu.bg

Annotation: The course aims to build understanding of the family as a group with its defined roles, functions, priorities and problems - in the context of the ecosystem approach and the theory of family life (stages of family development); to reveal the interconnection of family members; to propose models for family diagnostics based on understanding of family interactions; research, evaluation, intervention and planning of care; to communicate with institutions whose help it needs the family; building partnerships with the family when working on different social occasions.

This course on *Family Communication and Adaptation* offers knowledge about the phenomena of communication and adaptation and their specific deployment in the context of the family. There are discussions concerning the relevant concepts for helping the family as a group; framework for group behavior and group dynamics, which is useful for case work with individual families.

Course content: Through the course students become aware of the basic concepts of: theories of the family, different family types, methods of study of the family, the process of communication in the family; family crisis; family violence, foster families; practical work with families.

Course organization and assessment: The lecture course is conducted using modern interactive teaching and learning methods aimed at encouraging the active participation of students through multimedia presentations, video materials, role-playing, case study

development, student debates, and more. Practical exercises take place both through the development of various case studies in the classroom and in real working environments. Throughout the course, students' knowledge is assessed through ongoing evaluation in the form of project proposals, promotional materials, reports, presentations, essays, and other assigned tasks. The final exam is written and takes the form of a test. It covers the material from lectures and seminars and includes both open-ended and closed-ended questions, each carrying different weight.

SOCIAL COMMUNICATION AND ADAPTATION

ECTS credits: 4.0

Assessment type: ongoing evaluation and final written exam

Semester: V

Classes per week: 8l+7s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova MD, PhD, Chief Assist Prof. Silviya Miteva, PhD

e-mail: v_stancheva@swu.bg, simil@swu.bg

Annotation: The training course on *Social Communication and Adaptation* is based on two key social work concepts - adaptation and communication, as well as teamwork and supervision. Adaptation is considered in two main aspects, as a fundamental characteristic of living beings, including the individual and in the aspect of its disorder. Communication is viewed in its direct and through competent manifestation, as well as its theoretical and practical plan.

Students should acquire knowledge and skills for effective communication required for the social worker and the organization of work - in the formation and teamwork and interaction with other departments to ensure complete customer service.

Course content: the theory of communication; axioms of communication; adaptation as a process; case management in social practice; work in a multidisciplinary team.

Course organization and assessment: The lecture course is conducted using modern interactive teaching and learning methods aimed at motivating students to take an active role using multimedia presentations, videos, role-playing games, case study development, student debates, and others. Practical exercises are carried out both by developing various case studies in the classroom and in real work environments.

Throughout the course, an ongoing evaluation of students' knowledge is conducted in the form of project proposals, promotional materials, reports, presentations, essays, and other assigned tasks. The exam is written and takes the form of a test. It covers material from lectures and seminars and includes both open-ended and closed-ended questions with varying weights.

PSYCHOLOGICAL COUNSELLING AND CRISIS INTERVENTION

ECTS credits: 4.0

Assessment type: ongoing assessment and final written exam

Semester: V

Classes per week: 8l+7s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova MD, PhD, Chief Assist Prof. Silviya Miteva, PhD

e-mail: v_stancheva@swu.bg, simil@swu.bg

Annotation: The lecture is divided into two main modules: psychological counselling and crisis intervention. In the first module are presented the principles and models of psychological counselling and basic skills that are necessary for the consulting practice in social work.

The second module includes the theory of the crisis, the structure and dynamics of the process of crisis intervention and its scope. Emphasis is placed on the issue of violence in its various forms and the relevant programs for crisis intervention

The course aims to equip the students with basic knowledge about basic concepts of psychological counselling and crisis intervention with a view to offering a practical framework for consultation, which can be further developed and adapted according to specific cases in social practice.

Course content: conceptual overview and models of psychological counselling; application areas; crisis intervention, conceptual overview and application areas; specificity of crisis intervention with abused children, attempted suicides; early intervention.

Course organization and assessment: Lectures are conducted in a traditionally established format using audiovisual equipment. Throughout the course, interactive and audiovisual methods, simulations, group discussions, and case study work are applied.

Ongoing evaluation is carried out by evaluating independently developed theoretical topics, research on stress and coping within specific groups, and participation in role-playing games.

The exam is written and considers continuous assessments throughout the semester. It is conducted in the form of a test. An ongoing evaluation involves evaluating independently developed theoretical topics, case studies, and participation in role-playing games.

SOCIAL WORK WITH CHILDREN

ECTS credits: 7.0

Assessment type: ongoing assessment and final written exam

Semester: V

Classes per week: 30l+0s+15p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Chief Assist. Prof. Elena Kerankova, PhD

e-mail: kerankova_elena@abv.bg

Annotation: This lecture course covers the theoretical, normative, methodological and ethical aspects of social work with children. The emphasis is put on the modern concepts of child and childhood, risk, resilience, child-centered approach, family-oriented practice, specific groups of children at risk and disadvantage, and more. Both the preventive and the interventional aspects of social work with children are substantiated. Special attention is paid to personal and professional qualities and ethical principles and norms for working with children.

Course content: Concepts for child and childhood; Theories of the development in childhood; The child and their rights; Child protection and welfare system in Bulgaria; The child in social work; Child and risk; Risk Assessment. Risk and protective factors; Resilience; Assessment of children's needs; Case work with a child at risk; The child in the context of the family. Work with the family; Specifics of working with children's groups; Social work with children, victims of violence and neglect; Specifics of support in residential services; Social work with children with disabilities; Social work with children in conflict with the law; Quality and efficiency of social services in the community for children; Contemporary challenges to social work with children; Professional competence of the social worker to work with children. Attitudes and professional skills for working with children; Code of ethics for those working with children.

Course organization and assessment: The lecture course is conducted using modern teaching and learning methods such as multimedia presentations, videos, role-playing games, case study development, student debates, and others.

Assessment methods include ongoing evaluation and exams. The exam for the course “Social Work with Children” takes place in the 5th semester and is written. Throughout the course, students complete two written tests as the main part of the ongoing evaluation.

SOCIAL WORK WITH ADULTS AND PEOPLE WITH DISABILITIES IN THE SYSTEM OF WELFARE SERVICES

ECTS credits: 7.0

Assessment type: ongoing evaluation and final written exam

Semester: V

Classes per week: 30l+0s+15p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Chief Assist. Prof. Yoanna Tzvetanova, PhD

e-mail: ytzvetanova@swu.bg

Annotation: The training in the discipline includes knowledge in the field of social work with adults and people with disabilities in the social welfare services.

The program provides acquaintances with the basic concepts in this field, as well as with the basic theoretical and practical statements of the specifics of the technology of working with adults and people with disabilities. Topics on the basic concepts of technology, its essence, as well as its importance for social work are included. Its main practical and applied aspects in social work are considered. The course aims to teach students a system of knowledge and skills for technology of social work with adults and people with disabilities.

Course content: Introduction to the discipline; Nature, concepts, types; Gerontology and geriatrics as a discipline; Demographic aspects and causes of premature aging; Nature of individual social work; Types of skills and relationships; Group social work; Technological strategies; Current trends in working with adults; Types of technologies and requirements.

Course organization and assessment: The teaching strategy is based on classical teaching traditions with a focus on working with elderly people and individuals with disabilities.

Throughout the course, an ongoing evaluation of students' knowledge is conducted through tests and/or written assignments, term papers, reports, presentations, and essays.

The exam is written, in the form of a test, and covers material from lectures and seminar exercises. It includes both open-ended and closed questions, which carry different weights.

SOCIAL WORK WITH OLD PEOPLE IN THE SYSTEM OF WELFARE SERVICES

ECTS credits: 7.0

Assessment type: ongoing evaluation and final written exam

Semester: V

Classes per week: 30l+0s+15p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Chief Assist. Prof. Yoanna Tzvetanova, PhD

e-mail: [ytzvetanova @swu.bg](mailto:ytzvetanova@swu.bg)

Annotation: The training course includes knowledge of the technology of activities for work with older people in the system of social welfare services, which is rather important for students due to the specifics of their future work with clients experiencing social problems.

The course aims at presenting and utilizing students with basic knowledge in this area.

Course content: Introduction to the discipline; Nature, concepts, types of technological approaches in the work of a social worker; Gerontology and geriatrics as a discipline; Demographic aspects and causes of premature aging; Nature of individual social work; Types of skills and relationships; Group social work; Technological strategies; Current trends in working with old people; Types of technologies and requirements.

Course organization and assessment: The teaching strategy is based on classical teaching traditions with an emphasis on working with elderly people.

Throughout the course, an ongoing evaluation of students' knowledge is conducted through tests and/or written assignments, term papers, reports, presentations, and essays.

The exam is written, in the form of a test, and covers material from lectures and seminars. It includes both open-ended and closed questions, which carry different weights.

SOCIAL MEDICINE

ECTS credits:5.0

Assessment type: written exam

Semester: VI

Classes per week: 15l+8s+0p

Course type: compulsory

Course coordinating department:

Department of Logopedics

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Ekaterina Mitova MD, PhD

e-mail: ekaterina@swu.bg

Annotation: In the course in *Social Medicine* the new guidelines and trends for the preparation of different specialties in the disciplines of public health and healthcare are stated as well as to other professionals, which by increasing their knowledge and skills in the field of public health can contribute to reducing preventable diseases and disabilities. The attention of master students majoring in the “Social studies” will be directed primarily at clarifying the subject and the

methodology of the social medicine, its integrative character, complex research policy, social health factors, contemporary concepts of individual and public health, especially risk factors of health.

Course content: The aim of the course is to focus the students' attention on group and public healthcare, to highlight the significance of social problems of medicine and healthcare, to investigate the place and role of medico-social and social activities in health promotion and wider personal and social prevention.

The tasks of the course are:

- to propose a methodology for studying the indicators of public health and the health needs of the population, social determinants of health and disease;
- to investigate health status of the population, demographic processes and risk factors of health;
- to contribute to the establishment of a healthy lifestyle;
- to highlight medical and social problems of the active population.

Course organization and assessment: The lecture course is conducted in a traditionally established way, using numerous diagrams and sketches for illustration. Mini-lectures, discussions, student debates, business games, and similar methods are also widely employed. The seminars aim to expand and enrich the knowledge gained during the lectures through independent research of literary sources and the presentation of students' own arguments on specific issues. These activities encourage independent research and contribute to increasing students' assertiveness and positive self-esteem.

Throughout the course, an ongoing evaluation of students' knowledge is conducted in the form of tests and/or written assignments, term papers, theoretical analyses, and other assigned tasks. The exam is written, in the form of a test, and covers material from lectures and seminars. It includes both open-ended and closed questions, which carry different weights that are specified in advance.

PSYCHOPROPHYLAXIS AND PSYCHOTHERAPY

ECTS credits: 6.0

Assessment type: ongoing evaluation and final written exam

Semester: VI

Courses per week: 23l+7s+15p

Course type: compulsory

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova MD, PhD, Chief Assist Prof. Silviya Miteva, PhD

e-mail: v_stancheva@swu.bg, simil@swu.bg

Annotation: The training involves studying the basic aspects of mental health, psychological treatment, psychotherapy and mental hygiene, which are closely related to social work.

The main topics are divided into two main modules. The first module uses a three-dimensional framework to present the key activities and programs in the field of psychological treatment throughout an individual's life stages. The second module presents the basic aspects of psychotherapy and necessary skills to apply psychotherapeutic approaches in the different fields of social work.

Throughout the course, students gain valuable knowledge of psychological treatment and psychotherapy and skills for working with individuals, groups and families.

Course content: Module “Psychological treatment”: Mental health; Mental hygiene and psychological treatment; Mental hygiene and psychoprophylactic aspects of stress; Mental hygiene and psychoprophylactic aspects of suicide; Mental hygiene and psychoprophylactic aspects of addictions. Module “Psychotherapy”: Conceptual review; Psychotherapeutic techniques; Psychoanalysis; Behavioral psychotherapy; Cognitive-behavioral psychotherapy, psychodrama; Self-help groups.

Course organization and assessment: The course aims to present key aspects of psych hygiene, psychoprophylaxis, and psychotherapy, along with their fundamental principles and strategies in the areas of stress, addictions, suicides, violence, neurotic, and personality disorders.

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of tests and/or written assignments, term papers, theoretical analyses, and other assigned tasks. The exam is written, in the form of a test, covering material from lectures and practical exercises. It includes both open and closed questions, which carry different weights specified in advance.

CHILD’S LEGAL PROTECTION

ECTS credits: 4.0

Assessment type: final written exam, test

Semester: VI

Classes per week: 15l+8s+0p

Course type: compulsory

Course leading department:

Department of Public Law and Public Management

Faculty of Law and History

Lecturer: Assoc. Prof. Nadezhda Krasteva, PhD

e-mail: nkrusteva@law.swu.bg

Annotation: The course is designed to broaden students’ specialized training in social work with children. In this respect, it acquaints students with that part of the current legislation which is primarily aimed at the protection of children, their rights, and their legitimate interests.

The main objective of the course is to educate and prepare professionals capable of ensuring that the needs of every child are met. Of fundamental importance for the child is to grow up in a family environment, or at least in conditions close to a family setting; to receive proper upbringing and education; to develop in a healthy environment; to learn to observe and respect the established social norms and rules of conduct; and, above all, to be protected from different forms of criminal encroachment.

The legal framework of the discipline includes the study of national and international legal instruments that provide for the protection of children in different aspects of social life. International instruments ratified by the National Assembly of the Republic of Bulgaria, in accordance with Article 4 of the Constitution of the Republic of Bulgaria, are binding on all subjects in the country and take precedence over domestic legislation.

Among the key aims of the course is to introduce students to juvenile offenders and to the special care provided by the state for their correction and re-education. In this way, students’ fundamental preparation is supplemented and expanded in scope.

Course content: Historical development of the concept of human rights. The Child's rights as a system. Child's rights in international law. General characteristics of the Law on Child Protection. The course includes a study of internal and international regulations providing child protection. International laws and acts ratified by the National Assembly of the Republic of Bulgaria

Course organization and assessment: The lecture course is conducted in the traditional lecture format. Presentations are used to cover all topics. Teaching also employs forms and templates established by regulatory acts. Time is allocated for questions and discussions on current issues. Interactive and discussion-based teaching methods are used.

Throughout the seminars, selected questions related to the topic of each exercise are discussed. Students are required to prepare in advance by researching and familiarizing themselves with relevant provisions of the current legislation on the respective issues of the exercise. The resolution of appropriate case studies is also planned. Discussion methods are primarily used. The semester grade is based on both in-class and out-of-class activities and considers the evaluation of mandatory and additional assignments completed throughout the semester. The exam is written and consists of a test with 21 questions — both open and closed. The maximum number of points for each question is indicated on the test.

CHILD PSYCHOPATHOLOGY

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written test

Semester: VI

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova MD, PhD, Chief Assist. Prof. Elena Kerankova

e-mail: v_stancheva@swu.bg; kerankova_elena@abv.bg

Annotation: The course in *Child Psychopathology* includes studying the theories of evolution, framing their contributions and critical aspects. The main disorders are presented in the context of the life cycle of children and adolescent. Both clinical etiological and psychosocial aspects of common disorders of mental health in childhood and adolescence are also discussed.

Students should acquire knowledge of basic mental disorders and the peculiarities of age crises in childhood and adolescence; principles of treatment, as well as the ability to identify different psychopathological acts within different age periods, and work with children and families.

Course content: Theories of Development; General Psychopathology of Child Development; Research Methods; Etiology, Pathogenesis and Classification of Mental Disorders in Childhood; Autism Spectrum Disorders; Mental Retardation, Emotional and Behavioral Disorders; Sleep Disorders; Behavioral Disorders, Addictions.

Course organization and assessment: The lecture course is conducted in a traditionally established manner, using various audiovisual tools. Interactive and audiovisual teaching methods are applied, including video analysis, case work, group work, and discussions.

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of tests and/or written assignments, coursework, theoretical papers, and other assigned tasks.

The exam is written and takes the form of a test covering material from lectures and practical exercises. It contains both open and closed questions, which have different weights that are specified in advance.

ADULT PSYCHOPATHOLOGY

ECTS credits: 5.0

Assessment type: final written exam

Semester: VI

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Chief Assist. Prof. Vladimir Nakov, PhD; Chief Assist. Prof. Romyana Dinolova PhD - National Centre for Public Health and Analysis, Sector of "Mental Health"

e-mail: vnakov@gmail.com; rdinolova@abv.bg

Annotation: The course aims to present the main theories of development and highlight their contributions and critical aspects. It also presents the stages of development, the specific problems that they create for mature persons and their relationship with the near and distant surroundings by focusing on specific for different age periods psychopathological manifestations and peculiarities of age crises.

The characteristic of the most common mental health disorders in adulthood is offered. During training, basic research methods are included in adulthood, with a view to build skills to apply them in the context of social worker employment. At the same time, it is indicated the role and responsibilities of social workers in multidisciplinary teams working with adults on problems regarding mental development.

Course content: Subject and tasks; Types of disorders.

Course organization and assessment: The lecture course is conducted using modern interactive teaching and learning methods aimed at motivating the active role of students using multimedia presentations, video films, project assignments, and others.

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of tests and/or written assignments, coursework, theoretical papers, and other assigned tasks.

The exam is written, in the form of a test, covering material from lectures and practical exercises. It contains both open and closed questions with different weights, which are specified in advance.

OLDER PEOPLE PSYCHOPATHOLOGY

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: VI

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Zahari Zarkov MD, PhD - National Centre for Public Health and Analysis, Sector of "Mental Health"

e-mail: zaharizarkov@gmail.com

Annotation: The course presents the main theories of development and highlights their contributions and critical aspects. It also gives in detail the stages of development, the specific problems that they create for each individual and his relationship with the near and distant environment by focusing on the specific for different age periods psychopathological acts and peculiarities of age crises.

Throughout the course students become aware of any characteristics of the most common mental health disorders in the third age. During the training, students are introduced to basic research methods in the third age in order to build skills for their application in the context of work as social workers. Furthermore, the role and responsibilities of social workers in multidisciplinary teams working with older people with mental disorders are pointed out.

Course content: Assessment of mental status of people over 65 –role of the Social worker; "Field test" for the evaluation of cognitive functions; mental disorders typical for old age psycho-organic syndromes; affective (depression) syndromes; dementia syndromes; non-specified conditions; social services framework for people over 65. - Role of the social worker, offices for social welfare services.

Course organization and assessment: The lecture course is conducted using modern interactive teaching and learning methods aimed at motivating the active role of students using multimedia presentations, videos, project assignments, and more. Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of tests and/or written assignments, coursework, theoretical papers, and other activities.

The exam is written, in the form of a test, covering material from lectures and practical exercises. It contains both open and closed questions with varying weights, which are specified in advance.

SEXOLOGY AND SEXUAL EDUCATION

ECTS credits: 6.0

Assessment type: ongoing evaluation and final written exam

Semester: VI

Classes per week: 15l+15s+0p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Mihail OkoliyskiMD, PhD; Chirf Assist. Prof. Silviya Miteva, PhD

e-mail: okoliyskim@who.int; simil@swu.bg

Annotation: The course involves the study of two modules: Sexology and sexual education.

The module sexology is presented as a system of concepts, laws and theoretical constructions, which ensures: systematization of life notions of sexuality; scientific view of various sexual events in life of individuals and society; necessary knowledge for understanding the manifestations of sexual dimorphism; familiarization with objective criteria for assessing sexual behavior; distinguish of normal and pathological in sexual acts.

The module Sexual education is determined by the circumstances that still occurs predominantly spontaneously; regulation in this area is mainly in the way of social units and stereotypes and in society dominated by underestimation of the importance of the problematic area of sexual activity in personal and social view.

The students should acquire knowledge of basic theoretical and practical methods in sexology and characteristics of sexuality in different ages and methods of sexual education. Thus, the students broaden their professional competence and their suitability to solve personal and social problems related to their principal work duties.

Course content: Sexology as a subject; Main categories of sexuality; The problem "sexual dimorphism"; Levels of sexuality; Stages of sexual contact; Hierarchical signs to assess sexuality; Health assessment of sexual behavior; Nature of sexual education; Criteria for sexual education; Problems of modern society; Sexual education as a practice.

Course organization and assessment: The lecture course is conducted by combining the traditionally established classical teaching method with the use of the analytical method, observation, discussion, and interactive working methods (individual and group work, content analysis, creating posters and collages, etc.).

Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of coursework, essays, reports, presentations, essays, and other assigned tasks. The exam is written and takes the form of a test. It covers material from lectures and seminars. It contains both open and closed questions with varying weights.

PROJECT DEVELOPMENT AND MANAGEMENT

ECTS credits: 6.0

Assessment: ongoing assessment and final written exam

Semester: VI

Number of classes weekly: 15l+15s+0p

Course type: elective

Faculty:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Viktoriya Sotirova, PhD; Chief Assist Mariya Stoykova, PhD

e-mail: viktoria_sotirova@swu.bg; m_stoikova@swu.bg

Annotation: Project work is a way of achieving goals that complement, improve and refine current social work in social structures, introducing and applying in practice innovative and effective models and methods of support. The discipline "Project Development and Management" enables students to form basic knowledge and practical skills to prepare a working framework of scientific-theoretical and practical approaches to work on various social projects, the main goal of which is to increase the effectiveness of the organization and improve the well-being of its clients.

Course content: Scientific and theoretical approaches to project work are presented - content, characteristics, management, monitoring and practical skills for successful development and implementation of a social project. The topics are structured in a way that allows focusing on the different stages of the project life cycle, the conditions and skills for implementation, the interrelationship between the different elements of the logical framework of project activity.

Course organization and assessment: The lecture course and seminars are conducted using modern interactive teaching and learning methods aimed at motivating the active role of students using multimedia presentations, video films, project task development, and others.

Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of coursework, theoretical development, project proposals, and others. The exam is written and

takes the form of a test. It covers material from lectures and seminars. It contains both open and closed questions with varying weights.

INFORMATION AND COMMUNICATION TECHNOLOGY IN SOCIAL WORK

ECTS credits: 6.0

Assessment type: ongoing evaluation and final written exam

Semester: VI

Classes per week: 15l+15s+0p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Chief Assist. Prof. Yoanna Tzvetanova, PhD

e-mail: [ytzvetanova @swu.bg](mailto:ytzvetanova@swu.bg)

Annotation: Information and communication technologies are an integral part of the functional literacy of modern social workers. The emphasis in the teaching of discipline is placed on the acquisition of knowledge related to modern methodological decisions and practices in social work, in which the forms and methods of assistance are based on modern information and communication technologies. The aim of the course is for students to acquire knowledge about the applicability of technology in the field of social work, thus expanding the scope of professional competence of the future social worker.

Course content: Definition of ICT. Characteristic features of ICT. Classifications. Internet information society and the development of social work. Social media and social work. Types and characteristics of social media. Virtual worlds and people with disabilities. Ethical challenges in integrating ICT into social work practice. Mobile and web-based applications. Cloud technologies. Assistant robot.

Course organization and assessment: The lecture course is conducted by combining a traditionally established classical teaching method with the use of the analytical method, observation method, discussion, and interactive working methods (individual and group work, content analysis, carousel, creating posters and collages, and others).

Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of reports, presentations, and other assigned tasks. The exam is written and takes the form of a test. It covers the material from lectures and seminars. It contains both open and closed questions with varying weights.

INTRODUCTION TO ERGOTHERAPY

ECTS credits: 5.0

Assessment type: final written exam

Semester: VII

Classes per week: 15l+0s+15p

Course type: elective

Course coordinating department:

Department of Logopedics

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Ekaterina Mitova MD, PhD

e-mail: ekaterina@swu.bg

Annotation: The program is designed for students majoring in “Social activities”. In the “Introduction to occupational therapy” course aims to expand the specialized training of students for social work with children. Basic knowledge about occupational therapy as a science, models of evaluation and intervention are given. By studying the patterns of these interactions, the requirements for creating optimal living conditions for children and people with disabilities are examined. Deviations from normal morpho-functional status due to harmful effects on the physical and social environment, as well as possibilities for their adaptation are also examined.

Course content: The course aims to draw the attention of the students, future social workers with children, to the problems and prospects of occupational therapy, as a therapy aimed at promoting health and well-being by facilitating participation in meaningful activities.

The tasks of the course are:

- to outline the subject of occupational therapy, its objectives and tasks, as well as its relationship with other disciplines;
- to make future social workers involved in social policy in Bulgaria, as well as empathetic to the obstacles and prospects of children and persons with disabilities;
- provide knowledge about the nature and principles of occupational therapy evaluation and the methods and means of its realization;
- to contribute to the establishment of a healthy lifestyle;
- provide knowledge about the types of Occupational Therapy approaches for interventions based on the nature and principles of occupational therapy intervention.

Course organization and assessment: The lecture course is conducted by combining the traditionally established classical teaching method with the use of the analytical method, observation method, discussion, and interactive working methods (individual and group work, content analysis, carousel, creating posters, collages, and others).

Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of tests and/or quizzes, coursework, essays, reports, presentations, essays, and protocols. The exam is written and takes the form of a test. It covers the material from lectures, seminars, and practical exercises. It contains both open and closed questions with varying weights.

ART THERAPY

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+0s+15p

Course type: elective

Course coordinating department:

Department of Pre-primary and Primary School Education

Faculty of Pedagogy

Lecturer: Prof. Gergana Dyankova, PhD

e-mail: diankova_g@swu.bg

Annotation: The course includes the study of history, theory and practice of healing through the arts: music, literature, theatre, cinema, art. Students learn technologies for application of psychoanalysis, hypnosis, hypnotherapy, Suggestopedia, relaxation, distress impact.

Using a variety of arts with curative intent; the emphasis in the curriculum is on the cathartic effect of perception and creation of works of art.

Students could learn about the variety of art therapeutic methods and approaches, and to get a major focus on professional competence for adequate art therapy for a limited number of patients.

Course content: Therapeutic efficacy of works of arts and artistic creativity; Suggestion and treatment. Perception of speech and music. Suggestion, suggestibility. Hypnosis. Nature of hypnosis. Research and hypotheses about hypnosis; Psychoanalysis and Psychotherapy. Characteristics of psychoanalysis. Art and psychoanalysis. Sleep and dreams; Characteristics of Gestalt therapy, Analytic conversational therapy, non-analytical colloquial therapy, Behavioral therapy, Expressive therapy, Painting therapy; Psychodrama.

Course organization and assessment: In the course, besides the lecture part, which is presented as multimedia presentations, there is a strong emphasis on demonstration and practical activities. Mainly interactive methods and techniques are used. The training is supported by literature as well as photo and video materials. Students are placed in the position of researchers and experimenters. Research-practical tasks are solved in groups, which helps them develop the essential skills needed for their future practice.

The semester grade is based on both in-class and out-of-class engagement and considers the evaluation of individual assignments, presentations, practical tasks, and more. The exam is written and includes answering 2 questions from the course syllabus. The knowledge acquired by the students is assessed according to the following criteria: accuracy and correctness, awareness, completeness, retention, and style of expression.

OCCUPATIONAL THERAPY

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+0s+15p

Course type: elective

Course coordinating department:

Department of Kinezitherapy and Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Stamenka Mitova, PhD; Chief Assist. Prof. Yoanna Tsvetanova, PhD

e-mail: stami80@swu.bg; ytzvetanova@swu.bg

Annotation: The course in *Occupational Therapy* discusses the issues of the emergence of occupational therapy, its history both in Bulgaria and abroad, different types of occupational therapy and its dosage, personnel and equipment, techniques, occupational therapy in different diseases and some results of its application.

The goal of "Occupational Therapy" is to help accelerate and strengthen the healing process with all available means and methods.

Course content: Origin, history and nature of occupational therapy; Types of occupational therapy; Occupational therapy and its dosage; Staff, equipment and techniques used in occupational therapy; Occupational therapy in various diseases.

Course organization and assessment: The lecture course is conducted in a traditionally established manner, using various audiovisual aids and video materials. The classical traditional teaching method is applied, incorporating the analytical method and the observation method. Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of tests and/or written assignments, term papers, reports, presentations, and essays. The exam is in the form of a test and covers material from lectures and seminars. It includes both open-ended and closed questions, which carry different weights.

COMPLEX REHABILITATION

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Kinesitherapy

Faculty of Public Health, Health Care and Sports

Lecturer: Assoc. Prof. Stamenka Mitova, PhD

e-mail: stami80@swu.bg

Annotation: The course aims at providing knowledge in the field of medical rehabilitation for children with social problems, with abnormal anatomical and physiological functions as well as other somatic disorders.

The aim of the course in *Complex Rehabilitation* is to present and utilize the students with basic knowledge in this area.

Course content: Introduction to the course; Anatomic and physiological peculiarities of children; Functional changes, rehabilitation and medical rehabilitation of the cardiovascular system of children; Primary arterial hypertension; respiratory diseases, bronchopulmonary diseases, asthmatic bronchitis and others.

Course organization and assessment: The lectures are conducted in a traditionally established manner, using multimedia presentations of the course. They also include leading discussions, as well as expressing personal opinions and viewpoints on the topics taught.

Throughout the ongoing evaluation (seminars and results from extracurricular work), the following components are evaluated:

1. Task complexity (very complex, complex, simple, very simple);
2. Scope of task completion (complete, partial, incomplete);
3. Systematic nature of the required knowledge for task completion (a task in itself; requiring limited knowledge from one scientific field; requiring comprehensive knowledge from various fields);
4. Understanding – personal opinion and interpretation of the assigned task and achieved results (complete and thorough interpretation, partial, lack of interpretation).

The exam is written / in the form of a test.

SOCIAL WORK IN MEDICAL INSTITUTIONS

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova, MD, PhD; Chief Assist. Prof. Maria Stoykova, PhD

e-mail: v_stancheva@swu.bg; m_stoikova@swu.bg

Annotation: The course "Social work in medical institutions" presents scientific-theoretical and practical approaches to the implementation of complex and integrated care that meets the needs of the individual and the community through effective social work in medical institutions. The aim is to systematize and expand students' knowledge of applying the bio-psycho-social approach in caring for the health and well-being of individuals and their families.

Course content: The lecture course includes three modules. The first module analyzes the main conceptual frameworks of the integrated approach and care and the cross-sectoral approach, as well as the regulatory framework that regulates them. The second module focuses on the concept of medical social work, transdisciplinary teams and quality and effectiveness standards. The third module focuses on the main areas of application of medical social work: children, the adults and the elderly with various medical and social problems.

Course organization and assessment: The lecture course is conducted using modern interactive teaching and learning methods aimed at motivating the active role of students using multimedia presentations, videos, role-playing games, case study development, student debates, and more. Practical exercises are conducted both through the development of various case studies in the classroom and in a real work environment.

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of coursework, theoretical assignments, and others. The exam is written, in the form of a test, covering material from lectures and practical exercises. It contains both open and closed questions, which carry different weights that are specified in advance.

CONSULTATIVE PSYCHOLOGY

ECTS credits: 5.0

Assessment type: written exam

Semester: VII

Classes per week: 15l+0s+8p

Course type:

Course coordinating department:

Department of Psychology

Faculty of Philosophy

Lecturers: Assoc. Prof. Natasha Angelova, PhD; Chief Assist. Prof. Silviya Miteva, PhD

E-mail: natasha_v@swu.bg; simil@swu.bg

Annotation: The aim of the course is to provide knowledge in the field of counseling psychology, which is necessary for students due to the essential features of their future work with patients/clients/.

The purpose of the training in "Counseling Psychology" is to present and master basic knowledge for conducting counseling, necessary for helping professionals in the process of providing social support, managing individual cases, developing assessments and plans, discussing cases and team interaction.

Course content: Subject of Counseling Psychology; Principles in Counseling Psychology; Contract model in consulting; Ethical issues in consulting practice; Counselor Values and Counseling; Responsibilities in counseling / – moral, administrative, legal, professional/; Types of interviews in consulting practice, essence, phases of the interview and application; Types of questions. Empathy; Objectives in counseling; Safeguards and counseling; Individual counseling; Group counseling; Family counseling; Counseling through the prism of different approaches / psychodynamic, experiential and relationship-oriented, cognitive-behavioral, systemic and postmodern approaches/; Consulting in social practice, consulting-correction, consulting-helping, consulting-training.

Course organization and assessment: The lecture course is conducted by combining the traditionally established classical teaching method with the use of the analytical method, observation, discussion, and interactive working methods (individual and group work, content analysis, creation of posters and collages, and others).

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of coursework, essays, reports, presentations, essays, essays, essays, and other assigned tasks. The exam is written and takes the form of a test. It covers material from lectures and seminars. It contains both open and closed questions, which have different weights.

SOCIAL WORK IN PENITENTIAL INSTITUTIONS

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Assist. Prof. Yoanna Tzvetanova, PhD

e-mail: [ytzvetanova @swu.bg](mailto:ytzvetanova@swu.bg)

Annotation: The training in the discipline: “Social work in penitentiaries” includes acquaintance of the students with the theoretical bases of the social activity in the places of imprisonment. Students acquire knowledge about its essence, goals and tasks, procedural approaches and principles. Special attention is paid to mastering intensive methods for corrective action and specialized programs for value formation and development.

The main goal of the course is to acquaint students with the terminology, the personality of convicts, their communities and groups, the corrective forms of interaction with persons deprived of liberty, the existing system of rehabilitation and resocialization and the main socio-pedagogical paradigms. in this area.

Course content: Historical data on the origination of prisons and the development of penitentiary science in Bulgaria. Legal bases of social work in places of deprivation of liberty. Nature and goals of social work in penitentiary institutions. Peculiarities of the object of influence in the places of deprivation of liberty. Factors determining the specifics of social work in prisons. Procedural approaches and methods for individual social work in penitentiary institutions. Case work. The interview as a research method in social work with prisoners. Rationalization of free time in places of imprisonment - cultural and sports activities. Preparing convicts for life in freedom.

Course organization and assessment: The lecture course is conducted in a way that combines traditional and modern innovative teaching and learning methods: lectures, debates, scenario-based role-playing games, case study work, and other assigned tasks.

Throughout the course, an ongoing evaluation of students' knowledge is carried out in the form of reports, presentations, and other assignments. The exam is written and takes the form of a test. It covers material from lectures and seminars. It contains both open and closed questions, which carry different weights.

ANTI-OPPRESSIVE SOCIAL WORK

ECTS credits: 5.0

Assessment type: current assessment and written exam

Semester: VII

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova, MD, PhD; Chief Assist. Prof. Maria Stoykova, PhD

e-mail: v.stancheva@swu.bg; m.stoikova@swu.bg

Annotation: „Anti-oppressive social work“ is an elective course that aims to introduce bachelor students in social work to the conceptual foundations and basic characteristics of this critical perspective in social work theory and practice. The course includes learning about the values, knowledge, and skills needed for anti-oppressive social work practice with diverse under-represented individuals and groups.

Content: Assumptions and theoretical foundations of anti-oppressive practice in social work. Concepts in anti-oppressive social work. Principles of anti-oppressive practice in social work. Models of anti-oppressive social work. Understanding intersectionality. Power and power distances in the perspective of anti-oppressive social work. Ethics of anti-oppressive practice in social work. Cultural humility in the context of anti-oppressive social work. Working with groups in an anti-oppressive way. Principles of research in the context of anti-oppressive social work. Anti-oppressive practice skills.

Course organization and assessment: The lecture course and practical exercises are conducted using modern teaching and learning methods: multimedia presentations, case discussions, debates, student debates, and other assigned tasks.

Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of coursework, theoretical assignments, and others. The exam is written, in the form of a test, and covers material from lectures and practical exercises. It contains both open and closed questions, which have different weights that are specified in advance.

SOCIAL WORK WITH REFUGEES AND MIGRANTS

ECTS credits: 5.0

Evaluation: formative assessment and written exam

Semester: VII

Hours weekly: 15l+0s+8p

Statute of the discipline: elective

Methodical guidance:

Medico-social Sciences Department

Faculty of Public Health, Health Care and Sport

Lecturer: Chief. Assist. Prof. Maria Stoykova, PhD

e-mail: m_stoikova@swu.bg

Annotation: The course in "Social work with refugees and migrants" is designed for bachelor students in social work. The main goal is for students to acquire knowledge and skills for critical analysis of the current refugee and migrant situation, problems related to the social integration of refugees and migrants, methods and forms of social work with them. Teaching focuses on contemporary practices in this field and aims to form knowledge and skills through critical reflection and self-reflection.

Content: Refugees and identity. The current refugee situation in Bulgaria. Concept of refugees and migrants in the context of international legal and national documents. Institutional and regulatory framework for integration of refugees and migrants. Inclusive policies for refugees and migrants. Ethical aspects of working with refugees and migrants. Casework with refugees and migrants. Group social work with refugees and migrants. Vulnerable groups of refugees. Social work with vulnerable groups of refugees. Specifics of working with unaccompanied minors. Coordination in working with refugees and migrants. Multidisciplinary team. The role of the UN High Commissioner for Refugees in Bulgaria. Non - governmental organizations for work with refugees and migrants. The social worker as a subject in the work with refugees and migrants - professional attitudes and skills.

Course organization and assessment: The lecture course is conducted using modern teaching and learning methods: multimedia presentations, case discussions, debates, student debates, and other assigned tasks. The practical exercises focus on skill development through role-playing, working on specific cases, discussions, and, when possible, observing case work in a real work environment.

Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of coursework, theoretical assignments, and others. The exam is written, in the form of a test, and covers material from lectures and practical exercises. It includes both open and closed questions, which have different weights specified in advance.

PSYCHOSOCIAL REHABILITATION

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Prof. Vaska Stancheva-Popkostadinova MD, PhD

e-mail: v_stancheva@swu.bg

Annotation: Psychosocial rehabilitation (PSR) is one of the components of extensive community-based mental health care. It offers opportunities to support individuals with different types of disabilities to reach their optimal level of independent functioning in the

community and optional reintegration into their natural environments (home, work, education, leisure activities).

The aim of the training is to offer knowledge about the nature, models and principles of psychosocial rehabilitation and the possibilities for reintegration of people with severe mental illness in their natural environments. Emphasis is placed on the key role of the social worker in the context of the mental health services offered in the community.

Course content: Nascence of psychosocial rehabilitation - a brief retrospective. Philosophy and goals of PSR. Basic principles of PSR. Models of psychosocial rehabilitation. Mental health policies. Severe mental illness and its effects on social skills. Quality of life. Resilience. Needs assessment - models and tools. Individual care plan. Case formulation. Case management. Social skills training. Integrated social and health services. Multidisciplinary teams and supervision in psychosocial rehabilitation. Organization of mental health services in the community - modern trends and good practices.

Course organization and assessment: The lecture course is conducted in a traditionally established format, applying interactive methods, audiovisual materials, group discussions, simulations, and case studies using audiovisual aids, and, when possible, case demonstrations or video presentations.

Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of coursework, essays, reports, presentations, and other assignments. The exam is written and takes the form of a test. It covers material from lectures and seminars and includes both open and closed questions with varying weights.

SUPERVISION IN SOCIAL WORK

ECTS credits: 5.0

Evaluation: written exam

Semester: VII

Hours weekly: 15l+0s+8p

Statute of the discipline: elective

Methodical guidance:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sport

Lecturer: Chief Assist. Prof. Silviya Miteva, PhD

E-mail: simil@swu.bg

Annotation: The program is designed for students majoring in Social Activities. It examines the essence of supervision, terms, basic concepts, basic techniques, methods, types and the need for its application in social practice. The problems, cases and their solution through supervision, the risks and advantages, the challenges before the supervisor and the supervised are discussed.

Aim of the course: The course aims to provide students with a system of basic knowledge of supervision, necessary for helping professionals in the process of providing social support, leading individual cases, making assessments and plans, discussing cases and teamwork. interaction.

Content: Models for conducting supervision in social practice. Ethical dilemmas. Target groups, basic steps and style of supervision. Supervisor's personality needs encouragement, assertive communication and protective behavior. Growth mentality and fixed mentality. Working with attitudes and beliefs. Mentalization. Resilience. Group supervision. Team supervision - challenges, models and risks. Organizing keeping and documenting supervision.

Individual supervision and InterVision. Supportive supervision and prevention of burnout. Supervising the practice of a social worker. Supervision in social services.

Course organization and assessment: The lecture course is conducted by combining a traditionally established classical teaching method with the use of the analytical method and the method of observation, discussion, and interactive working methods (individual and group work, content analysis, creating posters and collages, and others). Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of coursework, essays, reports, presentations, and other assigned tasks. The exam is written, in the form of a test, and covers material from lectures and seminars. It contains both open and closed questions with varying weights.

PREVENTION OF VIOLENCE

ECTS credits: 5.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+0s+8p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Prof. Vaska Stancheva-Popkostadinova MD, PhD, Assist. Prof. Vesela Ivanova, PhD

e-mail: v_stancheva@swu.bg; vessi_ivanova@yahoo.com

Annotation: Violence is a serious public health problem. The course offers a theoretical interpretation of violence as a phenomenon, its individual types and varieties; a comprehensive assessment of violence and its consequences through an appropriate set of criteria; skills for developing an adequate strategy for professional behavior in the study and assessment of cases of violence, as well as in developing programs for its prevention. Given the interdisciplinary nature of violence, the program covers aspects of law, sociology, psychology, medicine and social work. The main goal is to offer knowledge and skills for understanding and recognizing the different types of violence, risk factors and developing prevention programs. Course content is structured on an interdisciplinary perspective that will enable students to recognize different types of violence and be able to examine not only effective preventive approaches and strategies, but also interventions.

Course content: Terminology and definition of violence against children. Current classifications. Risk and protective factors. Resilience. Types of violence and neglect - main features. Cycle of violence. Consequences of experienced violence in childhood. Strategic documents in the field of prevention of violence and neglect of children. Modern legislation on prevention of violence against children. Violence prevention - models and approaches. Role of WHO and ISPCAN. Levels of prevention. Coordination mechanism.

Course organization and assessment: Interactive methods, audiovisuals, simulations, case studies, group discussions.

Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of tests and/or quizzes, coursework, theoretical assignments, and other assigned tasks. The exam is written, in the form of a test, and covers material from lectures and practical exercises.

It contains both open and closed questions with varying weights, which are indicated in advance.

PEDAGOGY AND HABILITATION OF CHILDREN

ECTS credits: 6.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+8s+0p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturer: Chief. Assist. Prof. Maria Stoykova, PhD

e-mail: m_stoikova@swu.bg

Annotation: The program borrows concepts from various scientific and theoretical perspectives, seeking to examine them in relation to the main purpose of the teaching course, namely: to complement, systematize and focus the students' knowledge on the explanatory models of disability in children, the characteristics of particular groups of children with special educational needs (SEN) with the emphasis on the guidelines for early identification, habilitation and intervention, the contemporary educational context for children with specific abilities, and the role of the social worker in these processes.

Content: Introduction to the course; Explanatory models of disability; Classification of children with disabilities / special educational needs; Key terms used in the teaching course; Principles in habilitation of children; Children with intellectual disabilities; Children with visual and hearing impairments; Children with physical disabilities and health impairments; Children with profound and multiple disabilities; Children with autism spectrum disorders; Habilitation and early intervention; Integrated and inclusive education; Legislation and regulations for teaching children with special educational needs in Bulgaria.

Course organization and assessment: The lecture course is conducted in a traditionally established manner, using numerous diagrams and sketches for illustration. Mini-lectures, discussions, student debates, business games, and other methods are also widely employed. The seminars aim to expand and enrich the knowledge gained in the lectures through independent research of literary sources and presenting personal arguments on specific issues. They encourage students' own research activities and contribute to increasing their assertiveness and positive self-assessment. Throughout the course, an ongoing evaluation of students' knowledge is provided in the form of coursework, theoretical assignments, and others. The exam is written, in the form of a test, and covers material from lectures and seminars. It contains both open and closed questions with different weights, which are indicated in advance.

PALLIATIVE CARE

ECTS credits: 6.0

Assessment type: written exam

Semester: VII

Classes per week: 15l+8s+0p

Course type: elective

Course coordinating department:

Department of Medical Social Sciences

Faculty of Public Health, Health Care and Sports

Lecturers: Assoc. Prof. Rosen Kalpachki, PhD; Chief Assist. Prof. Yoanna Tsvetanova, PhD

e-mail: rkalpachki@swu.bg; ytzvetanova@swu.bg

Annotation: The aim of this academic discipline is to give students knowledge and skills about the nature of the problems and care of patients in the terminal stage of their illness, when the patient, their family and all medicine is helpless. With the acquired skills during the course of education students will be able to provide care and support which will improve quality of life for both the person and their family.

The aim of the course is to acquire knowledge about biological, medico-social aspects of end-of-life care in different diseases and the contemporary clinical and psychological approaches toward patients. The acquired experience and information will give students the capability needed for working with terminal stage patients as professional healthcare givers, to give them psychological help and consultation according to the current standards of medical care. The course forms practical skills, type of communication and caring for the end-of-life patients in students. At the end of the course students will have learnt how to empathize with and care for terminal patients according to the acquired knowledge and skills.

Course content: Aim, subject and range of palliative care. Psychological, social and spiritual aspects of dying. Attitude towards death and dying in different religions: Christianity, Islam, Judaism, Buddhism. The meaning of quality of life in terminal stage patients. Multidisciplinary approach in palliative care. Types of nursing homes and organizations for nursing care. Legal regulations for nursing homes in Bulgaria and countries in the EU. Announcing to patients the truth about their disease. Euthanasia and assisted suicide. The specifics in palliative care for children and their families. Specifics in palliative care for geriatric patients. Care for the families of terminal stage patients. Psychological problems in personnel, working in palliative care. Pathophysiology of pain and its management.

Course organization and assessment: The lecture course is conducted by combining a traditionally established classical teaching method with the use of interactive and analytical working methods. The assessment procedures include ongoing evaluation, which takes place during attendance at lectures and practical exercises, and an exam — the course concludes with a written exam that may include a test, theoretical questions, and practical tasks.

LABOUR EXPERTISE AND JOB PLACEMENT

ECTS credits: 6.0

Assessment type: ongoing evaluation and final written exam

Semester: VII

Classes per week: 15l+8s+0p

Course type: elective

Course coordinating department:

Department of Civil and Legal Sciences

Faculty of Law and History

Lecturer: Assoc. Prof. Aleksey Alexandrov, PhD

e-mail: a.alexandrov@law.swu.bg

Annotation: The course discusses issues regarding the rehabilitation of people with illnesses and disabilities, as well as the problems of work performance and work environment. The students are introduced to the joint activities of social workers and medical experts towards

people with illnesses resulting in either temporary or permanent disability, the necessary documents and projects for analysis of performance of people with reduced working capacity.

Course content: Contemporary labor-medical expertise and vocational rehabilitation; Labor and health, Working capacity; Morbidity with temporary or permanent disability, Necessary Documents; Strategy of the Ministry of Health for Rehabilitation of people with reduced working capacity.

Course organization and assessment: The lecture course on "Labor Expertise and Job Placement" is conducted in a traditionally established manner, using various audiovisual aids and video materials. Seminars are mainly conducted using diagrams, video materials, solving situational tasks, group discussions, case study analysis, and literature review on a predetermined topic.

The exam is written and takes the form of a test.